Cliff View Notes

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Vol 10 No. 2 ***Winner of TripAdvisor's Certificate of Excellence Award for 2013, 14, 15, 16, 17, 18 & 2019!*** ***April*** **2020**

The Red River Gorge

The **Red River Gorge** is a canyon system on the Red River. Much of it is located inside the Daniel Boone National Forest and has been subsequently reserved as the Red River Gorge Geological Area, an area of around 29,000 acres. It has been designated a National Natural Landmark and National Archaeological District, and it is listed on the National Register of Historic Places.

This intricate canyon system features an abundance of high sandstone cliffs, rock shelters, waterfalls, and natural bridges. There are more than 100 natural sandstone arches in the Red River Gorge Geological Area. The multitude of sandstone and cliff-lines have helped this area become one of the world's top rock climbing destinations.

Kentucky's Natural Bridge State Park is immediately adjacent to this area, featuring one of the largest natural bridges in the Red River Gorge.

Because of its unusual and rugged nature, the Red River Gorge features a remarkable variety of ecological zones. It is home to many plants, such as Canadian yew, which are far from their main range.

View From The Cliff - Joyce Belcher, Executive Director

Get Back to Nature!

I know we are all experiencing a difficult spring season with the COVID-19 virus outbreak. Have you had to cancel your Spring Break getaway? Why not get back to nature and visit us at Cliffview Resort in the beautiful Red River Gorge with your family. You need to check out our great discounted rates online. We have reduced our normal rates to help our guests enjoy time with their families during this difficult time.

We are going above and beyond on our cleaning techniques to assure our guests that we are in compliance with all safety precautions.

You can still have a great spring getaway with your family here in the Gorge and not have to travel far from home. Why not plan a day of hiking on one of the many secluded trails within the gorge, taking a picnic basket and enjoying your lunch beneath an awesome rock formation while admiring all the beauty of spring flowers in Kentucky? In the evening relax around the campfire at one of our beautiful luxury cabins or a room at our Cliffview Lodge. All our properties have fully equipped kitchens that make it fun and easy to prepare your own meals.

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Electrifying News!

We have three Tesla Charging Stations, one universal. Now you can recharge your Tesla, Prius, Leaf, Volt, or any electric or hybrid car while enjoying unforgettable time in the Gorge Zipping, hiking or just napping. And, we offer this service to anyone, *you do not have to be a guest* at Cliffview. Oh yeah, I almost forgot - you can charge absolutely free! ***That's right. Free!***

Welcome New Staffers & Happy Birthday

Congratulations to Our recently Certified Zipline Guides
Chase Hall, Dakota Santa & **Josh Hatton.**
They completed training March 14th

We also have two new faces manning the Zipline Desk:
Carlie Dehart & **Sarah Thorpe**

And we wish the best of the day, April 27 'cause that's the day our Executive Director, **Joyce Belcher** celebrates her Birthday!

HAPPY 150TH (1870 - 2020) LEE COUNTY!

Cliff View Notes

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Cliffview Resort,
Campton, Kentucky

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Cliffview Notes is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State, County & City Facilities

Natural Bridge State Resort Park General Information
(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."
www.parks.ky.gov/findparks/resortparks/nb
Kentucky State Nature Preserve Commission
www.naturepreserves.ky.gov
Red River Gorge National Geological Area (606) 663-8100
www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml
Gladie Cultural-Environmental Learning Center (606) 663-8100
www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml
Red River Gorge Trail Crew (Volunteers) www.RRGTC.com
Leave No Trace – Outdoor Ethics www.lnt.org
Kentucky State Parks - Create your own Experience.
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http://www.facebook.com/pages/Kentucky-State-Parks/152588316577
Lee County Tourism Commision
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The Gorge Underground 844.254.6244) Thrillsville.org
Ian Teal 513.284.2332
Cliff Notes Jenny or Jerry Ison 865.674.6740
Email stories, ideas, suggestions, news to: jerry@jerryison.com

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Things To Do, Places To Visit, Where To Eat In The Red River Gorge

- Off Road Adventure The **Boneyard Hollow OffRoad Park** 2400 Barker Branch Rd 606.567.8781 Off KY Rte 1036 @ KY Rte 11 Zachariah, KY 10 minutes
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna. *Delivery to Cliffview available*. 606.464.9990 2034 Hwy 11N Beattyville. Approx 15 minutes south.
- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies 606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!* Kayak and Pontoon Boat Tours 844-354-6244 Thrillsville.org 15 Minutes
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Kentucky's Unseen Scenes**: Guided Hikes to Capture the Beauty the Gorge has to Offer. Uncommon photography opportunities. Newly rediscovered arches 606.560.4949 606.359.4717
- **Wild Things of KY Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Ye Ole Country Peddler:** 606-663-2683. KY Rt 11, 15 minute drive.
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- Hiking Trail Guide and Descriptions: **Kentucky's Unseen Scenes** 606.560.4949
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 min.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY 606.356.4199 20 minutes
- **Ash Cave Rappelling** Rappelling, Hiking Camping Climbing 2343 Route 3224, River,KY 606.369.0511

Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, *any Party*, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliances kitchens and technically compatible theater style media rooms.

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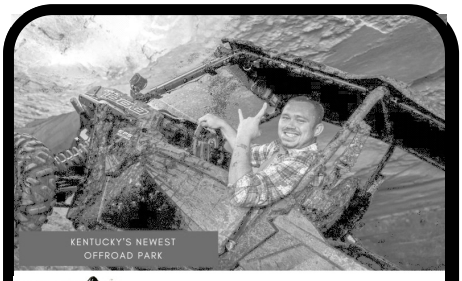

BONEYARD HOLLOW OFFROAD PARK
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606-567-8781

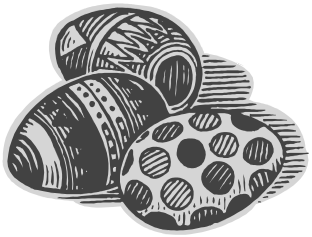
Cookin' with Jenny

Timely and Useful After Easter Recipes

Too Many Left Over Easter Eggs? Well, we have eggzactly the recipes you need! (So sorry about that silly pun, I just couldn't help myself)

Egg Salad

This may be one of the easiest dishes this side of making tea.



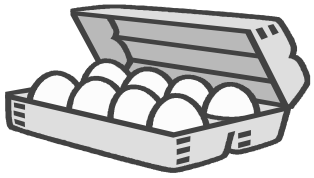
Ingredients:
8 eggs
1/2 cup mayonnaise
1 teaspoon prepared mustard
1/4 teaspoon paprika
1/4 Teaspoon dill
Splash of pickle juice

Preparation:
If the kids ate all those colored eggs and you are starting from scratch, place eggs in a saucepan and cover with cold water. Bring water to a boil and immediately remove from heat. Cover and let eggs stand in hot water for 15 minutes. Remove from hot water, and plunge the eggs into icy water to cool.
After peeling (It's easier under a stream of cold water), coarsely chop entire egg, white and yolk..
Place the chopped eggs in a bowl, and stir in the mayonnaise, mustard, pickle juice, and dill. Season with salt, pepper and paprika. Stir and serve on your favorite bread or crackers. Dense bread such as sourdough, rye and pumpernickel don't get soggy and allow you to really pile on the salad.

Deviled Eggs

Almost as easy as egg salad, these are great side dishes and are perfect 'traveling' food custom made for picnicking.

Ingredients:



6 large eggs
2 tablespoons mayonnaise
1 1/2 tablespoons sweet pickle relish
1 teaspoon prepared mustard
1/8 teaspoon salt
1/4 Tsp Dill
Lil' Splash of dill pickle juice
Dash hot sauce
Dash of pepper
Garnish: paprika & slice of stuffed olive

Preparation:
Place eggs in a single layer in a saucepan; add water to depth of 3 inches. Bring to a boil; cover, remove from heat, and let stand 15 minutes.
Drain immediately and fill the saucepan with cold water and ice. Tap each egg firmly on the counter until cracks form all over the shell. Peel under cold running water.
Slice eggs in half lengthwise, and carefully remove yolks. Mash yolks with mayonnaise. Add relish, mustard, salt, pepper, splash of pickle juice, dash of hot sauce; stir well. Spoon yolk mixture into egg whites. Garnish with sliced olive, paprika, parsley if desired.

While you're enjoying your time in the Gorge, you may wish to ad a huge adrenalin rush to that great new experience so...

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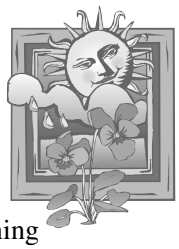
Spring Is The Thing!



Spring! Ah Spring! I love Spring. I love the word Spring. I love every little thing about Spring. To me, it is the beginning of a new, wonderful and beautiful period that is all too brief.

Wow, was I waxing poetic or what? Well, the truth is I really do feel that way about Spring. As you see, I think Spring is so important the word must be capitalized.

Spring is the time of rebirth, new life. Spring is that sweet, solid assurence winter is gone. (Well, I admit, that this past winter wasn't so bad, but still, winter, even a mild one, is just not my cup of tea.)

Another thing that makes Spring so attractive to me is that it is made up of the "female" months, April, May and June. Some sources say Spring months are March, April and May, but I disagree. Since Spring is the time between the vernal equinox (March 20 - 22) and the summer solstice (June 20 - 22) only one week of March and at least three weeks of June fall into that time frame. To me, that means March is really a winter (yuck) month and June is really a Spring (Yeh!) month.

The word *Spring* may have come from the Dutch or German, *springen*, which according to my very German friend, Ernest Wahl, means to move quickly. You know, *schnell!* And that's very appropriate 'cause, in case you hadn't noticed, things do move or happen very quickly in the Spring.

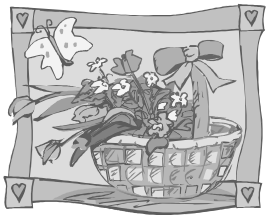
As soon as the sun starts to warm the ground, plants shoot out of the earth. In some cases, they grow so fast, unwary insects are actually caught inside. This is especially true of mushrooms like the elusive and delicious morel.

Another, archaic, definition of Spring is the dawn or dawning as of day or light. I like this one too, because for many living things it is indeed the dawning of a new day, the dawning of new life.

Then of course there's the celebration of the Resurrection, Easter, the most important event on the Christian calendar.

All in all Spring is *the* thing!

Ah! April - Finally!



Glory Hallelujah! It's finally APRIL! Spring is here for sure There's no denying it, I love SPRING! All the newness. All the freshness The colors of spring are delicate and subtle. Pale yellows and faint pinks. Soft blues and the fresh verdure of new grasses. I even love the bright yellow and seemingly impertinent dandelions sprinkled in amongst the green green grass.

As far as I'm concerned, April is the beginning of my New Year. Time to plan for more time outdoors in the Red River Gorge. There's no prettier place on God's Earth than the Gorge in April.

An acquaintance of mine thinks May is the perfect month (*See our next issue*), but I am certain there is no month to compare with April. I think it even has the prettiest name of all the months.

The birds love April so much they sing about it all day and into the night. Just step outside and listen.

The wildflowers definitely love it and hurry to flash their pastel colors before the leaves on the buckeyes and hickories begin to block the new sun.

Just take a stroll anywhere in the Gorge. Even stepping outside your cabin or room at here at Cliffview will fill your senses with April's bounty of sights and sounds.

April is the month all of us have been waiting for since last November.

Oh, sure, March is the month when Spring officially starts, but March is so unpredictable.

And, it's also true that May is when things really get rolling. Birds with young, cherry blossoms and regular 70's for temperatures, but April is still special.

April is when you know Spring is here and it's not going to disappoint you with a freezing night or two.

April gets its name from either the Latin verb *aperire,* meaning to open, or from the Roman derivation from Aphrodite, *Aprilis.* Aphrodite was the Greek goddess of love and beauty.

I feel either or both origins is/are appropriate. April is to me the perfect combination of all those traits.

Like I said, April opens the year for me, is beautiful and I love it!

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www.visitleecountyky.com
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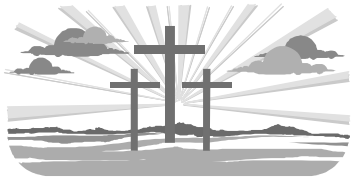
More Good News for The Red River Gorge Area

There is much talk going around about the folks who own the Boneyard Hollow Off Road Park's purchase of the old Brandenburg Furniture building in Beattyville.

The plans, so far, are to open a restaurant and maybe more at that location. It may be a few more weeks before anything is set in stone so to speak.

There are permits and renovations and personnel recruitment considerations to be addressed.

However, it will definitely be a really positive thing for the entire area and for the economic health of our special place it the world.



Why is Easter celebrated on different days, even different months? Well, it's complicated. The rules were set in 325 AD at the First Council of Nicaea.

1. Easter falls on the first Sunday following the first ecclesiastical or Paschal full moon that occurs on or after the day of the vernal equinox. With me so far? Good.
2. The vernal equinox is fixed as March 21.
3. The Paschal moon this year is on April 7.
4. Resulting in that Easter can never occur before March 22 or later than April 25.

Now, if you've done the math correctly, you now know that this year Easter is April 12.

Why color Easter eggs? Eggs have long been the symbol of Spring and the rebirth it brings. To early Christians the egg represented Jesus' Resurrection. They were originally colored red to represent Christ's blood. Nowadays they are a rainbow of colors.

Have you
Climbed • Hiked • Paddled • Fished • Slept in a Yurt
Rappelled • Ridden A Horse • Slung Mud • Walked In Nature
Picnicked • Snapped A Picture • Camped Under the Stars
Visited the Gorge Underground • Listened to Live Bluegrass
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Psst! **Ask us about the newly discovered *secret* arches!**

Don Shackleford
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