

THE RED RIVER GORGE GAZETTE

**YOUR GUIDE TO FAMILY FUN
IN THE RED RIVER GORGE**

**Complimentary
Copy - Please,
Take One!**

The Official (only!) Newspaper of The Red River Gorge

Vol. 2 No. 5 Adventure ~ Relaxation ~ Accommodations ~ Awe Inspiring Natural Beauty ~ Friendly People

July 2022



We are family owned and operated and believe everyone who enters our door is family. We enjoy keeping things simple and strive to deliver high quality service along with hot, fresh food. Our famous chili sauce was created years ago by our mother, Phyllis. She and my Father, Ed, owned and operated a small county store on Furnace Mountain. A few years after the close of their store, we revived her recipe and opened Mr. Ed's. We hope you enjoy it as much as we do!

Momma's chili is made fresh all day long and served over a steaming hotdog and topped with cheese and onions. Get them any way you want them including slaw or jalapenos! The SpaghEdi Spaghetti is a popular favorite with Rich Buttery Spaghetti smothered with Mr. Ed's chili sauce and topped with shredded cheese and onions. We have daily Lunch and Soup specials. For a sweet treat, don't forget to try the Golden Delight! Top off any meal with Grippo's Potato Chips and Kentucky's own Ale-8 One soft drink. A meal sure to satisfy. "Hope to see you soon."

Thanks,
Dean Rogers

***We got an email from
TripAdvisor that said:
You're in the
top 10% of hotels worldwide!***

***Congratulations,
you're a 2021
Travelers' Choice
Award Winner***



The Top Ten Reasons Why You're Gonna

Love The Red River Gorge Area

***(BTW, There are probably a thousand more that
you and your family will discover on your own)***

1. Beautiful Scenery unsurpassed anywhere.
2. Hundreds of Sandstone Arches.
3. An abundance of clear Mountain Streams and Lakes teeming with Game Fish.
4. Hundreds of species of plants: Trees, Flowers, Ferns, Mosses, Mushrooms and Fungi, Grasses.
5. A myriad of Wildlife: From Deer to Salamanders. Hundreds of Bird Species including flocks of Wild Turkeys. Mammals like Raccoons, Weasels, Skunks and Flying Squirrels, Tree Squirrels, Chipmunks, Bears and many, many more. There are Turtles, Terrapins, Snakes, Lizards, Frogs, Salamanders and others.
6. Hundreds of Miles of Trails and Foot Paths.
7. Almost Unlimited Family Friendly Activities such as Zipline Tours, Off Road Parks, Horseback Riding, Kayak and Canoeing, Underground Water Adventure, Camping, Souvenir Shopping.
8. Friendly Folks eager to show off their patch of the Serene Mountain Life
9. Lodging Choices range from Primitive Campsites to RV Parks to Individual Cabin Rentals and the Unique Yurt Experience to *Luxury Lodge Accommodations at Cliffview Resort.*
10. World Class Rock Climbing. The Red River Gorge Area is the World's Fifth most Popular Rock Climbing Destination.

Electrifying News!

We have three Tesla Charging Stations, one of which is universal. Now you can recharge your Tesla, Prius, Leaf, Volt, or any electric or hybrid car while enjoying unforgettable time in the Gorge zipping, hiking or just napping. And, we offer this service to anyone, you do not have to be a guest at Cliffview.

Oh yeah, I almost forgot - you can charge absolutely free! Uh huh. Free!

THE RED RIVER GORGE GAZETTE

The (un) official newsletter of
The Red River Gorge
Slade, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

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State, County & City Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

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The Gorge Underground 844.254.6244) Thrillsville.org

Ian Teal 513.284.2332

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerrywrison@gmail.com

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Things To Do, Places To Visit, Where To Eat In The Red River Gorge



- **Red River Climbing Guides** where "Your Adventure Awaits!" Catering to all ages and experience levels. Visit: RedRiverClimbingGuides.com or call 629.207.0697
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
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- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies
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- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!*
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- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining
parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- Doggie Daycare **Scooter's Station** South from Resort on Rt. 11, right on Rt 498, right on Rt 52 west, left on Rte 399 to # 5814 on mailbox. 606.560.9091
- **Red River General Store:** Hand Dipped Ice Cream, Hoodies, Gifts, Camping Supplies, T-Shirts
Fudge, Local Artisan Crafts 1321 Natural Bridge Road (KY Rt. 11) Slade, KY
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11)
- **Ye Ole Country Peddler:** 606-663-2683. KY Rt 11, 15 minute drive.
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com
- Hiking Trail Guide and Descriptions: **Kentucky's Unseen Scenes** 606.560.4949
- **Beech Fork Golf Club:** In Clay City - 606-663-9479
- **Sag Hollow Golf Course:** In Booneville 606-593-4653
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY
606.356.4199
- **Gorge Outfitters Gear, Clothes Trail Food** 606.481.3989
Nat Bridge Rd. Slade

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped *commercial grade kitchen*. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have *double appliances* kitchens and technically compatible *theater style media rooms*.

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Safe Hiking in Cliffview and State and Federal Forests of the Red River Gorge Geological Area

The hiking season is now in full swing. Hundreds, thousands of folks from all over the country regularly visit Cliffview Resort and the Red River Gorge Area to enjoy nature's bounty. There is no better way to experience all the area has to offer than to hike the hundreds of trails in federal, state and private land. We want everyone to have the best hiking experience possible and leave the area with fond memories and beautiful pictures and videos.

To make the experience fun, informative and safe we offer a few hints and some do's and don'ts.

* **First and foremost, the Boy Scouts are right, Be Prepared!**

- * The Mountains are known for unpredictable weather. Check the weather forecast for the area.
- * Plan your hike--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable for at least another day and night longer than planned in case of emergency.
- * Notify others of where you will be, and when you plan to be home, in case someone needs to contact you. Let them know when you return.
- * If you are a beginner, contact local outfitters or camping and hiking locations for a general check list of needed equipment. It's a very good idea to have a comprehensive Red Cross approved First Aid kit and manual.

- * Take a cell phone with a fully charged battery. Make certain there is service in the area you plan to explore
- * Download a GPS app so friends and family can track your progress and always know exactly where you are. In areas with no service, inexpensive walkie-talkies are a reasonable alternative .
- * Always bring waterproof matches or a couple of Bic lighters and a knife of some kind.
- * A loud whistle is another good idea. It can be used to attract attention if 'confused' and may convince an unwelcome animal to leave the area.
- * If hiking in an area bears are known to habituate, make some noise while hiking. Sing, clap your hands, talk, whatever. Bears don't like to be surprised and if they know you're approaching, they'll usually go the other way.
- * Remember, you're a guest, be courteous and appreciative.

If you carry it in, please carry it out!

- * Take only pictures; leave only footprints and leave those only on **designated trails and areas.** Remember, when you're enjoying any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood or any other reason.
- * Be respectful of your state and national forests; keep the trees and shrubs alive and growing.
- * If hiking with Fido, keep him on a leash no longer than 6 feet.



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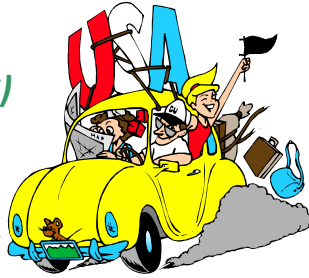
For Booking Options Go To
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Your Adventure Awaits!

Green Driving (Like the Color of Money) How You Could Save a Cool Thousand Bucks

*You could save enough to virtually
get a free ride back to the
Red River Gorge next year!!*



With the price of gasoline once again approaching \$5.00+ per gallon and expected to continue to rise, we are all suffering "pump shock". We know from past experience that gas prices can rise faster than politicians can lie yet fall at a pace slower than the line at the license bureau. What can be done to save money when gasoline is so vital to our life-styles? There are things we can do to save gas, money and help the environment too. It's easy and will take up very little time. It requires no sacrifice and we won't have to change our daily routines. Too good to be true, you say? Not at all. Here's how - by increasing a car's gas mileage (mpg). You don't have to be a mechanic either. You won't even get your hands dirty. All you need is common sense and information. You provide the common sense, we'll provide some information.

Increasing mpg will increase your miles per dollar (mpd), the immediate benefit of fuel efficiency. The Earth and all its inhabitants will benefit too. Use less fuel and you contribute less to pollution. With little effort, the average driver can save \$50 to \$200+ per year in fuel costs.

For instance: if you are an average driver, driving 15,000 miles per year, and your car is getting 20 mpg, you use 750 gallons of gasoline per year. At \$5.00 per gallon, that's over \$3,000. Increase your mileage by only one mpg and you'll save \$180! Increase the mpg by 5 mpg and you're saving \$750.

The savings are substantial especially if your car is a "gas guzzler". A car getting 15 at \$5 mpg burns \$5,000 in gas per year. At 16 mpg that same car would save the driver about \$314. A 5 mpg increase would save *almost* \$2,000 per year!

Getting that extra mpg is easy and sometimes free. Here are some tips for increasing gas mileage:

- * Use quality gasoline of the grade recommended for your car. Poor grades of gas may not have the proper detergent additives to keep injectors clean and therefore more efficient.

- * When filling up, always stop pumping when you hear the nozzle click off. Sure, you may get another half-pint in there. You also may spill a half-pint onto the lot.

Do that every time you fill up for a year and you throw seven or eight bucks worth of gas on the ground. You will have also forced a substantial amount of gas fumes out into the air that would otherwise stay within the fuel system.

- * Keep tires inflated to the recommended pressure. If your tires are under-inflated, you are wasting gas. Low tires create drag. Check tire pressure before a long trip and about every 2-3 weeks.

- * Since all cars are now equipped with fuel injection, there's no need to wait for it to warm up after starting. But do wait a few seconds, long enough for the oil to get circulating.

- * When accelerating, remember that a smooth, easy rate saves gas. Once you get up to your cruising speed, try to stay at that speed. Slowing down, then speeding up wastes gas and annoys those driving behind you.

- * Try to anticipate stops and take your foot off the accelerator early. Coast into the stop. Apply the brakes smoothly and you'll save gas plus cut down on wear and tear on your brakes. If possible, drive as if you had no brakes. Gas mileage will shoot up! The problem with that system is that it doesn't work if you have people driving behind you. It will do no good to try to explain you're saving fuel for their sake as well!

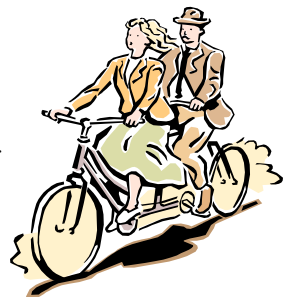
- * If you'll be stopped for more than a couple of minutes, shut your car off. Restarting the car will use less gas than letting it idle for that long.

- * An engine uses less gas once it's warmed up, so combining several errand trips into one will save gas as well as time.

- * If your car needs it, a tune-up is the one thing that will increase mpg the most. A tune-up will cost from \$75 to over \$400, but a tune-up may *double* the mpg of a car.

- * An oil change won't give a noticeable increase in mpg, but it will help your engine work less and thereby use less fuel. And increase the life of your car's engine.

One last thing - the most effective way to increase mpd is to walk or ride a bicycle for short errands. That bit of exercise may also give you more time to enjoy all that extra cash you're saving.



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It Happened In July

July events in Kentucky's history

Used with permission from Robert A. Powell,
author of It Happened Today! In Kentucky History

July 14, 1776 – Jemimah Boone, 13 years old along with two friends, Elizabeth and Frances Calloway, were captured by a raiding band of Cherokee and Shawnee near Boonesborough. Two days later, Jemimah's father, Daniel Boone, and seven other men rescued them.

July 2, 1982 - The one millionth Corvette rolled off the assembly line at the Corvette Assembly Plant in Bowling Green, one year after the plant was moved from St Louis. Since then as many as 170+ are built daily. More than 100,000 Corvettes have been built there. The plant is the only one that produces the Corvette and the Cadillac CTS V8 engines. People who order a Corvette can visit the plant and watch their car being built. The plant offers tour to anyone. Check directions and times at corvetteassembly.com

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Rappelled • Ridden A Horse • Slung Mud • Walked In Nature
Picnicked • Had a Hot Dog • Camped Under the Stars
Visited the Gorge Underground • Listened to Live Bluegrass

Today?

You can do all that and more right here
in the Beautiful, Natural

Red River Gorge

Check Page 3 or Ask One of our Staff





Okay, Let's get to the bottom of this.
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