

THE GORGE GAZETTE

**YOUR GUIDE TO FAMILY FUN
IN THE RED RIVER GORGE**

**Complimentary
Copy - Please,
Take One!**

The Official (only!) Newspaper of The Red River Gorge

Vol. 2 No. 4 Adventure ~ Relaxation ~ Accommodations ~ Awe Inspiring Natural Beauty ~ Friendly People

June 2022



888
Nat. Bridge Rd
Slade, KY

Everything You Need For Your Gorge Adventures

**Your Source for Outdoor
Equipment & Apparel**

Hiking, Camping, Paddling, Exploring

606.481.3989

www.gorrg.com

***We got an email from
TripAdvisor that said:
You're in the
top 10% of hotels worldwide!***

***Congratulations,
you're a 2021
Travelers' Choice
Award Winner***



The Top Ten Reasons Why You're Gonna Love The Red River Gorge Area ***(BTW, There are probably a thousand more that you and your family will discover on your own)***

1. Beautiful Scenery unsurpassed anywhere.
2. Hundreds of Sandstone Arches.
3. An abundance of clear Mountain Streams and Lakes teeming with Game Fish.
4. Hundreds of species of plants: Trees, Flowers, Ferns, Mosses, Mushrooms and Fungi, Grasses.
5. A myriad of Wildlife: From Deer to Salamanders. Hundreds of Bird Species including flocks of Wild Turkeys. Mammals like Raccoons, Weasels, Skunks and Flying Squirrels, Tree Squirrels, Chipmunks, Bears and many, many more. There are Turtles, Terrapins, Snakes, Lizards, Frogs, Salamanders and others.
6. Hundreds of Miles of Trails and Foot Paths.
7. Almost Unlimited Family Friendly Activities such as Zipline Tours, Off Road Parks, Horseback Riding, Kayak and Canoeing, Underground Water Adventure, Camping, Souvenir Shopping.
8. Friendly Folks eager to show off their patch of the Serene Mountain Life
9. Lodging Choices range from Primitive Campsites to RV Parks to Individual Cabin Rentals and the Unique Yurt Experience to Luxury Lodge Accommodations at Cliffview Resort.
10. World Class Rock Climbing. The Red River Gorge Area is the World's Fifth most Popular Rock Climbing Destination.

Gorge Outfitters was opened in February by two outdoor enthusiasts, Heather Isaacs and Brandy Daniels. Gorge Outfitters will carry hiking and camping gear, shoes, and apparel.

We have a gem mine, crystals, geodes, fossils and jewelry. We also offer a kid's section and *YES, the goats will be coming back!*

We are adding new inventory weekly including ENO, Merrell, Chacos, Alps Mountaineering, KAVU, etc... Be sure to stop by for *Dippin' Dots* and *Chess bars!*

Gorge Outfitters is in the building that formerly housed Wild Things located next to Thatchers BBQ. Even though we have done extensive remodeling, more changes and renovations are coming!

Find us on Facebook. Follow and like our Facebook page for updates!

Thank you,

Heather and Brandy

Electrifying News!

***We have three Tesla Charging Stations, one of which is universal. Now you can recharge your Tesla, Prius, Leaf, Volt, or any electric or hybrid car while enjoying unforgettable time in the Gorge zipping, hiking or just napping. And, we offer this service to anyone, you do not have to be a guest at Cliffview.
Oh yeah, I almost forgot - you can charge absolutely free! Uh huh. Free!***

THE RED RIVER GORGE GAZETTE

The (un) official newsletter of
The Red River Gorge
Slade, Kentucky

Publisher

Jenny Ison

Editor

Jerry Ison

Contributors

Joyce Belcher
Nancy Hamann
Nancy Griffin



We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

*All contents including ads
are copyrighted by*

Jerry Ison/Jay Eye Communications
Box 271 Talbott, TN 37877

Distributed free of charge

courtesy of our advertisers!



**Red River Gorge
Log Homes**

*Let Us Build the
Log Home of Your Dreams!*

**We always have cabins & lots for sale.
We offer Project Management
from the ground up**

513-284-2332

www.redrivergorgelohomes.com



**DANIEL BOONE
COFFEE SHOPPE
&
DELI**

**Gourmet Coffees ~ Cappuccino
Espresso ~ Nutritious Smooth-
ies**

Limited Gourmet Grocery Items

Just off Slade Exit 33 South

769 Natural Bridge Road (KY Hwy 11)

**GHENGIS KHAN
NEVER HAD IT SO GOOD!**

Rent one of our

LUXURY YURTS!

and you too can...

LIVE LIKE AN EMPEROR!

(At Least for a couple of days!)

**RED RIVER GORGE
CABIN RENTALS
513-284-2332**

redrivergorgecabinrentals.com

HELPFUL WEBSITES & PHONE NUMBERS

State, County & City Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Lee County Tourism Commision

Dedra Brandenburg Director 606.464.5038

www.visitleecountyky.com

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge, The Retreat and Lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot Reception Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

The Gorge Underground 844.254.6244) Thrillsville.org

Ian Teal 513.284.2332

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com

Things To Do, Places To Visit, Where To Eat In The Red River Gorge



- **Red River Climbing Guides** where "Your Adventure Awaits!" Catering to all ages and experience levels. Visit: RedRiverClimbingGuides.com or call 629.207.0697
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
Delivery to Cliffview available. 606.464.9990 2034 Hwy 11N Beattyville. Approx 15 minutes south.
- **Daniel Boone Coffee Shop & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies
606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!*
Kayak and Pontoon Boat Tours 844-354-6244 Thrillsville.org 15 Minutes
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining
parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Brandenburg Grocery:** Hand Dipped Ice Cream, Hoodies, Gifts, Camping Supplies, T-Shirts
Fudge, Local Artisan Crafts 1321 Natural Bridge Road (KY Rt. 11) Slade, KY 10 Minutes
- **Gorge Outfitters Gear, Clothes Trail Food** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Daniel Boone Coffee Shop & Deli:** Inside Daniel Boone Trading Post
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- **Yurt Rentals - Red River Gorge Cabin Rentals** Inside Cliffview Resort 844.692.2246
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 min.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY
606.356.4199 20 minutes
- **Ash Cave Rappelling** Rappelling, Hiking Camping Climbing
2343 Route 3224, River, KY 606.369.0511

Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliances kitchens and technically compatible theater style media rooms.

Call 606.668.6222 for details.

RED RIVER ADVENTURE
Canoe & kayak rentals
Riverside campground
In the Gorge and at Natural Bridge
606-663-1012/5258
www.kypaddle.com

THE GORGE UNDERGROUND
THE COOLEST PLACE IN THE GORGE!
Join Us For Family-Friendly
Unforgettable Underground
Water Borne Adventure
Kayak & Pontoon Boat Tours
844-354-6244
TheGorgeUnderground.com

Mill Creek Lake
Kayak & SUP Rentals
Natural Bridge State Park
859-300-1330

RED RIVER GORGE ZIPLINES
and
CANOPY TOUR
606.668.6222
RedRiverGorgeZipline.com



As the song says, It's Summertime and the livin' is easy. Maybe part of the reason why Summertime livin' is easy is that a lot of the food preparation is easy-er.

Like grilling hot dogs and hamburgers.

The summer meals are more casual, more picnic-like. Using paper plates and fewer pots and pans. Prep time for many summer meals is minimal and cleanup is a snap.

The very lean beef doesn't hold together on a grill very well unless fortified. The eggs and crackers will keep the burgers from crumbling through the grate.

Okay, lets get grillin'!

Very Lean and Yummy Burgers

2 lbs ground sirloin (85 – 90% lean)

4 – 5 tbsp Worcestershire sauce

2 eggs, beaten

20 – 30 Ritz crackers, crushed

Crumble the meat in a mixing bowl. Mix in the Worcester sauce.

Let stand in refrigerator for 20 – 30 minutes.

Mix in the beaten eggs and the cracker crumbs.

Pat into 8 burger size patties (approx 4 Oz. each).

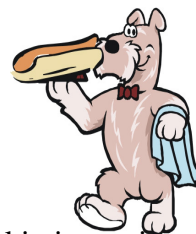
Grill over medium heat or fry with a little oil to your desired doneness. Medium to medium-well is recommended.

Serve with your favorite burger fixings.

Enjoy.

Buck Thorn's Famous

Red (River Gorge) Dog



Split *all-beef* wieners lengthwise.

Rub the insides with a mixture of ground sage, paprika and cumin.

Throw 'em on a hot grill until the skin is starting to crackle and turn a deep, burnt brown.

Toast some buns. (We recommend the same number buns as wieners!)

Spread brown mustard on one side of a bun, then lay on a thinly sliced dill pickle. Those length-wise sandwich slices are best.

Mix some Heinz 57 or your favorite BBQ sauce with a few drops of *Buck Thorn's Deep in Dixie Fire Water* then coat the other side of the bun with this mixture, letting your taste or adventurous spirit determine the amount of sauce.

If you wish, cold Cole slaw can also be layered on, but that's it. No other toppings allowed.

Never, ever put onions on this hot dog. The taste of the onion and sauce will combine for a very bitter flavor.

Serve with standard dog accessories; potato, bean or macaroni salad or some of each, potato chips and ice cold drinks .

The Red Dog will wipe the memory of those sissy mustard, ketchup and relish garnishes completely out of your mind!

Ed Note: *These are great choices for summer foods, quick easy and great tasting. However if you aren't inclined to do your own grillin' while in the Gorge, simply head over to Mr. Ed's in Stanton for their signature Chili Smothered Hot Dogs. It's well worth the trip and they have many menu items as well as those terrific Dogs!*

BRANDENBURG
GENERAL STORE
GIFTS • ICE CREAM • CAMPING SUPPLIES

HAND DIPPED ICE CREAM
Old Fashioned Milkshakes
HOUSE MADE FUDGE • JAMS & JELLIES
Hoodies ~ T-Shirts
Local Artisan Crafts
Slade KY Exit 33 KY Rte 11
606.663.8885

MR. ED'S
HOT DOGS

Our Great Hot Dogs Smothered With
Our Famous Chili Sauce is Unbeatable!

EXIT 22 **606-569-8170** FIVE STAR RATED
Stanton, KY
CHECK US OUT ON FACEBOOK

MISSION of HOPE
Serving Rural Appalachia
P.O. Box 51824
Knoxville, TN 37950
Phone: 865-584-7571
www.MissionofHope.org
Email: info@missionofhope.org

Bourbon - Kentucky's Own *Terri Charles*

There are two things for which the state of Kentucky is most famous: Horse racing, and Bourbon whiskey.

Today, let's talk about the name-sake of Kentucky's special blend of whiskey which is known as "bourbon." Almost everyone (both imbibers and non-imbibers) has heard of bourbon whiskey; however, not as many are aware that there is a county in Kentucky called Bourbon County. Once one becomes familiar with this fact, a question that may arise to the inquisitive mind would be: Which came first - the whiskey or the county? And, the next logical question might be: "Where did the name "bourbon" come from?"

To find the answer to these curious questions, we need to go back in time a bit...and then a little bit further. All the way back to the 16th century when France began sending men over to the North American continent to stake its claims on the new land. After much exploration and endurance, France claimed a good deal of land. However, Britain was also vying to claim the new lands, which eventually caused a war between the French colonists and the British colonists

The English labeled this conflict the French and Indian War. At the end of the war (1763), France had lost much of its land interests in North America to Britain.

A little over a decade later, the American colonists wanted to gain their independence from Britain. The colonists, needing support, sent representatives to France to request aid. The French, still angry at their enemy, Britain, for taking their colonies in America were all too eager to assist the American colonists in their struggle for independence.

The name of the King of France which assisted the colonists in their revolution was Louis the XVI, who was from the "Royal House of Bourbon." It is said that without the assistance provided from the French king, the colonists would not have won the Revolutionary War. "Bourbon County," Kentucky was named in 1785 in homage to King Louis the XVI of the House of Bourbon.

The area of Bourbon County, Kentucky, is mostly farmland where corn and other grains are grown. Of course, it was rather profitable for the farmers to turn much of their crops into whiskey to sell.

Many farmers in other states mostly used rye, wheat, and barley for making their whiskey, but farmers from Bourbon County, Kentucky, used a higher percentage of corn in their whiskey. Corn is a sweet grain which causes whiskey to taste sweeter.

Also, these farmers would ship their whiskey in barrels stamped "**Bourbon County**" down the Mississippi to more southern states. The whiskey would age in the barrels as it leisurely floated down the Mississippi. Thus, the combination of sweeter ingredients and mellowing with age gave Bourbon County whiskey a distinctive flavor. The term "bourbon" was applied in the 1800's to differentiate Bourbon County whiskey from that shipped from other areas.



Powell County Tourism Commission

miranda@gopoco.org
606.663.1161



Red River Gorge's Finest Cabin Rentals.
Family Owned and Operated.
Visit Our Website to Reserve a Cabin!
redrivergorgecabinrentals.com

844.692.2246



Red River Climbing Guides

let us show you the ropes!

For Booking Options Go To
RedRiverClimbingGuides.com

Or Call: 629-207-0697

Your Adventure Awaits!



Okay, Let's get to the bottom of this. The Well is the one and only liquor store in Beattyville selling liquor, beer and wine.

Located in Beattyville on KY Rte 52 in the Boneyard Building at River's Edge.

Come enjoy a peaceful evening on the patio sipping a glass of wine, watching the river flow.

606-208-8017

tiny@theboneyardwell.com