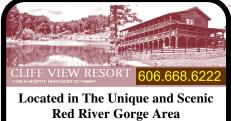


Complimentary Copy - Please, Take One!

The Official (only!) Newspaper of The Red River Gorge

Vol. 2 No. 7 Adventure ~ Relaxation ~ Accommodations ~ Awe Inspiring Natural Beauty ~ Friendly People

September 2022



Located in The Unique and Scenic Red River Gorge Area Cliffview Resort Has Three Modern Lodges That Sleep More Than 160 Complete Kitchens for Guest Use.

606.668.3272 CliffviewResort.com

Weddings, weddings, weddings.... The Gorge is full of them this season. At Cliffview Resort we have several scheduled every weekend this autumn.

The best part is that each is unique and beautiful. With several different breath-taking ceremony locations, reception sites of all sizes and lodging available for almost any size group of guests, it is no surprise locals and city folk are rushing to Cliffview Resort for their special day. For the more adventurous couples, you can even zip your way to your vows!

If a Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The Lodge at Cliffview will sleep 64. The 7000 square foot Reception/Activity Center seats up to 250 and has a fully equipped commercial grade kitchen The Retreat and Lakeside will each sleep up to 50. Both have double appliances kitchens and technically compatible theater style media rooms.

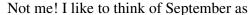
We got an email from TripAdvisor that said: You're in the top 10% of hotels worldwide! Congratulations, you're a 2021 Travelers' Choice Award Winner

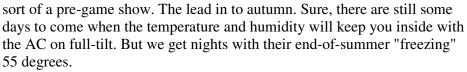


September's Song

Yes, it's September again. We just let another summer go by without getting the yard up to par or spending that long week end at the lake.

Lots of folks think of September in just that way; the month we realize summer is over.





Yes, all that my be true for some, but you've made the right choice. The best choice. You've traveled to our part of the world and my, my, what a great place to be this time of year.

Here in Eastern Kentucky, we have the great fortune to experience this wonderful, slow transition period. It's almost like a polite segue from the bounty of summer into the scaling down of autumn.

These are the days of feasting on fresh home-grown tomatoes and green beans. Zucchini and cantaloupes and corn on the cob.

These are the days for getting ready for tailgate parties, camping and hiking amidst the unrivaled beauty of our part of the world. This is corn maze, back to school and close-out sales time.

Time for deciding if you are going to split firewood or buy it this year. And choosing new sweaters for the sprint across the mall parking lot for early November Christmas shopping.

A time for re-adjustment without the sudden change from warm to cold some areas suffer. We get to drag out the alternating warm periods and cool nights all the way through most of October.

Oh, we'll have a real live, gen-u-wine, painted on the trees, leaf-droppin' autumn, but it is still down the road a ways. There's plenty of time left for you to take advantage of one of those sales. Time enough to get the best deal on a bright plaid flannel shirt to wear on the Halloween hayride.





The (un) official newsletter of The Red River Gorge Slade, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State, County & City Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs "Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

Red River Gorge National Geological Area (606) 663-8100 www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com **Leave No Trace – Outdoor Ethics** www.lnt.org

Kentucky State Parks - Create your own Experience.

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www.visitleecountyky.com

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www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031 The Lodge, The Retreat and Lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot ReceptionHall

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Things To Do, Places To Visit, Where To Eat In The Red River Gorge



- Red River Climbing Guides where "Your Adventure Awaits!" Catering to all ages and experience levels. Visit: RedRiverClimbingGuides.com or call 629.207.0697
- HillTop Pizza: Pizza, Salads, Subs, Spaghetti, Lasagna.
 <u>Delivery to Cliffview available</u>. 606.464.9990 2034 Hwy 11N Beattyville.
- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies 606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33
- **Gorge Underground:** A Unique Waterborne Family Adventure On The Water, Underground! Kayak and Pontoon Boat Tours 844-354-6244 Thrillsville.org
- Natural Bridge State Park, Lodge & Sky Lift: Camping, Hiking, Rooms, Fine Dining parks.ky.gov/resortparks/nb/index.htm
- Red River Gorge Hiking, Rock Climbing: fs.fed.us/r8/boone/
- Doggie Daycare **Scooter's Station** South from Resort on Rt. 11, right on Rt 498, right on Rt 52 west, left on Rte 399 to # 5814 on mailbox. 606.560.9091
- Red River Gorge General Store: Hand Dipped Ice Cream, Hoodies, Gifts, Camping Supplies, T-Shirts Fudge, Local Artisan Crafts 1321 Natural Bridge Road (KY Rt. 11) Slade, KY
- Daniel Boone Trading Post: 606-663-2549; Natural Bridge Rd (KY Rt 11)
- Ye Ole Country Peddler: 606-663-2683. KY Rt 11, 15 minute drive.
- Red River Adventure: Kayaking and Canoeing redriveradventure.net 606-663-1012
- Via Ferrata Rock Climbing Park: Great for beginners 606-668-6441 torrentfalls.com
- Hiking Trail Guide and Descriptions: Kentucky's Unseen Scenes 606.560.4949
- Beech Fork Golf Club: In Clay City 606-663-9479
- Sag Hollow Golf Course: In Booneville 606-593-4653
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY 606.356.4199
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 Nat Bridge Rd. Slade

If a Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The Lodge at Cliffview will sleep 64. The 7000 square foot Reception/Activity Center seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the Retreat and Lakeside will each sleep up to 50. Both have double appliances kitchens and technically compatible theater style media rooms.











Safe Hiking in Cliffview and State and Federal Forests of the **Red River Gorge** Geological Area

The hiking season is now in full swing. Hundreds, thousands of folks from all over the country regularly

visit Cliffview Resort and the Red River Gorge Area to enjoy nature's bounty. There is no better way to experience all the area has to offer than to hike the hundreds of trails in federal, state and private land. We want everyone to have the best hiking experience possible and leave the area with fond memories and beautiful pictures and videos.

To make the experience fun, informative and safe we offer a few hints and some do's and don'ts.

First and foremost, the Boy Scouts are right, Be Prepared!\

- * The Mountains are known for unpredictable weather. Check the weather forecast for the area.
- * Plan your hike--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable for at least another day and night longer than planned in case of emergency.
- * Notify others of where you will be, and when you plan to be home, in case someone needs to contact you. Let them know when you return.
- * If you are a beginner, contact local outfitters or camping and hiking locations for a general check list of needed equipment. It's a very good idea to have a comprehensive Red Cross approved First Aid kit and manual.

- * Take a cell phone with a fully charged battery. Make certain there is service in the area you plan to explore
- * Download a GPS app so friends and family can track your progress and always know exactly where you are. In areas with no service, inexpensive walkie-talkies are a reasonable alternative.
- * Always bring waterproof matches or a couple of Bic lighters and a knife of some kind.
- * A loud whistle is another good idea. It can be used to attract attention if 'confused' and may convince an unwelcome animal to leave the area.
- * If hiking in an area bears are known to habituate, make some noise while hiking. Sing, clap your hands, talk, whatever. Bears don't like to be surprised and if they know you're approaching, they'll usually go the other way.
- * Remember, you're a guest, be courteous and appreciative.

If you carry it in, please carry it out!

- * Take only pictures; leave only footprints and leave those only on designated trails and areas. Remember, when you're enjoying any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood or any other reason.
- * Be respectful of your state and national forests; keep the trees and shrubs alive and growing.
- * If hiking with Fido, keep him on a leash no longer than 6 feet.





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Your Adventure Awaits!

Tips To Help You be A *Happier* Camper

Preparation

- * The Mountains are known for unpredictable weather.
 Check the weather forecast for the area.
- * Plan your trip--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable in case of emergency.
- * Notify others of where you will be, and when you plan to be home.
- * If you are a beginning camper, contact your local camping outfitter for a general checklist of camping equipment.
- * Take a cell phone with a fully charged battery and a spare fully charged battery. Make certain there is service in the area you'll be camping. Turn it off until you need to place a call.
- * Inexpensive walkie-talkies are also a good idea; with fresh batteries and spares.
- * A loud whistle is another good idea. It can be used to attract attention and is a good way to ward off an unwelcome animal.

Personal Safety

- * Prevent animals from getting into your food. Consider placing it in your vehicle, or hanging it in a tree (12' high, 4' from tree trunk).
- * State and national forest campground wells are approved by that governing body.
- * Keep a few logs in your tent to keep them dry.
- * Always bring extra matches and at least three or four Bic lighters.
- * Never even consider a camping trip without a comprehensive and fully stocked first aid kit and the American Red Cross first aid handbook. These may be more important in an emergency than any other items you could have.

<u>The 'No Impact' Camper</u> follows these guidelines to ensure that today's forest and campground resources are available to tomorrow's users:

- * If you carry it in, please carry it out-this will eliminate litter.
- * Camp in a designated campsite within designated campgrounds, unless you have obtained an undesignated camping permit.
- * Protect water sources from contamination; do any washing at least 100' away from source.
- * Use biodegradable soap, or try hot water, soapless dishwashing, bathing and clothes washing.
- * When using soap (even biodegradable) and toothpaste, do so at least 100' away from natural water sources, well or faucet water sources.
- * Take only pictures; leave only footprints and leave those only on *designated trails and areas*.

 Remember, when camping in any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood. Never, ever bring wood from another area or state to local forest areas. Check with visitor center about obtaining approved firewood of local origin.

Prevent forest fires.

- * Keep fires small.
- * Have water available to extinguish the fire properly.
- * Never leave a fire unattended.
- * Maintain a 10' diameter and debris-free area around the fire.
- * Make sure ashes are cold when you leave a fire.

Reminders:

- * Be careful with your campfire -- keep it small.
- * Be a good neighbor -- control your noise and pets.
- * Be respectful of your state and national forests; keep the trees and shrubs alive and growing.
- * Always keep your dog on a leash no longer than 6 feet, and away from public swimming areas.









Bluegrass Bits



It Happened In September

September events in Kentucky's history
Used with permission from Robert A. Powell,
author of It Happened Today! In Kentucky History

September 9, 1944 - The Lucky Redhead. Kentucky born Venus Ramey represented Washington D. C. in the 1944 Miss America Pageant and was the first Redhead to ever win the title.

Many fighter pilots and crews painted her picture on their aircraft during WWII. These same aircraft made 68 raids over Germany and never lost a single aircraft!

September 23, 1947 - Once In A Blue Moon Bill Monroe and The Bluegrass Boys released *Blue Moon of Kentucky*. The song, Monroe's most famous has been covered by Elvis, Patsy Cline and Paul McCartney. Monroe is credited with creating the Bluegrass genre. He is often referred to as the Father of Bluegrass.

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