

THE GORGE GAZETTE

**YOUR GUIDE TO FAMILY FUN
IN THE RED RIVER GORGE**

**Complimentary
Copy - Please,
Take One!**

The Official (only!) Newspaper of The Red River Gorge

Vol. 1 No. 7

Adventure ~ Relaxation ~ Accommodations ~ Awe Inspiring Natural Beauty ~ Friendly People

September 2021



My name is Ingrid, and I moved down here to the Red River Gorge in June of 2020. I'm originally from Southeast-

ern Indiana, but growing up I would come to the gorge often to visit family. It's always been a dream of mine to make a living as an artist. To achieve this dream, I opened the Red River Gorge Earth Shop.

The Red River Gorge Earth Shop carries various Gorge-inspired apparel, stickers, magnets, and various souvenirs. These products all feature my personal artwork on every piece. I've worked hard over the past few months to ensure every product is made with quality in mind. It's truly rewarding to see so many people sharing my artwork as a magnet on their fridge, a sticker on their car, or a keychain on their bag all across the United States.

Now, I can achieve that life-long dream and also make a lasting impact on each customer that comes across my work. I hope to share some peace and positivity with every sale that's made here in the Earth Shop!

Peace, love & blessings!

Ingrid M. RRG Earth Shop, Owner- Visit my shop on Etsy: [RRGEarthshop.etsy.com](https://www.etsy.com/shop/RRGEarthshop) Or, visit my gift shop at The Gorge Underground office KY Rte 11 South of Slade exit 33

Instagram: @RRGEarthshop, @theingridmiller Email: RRGEarthshop@gmail.com

***We got an email from
TripAdvisor that said:
You're in the
top 10% of hotels worldwide!
Congratulations to Cliffview Resort!***

**Congratulations,
you're a 2021
Travelers'
Choice Award**



Who, What and Where Is

Red River Gorge Vacations?

Joyce Belcher Executive Director

You may have heard the new expression "Red River Gorge Vacations" around the gorge area lately. Exactly who is this? Red River Gorge Vacations is owned by Ian Teal and he describes it best as being "The Perfect Getaway"

Ian's desire was to offer a package deal for guests visiting the Gorge. By combining his current businesses with his newly acquired ones, guests can book their entire getaway by calling one number. The following businesses are part of "Red River Gorge Vacations":

Red River Gorge Zipline ~ www.redrivergorgezipline.com

The Gorge Underground ~ Gorgeunderground.com

Red River Gorge Cabin Rentals ~ Redrivergorgecabinrentals.com

Cliffview Resort and Lodge ~ Cliffviewresort.com

Natural Bridge campground ~ naturalbridgecampground.com

Red River Gorge Inn ~ (Formerly Campton Parkway Inn Website in Progress)

Why is it called the "perfect getaway destination."

Why make several calls trying to book your lodging, then hoping to get the same date for your outdoor adventure. Our trained reservationists can do it all for you in one call. They can book your zipline or kayaking tour and get your awesome cabin or lodge room in just one call. Did I mention, this comes with a nice discount as well. Now that makes it the "perfect" getaway.

We have a great selection for your lodging needs which range from large luxury cabins for your entire group or simply sit by the campfire at one of small cabins at our newly acquired campground.

Don't leave without zipping across the gorge on our "awesome" zipline and then cooling off while kayaking in our "intriguing underground mine adventure."

What are you waiting for? Book your "perfect fall getaway" today by calling **888-596-0525 !**

THE GORGE GAZETTE

The unofficial newsletter of
The Red River Gorge
Rogers, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

The Gorge Gazette is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State, County & City Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

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Lee County Tourism Commision

Dedra Brandenburg Director 606.464.5038

www.visitleecountyky.com

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge, The Retreat and Lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot Reception Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

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Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

The Gorge Underground 844.254.6244) Thrillsville.org

Ian Teal 513.284.2332

The Gorge Gazette: Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com

Things To Do, Places To Visit, Where To Eat In The Red River Gorge



- Doggie Daycare **Scooter's Station** South from Resort on Rt. 11, right on Rt 498, right on Rt 52 west, left on Rte 399 to # 5814 on mailbox. 606.560.9091
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
Delivery to Cliffview available. 606.464.9990 2034 Hwy 11N Beattyville. Approx 15 minutes south.
- **Daniel Boone Coffee Shop & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies
606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!*
Kayak and Pontoon Boat Tours 844-354-6244 Thrillsville.org 15 Minutes
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining
parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Brandenburg Grocery:** Hand Dipped Ice Cream, Hoodies, Gifts, Camping Supplies, T-Shirts
Fudge, Local Artisan Crafts 1321 Natural Bridge Road (KY Rt. 11) Slade, KY 10 Minutes
- **Wild Things of KY Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Daniel Boone Coffee Shop & Deli:** Inside Daniel Boone Trading Post
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- **Yurt Rentals - Red River Gorge Cabin Rentals** Inside Cliffview Resort 844.692.2246
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 min.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY
606.356.4199 20 minutes
- **Ash Cave Rappelling** Rappelling, Hiking Camping Climbing
2343 Route 3224, River, KY 606.369.0511

Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliances kitchens and technically compatible theater style media rooms.

Call 606.668.6222 for details.

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Safe Hiking in Cliffview and State and Federal Forests of the Red River Gorge Geological Area

The hiking season is now in full swing. Hundreds, thousands of folks from all over the country regularly visit Cliffview Resort and the Red River Gorge Area to enjoy nature's bounty. There is no better way to experience all the area has to offer than to hike the hundreds of trails in federal, state and private lands than hiking. We want everyone to have the best hiking experience possible and leave the area with fond memories and beautiful pictures and videos. To make the experience fun, informative and safe we offer a few hints and some do's and don'ts.

* **First and foremost, the Boy Scouts are right, Be Prepared!**

- * The Mountains are known for unpredictable weather. Check the weather forecast for the area.
- * Plan your hike--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable for at least another day and night longer than planned in case of emergency.
- * Notify others of where you will be, and when you plan to be home, in case someone needs to contact you. Let them know when you return.
- * If you are a beginner, contact local outfitters or camping and hiking locations for a general check list of needed equipment. It's a very good idea to have a comprehensive Red Cross approved First Aid kit and manual.
- * Take a cell phone with a fully charged battery.

Make certain there is service in the area you plan to explore

- * Download a GPS app so friends and family can track your progress and always know exactly where you are. In areas with no service, inexpensive walkie-talkies are a reasonable alternative.
- * Always bring waterproof matches or a couple of Bic lighters and a knife of some kind.
- * A loud whistle is another good idea. It can be used to attract attention if 'confused' and may convince an unwelcome animal to leave the area.
- * If hiking in an area bears are known to habituate, make some noise while hiking. Sing, clap your hands, talk, whatever. Bears don't like to be surprised and if they know you're approaching, they'll usually go the other way.
- * Remember, you're a guest, be courteous and appreciative.

If you carry it in, please carry it out!

- * Take only pictures; leave only footprints and leave those only on **designated trails and areas**. Remember, when you're enjoying any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood or any other reason.
- * Be respectful of your state and national forests; keep the trees and shrubs alive and growing.
- * If hiking with Fido, keep him on a leash no longer than 6 feet.



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Cookin' with Jenny

Soup Beans & Cornbread

Mamaw Anna's World Famous Cornbread

Ingredients:

1 cup all-purpose flour
1 cup yellow cornmeal
1 egg
1 teaspoon baking soda
1 1/3 cups buttermilk
1/4 cup bacon drippings or shortening
1 tablespoon double-acting baking powder

Directions:

In a big old black cast iron skillet, fry enough bacon to produce at least 1/4 cup drippings. (save the bacon for breakfast - never waste food!)

The best results come when you bake the bread in that same skillet. After draining off the grease, place the skillet in the oven and pre-heat to 425 degrees. Mix dry ingredients together; add milk, egg and drippings or shortening. Mix only until moistened. (Mix too much and the bread comes out too crumbly). Pour into hot skillet. If it sizzles, good. You're gonna get a great crust. If it don't sizzle, leave the skillet in the oven a bit longer next time.

Bake at 425 degrees for about 25 minutes or until brown and the top crust begins to split.

Number Of Servings:

six or eight.

Preparation Time:

About 45 minutes



If there is one dish that can be called the signature dish of Appalachia, it's Corn Bread and Soup Beans. I bet Daniel Boone never left home without them.

Soup Beans

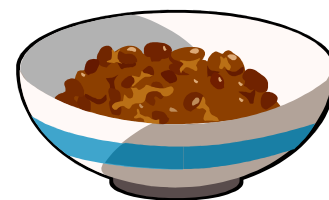
Sometimes referred to as "Pinto Beans" by those that are: "Not from 'round heah."

"Soup beans have saved more lives than penicillin."

--- the Whitesburg, KY High School newspaper, the Black Cat

Ingredients:

1 - 3 lbs Pinto Beans
Water - enough to cover the beans by an inch.
Piece of pork - ham, knuckles, fat back, etc.



Directions:

Soak the beans overnight in bottled or spring water (chlorine gives them an "off" taste).

Drain the beans (reduces gas!)

Slowly cook on low - *Do Not Boil!* - in spring water with pork until they are done. Add water to maintain about an inch or so covering.

Serve with corn bread and maybe chow-chow. If you don't know what chow-chow is, you probably wouldn't like it. Some people like to top with chopped onions like on a hot dog.

Number Of Servings: 10 - 30

Preparation Time: 2-3 hours

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Rock Climbing Guidelines In The Red River Gorge

Rock climbers come from around the world to climb the sandstone cliffs of eastern Kentucky. The overhanging rock faces offer the ultimate climbing challenge. Before climbing, make sure you are properly equipped with the right gear and know-how.

Visit the **Supervisor's Orders** page for climbing rules in the **Red River Gorge Geological Area, Natural Arch Scenic Area** and **Beaver Creek Wilderness**.

Red River Gorge Geological Area is the most popular climbing area on the forest. Rock climbing and rappelling activities are allowed except in areas posted as closed. View **Supervisor's Order** about areas closed to climbing.

Many **rock shelters** were utilized by indigenous peoples for living quarters or by early pioneers and settlers for saltpeter and niter mining. Please respect these areas by leaving things as you find them.

The Red River Gorge Geological Area is unique area with many fragile resources. Extensive use can permanently damage these resources. We ask that you help us restore vegetation and protect these resources.

Limit climbing at Haystack Rock, Courthouse Rock, Hen's Nest Rock, Tower Rock and Eagles Peak in the Red River Gorge Geological Area to help restore vegetation.

Use existing climbing routes or obtain Forest Service approval before installing new routes. Requests for new routes may be submitted to the Gladie Learning Center.

Leave wood remnants in rock shelters as you find them. These are remnants of our heritage.

Respect the posted closures along cliffhines where fragile resources have been fenced for their protection

For more info, check out the web site to contact US forestry at
<https://www.fs.usda.gov/contactus/dbnf/about-forest/contactus>
Or call 859.474.5093



Okay, Let's get to the bottom of this.
The Well is the one and only liquor store in Beattyville selling liquor, beer and wine.

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