

Cliff View Notes

Cliffview Resort

Owners and Operators of
Cliffview Lodge, Cliffview Retreat
And Cliffview Lakeside
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Your Vacation Respite in the
Heart of the Bluegrass State

Vol 10 No. 3

Winner of TripAdvisor's Certificate of Excellence Award for 2013, 14, 15, 16, 17, 18 & 2019!

May 2020

The Red River Gorge

The **Red River Gorge** is a canyon system on the Red River. Much of it is located inside the Daniel Boone National Forest and has been subsequently reserved as the Red River Gorge Geological Area, an area of around 29,000 acres. It has been designated a National Natural Landmark and National Archaeological District, and it is listed on the National Register of Historic Places.

This intricate canyon system features an abundance of high sandstone cliffs, rock shelters, waterfalls, and natural bridges. There are more than 100 natural sandstone arches in the Red River Gorge Geological Area. The multitude of sandstone and cliff-lines have helped this area become one of the world's top rock climbing destinations.

Kentucky's Natural Bridge State Park is immediately adjacent to this area, featuring one of the largest natural bridges in the Red River Gorge.

Because of its unusual and rugged nature, the Red River Gorge features a remarkable variety of ecological zones. It is home to many plants, such as Canadian yew, which are far from their main range.

View From The Cliff - Joyce Belcher, Executive Director

Get Back to Nature!

I know we are all experiencing a difficult spring season with the COVID-19 virus outbreak. Have you had to cancel your Spring Break getaway? Why not get back to nature and visit us at Cliffview Resort in the beautiful Red River Gorge with your family. You need to check out our great rates online. Our entire staff is dedicated to helping our guests enjoy time with their families during this difficult time.

We are going above and beyond on our cleaning techniques to assure our guests that we are in compliance with all safety precautions.

You can still have a great spring getaway with your family here in the Gorge and not have to travel far from home. Why not plan a day of hiking on one of the many secluded trails within the gorge, taking a picnic basket and enjoying your lunch beneath an awesome rock formation while admiring all the beauty of spring flowers in Kentucky? In the evening relax around the campfire at one of our beautiful luxury cabins or a room at our Cliffview Lodge. All our properties have fully equipped kitchens that make it fun and easy to prepare your own meals.

We have availability, give us a call at **888-596-0525** today!

Electrifying News!

We have three Tesla Charging Stations, one universal. Now you can recharge your Tesla, Prius, Leaf, Volt, or any electric or hybrid car while enjoying unforgettable time in the Gorge Zipping, hiking or just napping. And, we offer this service to anyone, *you do not have to be a guest at Cliffview*. Oh yeah, I almost forgot - you can charge absolutely free! **That's right. Free!**

Welcome New Staffers & Happy Birthday



Congratulations to
Our recently Certified Zipline Guides
Chase Hall, Dakota Santa & Josh Hatton.
They completed training March 14th

We also have two new faces manning the Zipline Desk:
Carlie Dehart & Sarah Thorpe

HAPPY 150TH (1870 - 2020) LEE COUNTY!

Cliff View Notes

The official newsletter of
Cliffview Resort
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State, County & City Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Lee County Tourism Commission

Dedra Brandenburg Director 606.464.5038

www.visitleecountyky.com

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge, The Retreat and Lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot Reception Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

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Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

The Gorge Underground 844.254.6244) Thrillsville.org

Ian Teal 513.284.2332

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com

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Things To Do, Places To Visit, Where To Eat In The Red River Gorge



- Off Road Adventure The **Boneyard Hollow OffRoad Park** 2400 Barker Branch Rd 606.567.8781 Off KY Rte 1036 @ KY Rte 11 Zachariah, KY 10 minutes
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
Delivery to Cliffview available. 606.464.9990 2034 Hwy 11N Beattyville. Approx 15 minutes south.
- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies 606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!* Kayak and Pontoon Boat Tours 844-354-6244 Thrillville.org 15 Minutes
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Kentucky's Unseen Scenes:** Guided Hikes to Capture the Beauty the Gorge has to Offer. Uncommon photography opportunities. Newly rediscovered arches 606.560.4949 606.359.4717
- **Wild Things of KY Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Ye Ole Country Peddler:** 606-663-2683. KY Rt 11, 15 minute drive.
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- Hiking Trail Guide and Descriptions: **Kentucky's Unseen Scenes** 606.560.4949
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 min.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY 606.356.4199 20 minutes
- **Ash Cave Rappelling** Rappelling, Hiking Camping Climbing 2343 Route 3224, River, KY 606.369.0511

Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped *commercial grade kitchen*. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have *double appliances* kitchens and technically compatible *theater style media rooms*.

Call 606.668.6222 for details.



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Cookin' with Jenny

MOTHER'S DAY BRUNCH

Crustless Cheese and Bacon Quiche

&

Momma's Mimosas

Add the parsley. Remove from heat, cool slightly.

Prepare a 9-inch glass or ceramic pie pan by brushing with butter then sprinkle evenly with the grated Parmesan. Place pan on a baking sheet.

Scatter in half the Gruyere or Swiss and crumble the bacon on top. Add 3/4 of the mushrooms, then the rest of the cheese.

Whisk the half-and-half, eggs and yolks until thoroughly combined. Season to taste with salt, pepper, and nutmeg. Pour the custard over the cheese and bacon filling. Top with remaining mushroom mixture and sprinkle with chives.

Bake until the quiche is just set in the center, about 40 to 50 minutes. Cool completely before serving.

See below for the perfect accompaniment to turn any brunch into a *Great Brunch*.

Momma's Mimosas Recipe

Nothing says "Special Brunch better than a fabulous mimosa made with dry sparkling white wine and orange juice! It's simple, fun and bubbly, just like you and Mom on this day.

Plan to spend \$12 to \$15 on the sparkling white wine. A dry Prosecco is a great option, too. However, don't go lower than \$10 – *It's Mom!*

Oh yeah the orange juice? Use only freshly squeezed. I know, it's a bit of effort *but again, it's your Mother*. Besides in our mimosas, OJ is half the ingredients.

Always add the wine first, then the orange juice. Don't stir! This will cause the sparkling wine to go flat.

A little splash of orange liqueur like Grand Mariner or triple sec adds a bit of *risk*, but works great!

A warm mimosa is a ruined mimosa, so whatever you do, *Keep The Wine and the Orange Juice Chilled* in the refrigerator until you are ready to serve.

Once you've poured drinks, put everything back into the refrigerator until you're ready for a second round.

Crustless Cheese and Mushroom Quiche

Ingredients

- 6 ounces thinly sliced bacon, about 8 slices
- 1 pound thinly sliced cleaned and trimmed mushrooms
- 4 tablespoons unsalted butter
- 1/4 teaspoon salt
- 6 medium shallots, finely chopped, about 1/2 cup
- 2 tablespoons minced parsley
- 2 tablespoons grated Parmesan cheese
- 2 cups half-and-half
- 2 large eggs + 2 large egg yolks
- 1 Cup grated Gruyere or Swiss cheese
- Black pepper
- Grated nutmeg
- For flavored garnish: Chopped chives
- **** This is for your Momma, so go the extra mile and use only fresh herbs and spices!

Directions

- Preheat oven to 350 degrees F.
- Cook the bacon until just getting crisp. Drain on paper towels.
- Pour off the fat, leave about 1-2 tablespoons in the pan.
- Add 2 tablespoons butter, mushrooms and salt.
- Cook, stirring over medium heat about 7 to 10 minutes until the juices evaporate. Add the shallots and cook until tender and mushrooms are golden, about 3 more minutes.

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Three Forks Historical Center Museum

Hwy 11 - Beattyville, KY

An amazing collection of antiques, from farming, oil fields, household, military, moonshine stills and more. The recently added Veteran Hall is probably the most impressive section of the museum. There is a nice combination of graphics, like wartime posters and pictures and tangible objects, like sabers, badges and uniforms. Each uniform has a name and was donated by that soldier's family.

Hours: Mon-Thur 10 am - 2 pm Sat 10 a.m. to 2 p.m.
Other times by appointment. Call 606-464-2888 or 606-567-5136

Museum Website

Our museum, the Three Forks Historical Center, has a website: threeforkshistoricalcenter.com
There videos on artifact spotlights, biography spotlights and other interesting information about our community's history.

Keep a routine while you are home from school and take some time to learn about your local history. Log on to threeforkshistoricalcenter.com Lee County School District, KY #TeamLeeCountyBobcats #TeamKentucky

There are two new videos on the Three Forks Historical Center website to check out. #historylesson #tourkyathome #healthyathome #threeforkshistoricalcenter #supportmuseums

Bob Smith, President of the museum, talks about ration books from WWII and their importance in a time of economic disparity and war. He references the COVID-19 crises and talks about how ration books and happenings in the past are relatable to the events today. threeforkshistoricalcenter.com/.../ration-books-a...

In the second video, Josh Smith, board member of the museum, gives a detailed comparison on the M1 Grand and the M1 Carbine Rifles used in WWII. He also references the COVID-19 crises and how the manufacturing of these rifles in WWII are relatable to the production of medical supplies and personal protection equipment today. threeforkshistoricalcenter.com/.../m1-grand-and-t...

Lee County is Celebrating it's 150th Anniversary 1870 - 2020

Check out all the Festivities Planned for the Coming Months

Log on to www.heartoftheKentuckyriver.com or call

Beattyville/Lee County Tourism 606-464-5038

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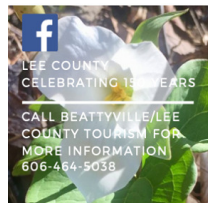


HAPPY 150TH LEE COUNTY 1870 - 2020

Follow our website and facebook for upcoming activities!
Lee County is Celebrating 150 Years! Join us for community celebrations!
www.visitleecountyky.com
Facebook/BeattyvilleLeeCountyTourism

More Good News for The Red River Gorge Area

There is much talk going around about the folks who own the Boneyard Hollow Off Road Park's purchase of the former Brandenburg Furniture building in Beattyville. The plans, so far, are to open a restaurant and maybe more at that location. It may be a few more weeks before anything is set in stone so to speak. There are permits and renovations and personnel recruitment considerations to be addressed. However, it will definitely be a really positive thing for the entire area and for the economic health of our special place it the world.



SCENES OF LEE COUNTY, KY

Photo Contest 2020!

Throughout 2020, send in your Lee County, KY landscape and seasonal photos for a chance to have your photo chosen by a panel of judges and added into a 'Scenes of Lee County' 2021 Calendar! Photos will also be posted into our Scenic Facebook Photo Album! Deadline November 1, 2020.

SUBMISSION:
EMAIL: VISITILEECOUNTYKY@GMAIL.COM
UPLOAD: WWW.LEECOUNTYKY150.COM

In the 1770's, a guy named Daniel Boone entered the territory now known as Kentucky and decided to stay. Now here we are and we know exactly why he did.



Have you

- Climbed • Hiked • Paddled • Fished • Slept in a Yurt
- Rappelled • Ridden A Horse • Slung Mud • Walked In Nature
- Picnicked • Snapped A Picture • Camped Under the Stars
- Visited the Gorge Underground • Listened to Live Bluegrass

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Check Page 3 or Ask One of our Staff

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BeerKing1036 on Facebook
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Have You
zipped!
Today?

*Kentucky's
Unseen Scenes*

Guided Hikes to Capture the Beauty the Gorge has to Offer

Psst!
Ask us about the newly discovered secret arches!

**Don Shackelford
606-560-4949**