

Cliff View Notes

Cliffview Resort

Owners and Operators of
Cliffview Lodge, Cliffview Retreat
And Cliffview Lakeside
www.CliffviewResort.com

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Take One!

Vol 8 No. 7 Winner of TripAdvisor's Certificate of Excellence Award for 2013, 2014, 2015, 2016 & 2017! Sept 2018

View From The Cliff by Joyce Belcher, Resort Executive Director

Turn of the Season

We can all relate to the feeling of fall in the air. It makes us want to get out and enjoy those last couple of months of swimming, hiking, and enjoying the sun set with our family and friends. Outdoor adventures have become one of the popular family activities today. There's just something about sitting around a bonfire sharing stories with your friends and family.

Here at Cliffview Resort, we have an exciting fall line up of many great new adventures awaiting your visit.

We had special guests visit us a couple weeks ago from ABC Television Network out of New York. Our Zipline was filmed for a fall episode of the primetime television show *What Would You Do?* with host John Quinones. John Quinones also reports for ABC News programs such as 20/20, Good Morning America, and ABC World News Tonight.

The show is in its 14th season on ABC at 9:00 pm on Friday nights with over 5 million viewers. We feel very excited that we were chosen to be part of this adventure. The episode will air late September. Follow us on our Cliffview Resort/Red River Gorge Zipline Facebook page for the exact date.

Also, we are getting prepared to be on the lookout for our big hairy friend Bigfoot to visit us here in the forest at the Red River Gorge Zipline. He loves to scare our Zipline guests but more than anything, he loves to photo bomb our guests' tour photos. Make your plans to visit The Red River Gorge during the last two weeks of October. Bigfoot will love seeing you.



Electrifying News!



We have three Tesla Charging Stations, one of which is universal. Now you can recharge your Tesla, Prius, Leaf, Volt, or any electric or hybrid car while enjoying unforgettable time in the Gorge zipping, hiking or just napping. And, we offer this service to anyone, you do not have to be a guest at Cliffview.

Oh yeah, I almost forgot - you can charge absolutely free! That's right. Free!

September Special Days

Cliffview Owner, **Jim Bookstaff** - 26th.

Jenny and Jerry Ison, Cliff View Notes publishers celebrate their 8th wedding anniversary on September 17.

Taylor Spencer, daughter of **Amanda Mills**, is exchanging wedding vows with **Dustin Barnett** on the 22nd, at Overlook Point in Cliffview Resort. We wish Taylor and Dustin many happy years together.

The Red River Gorge Guarantee

Whether you and your family want to *Feast, Frolic* or "*Fly*", fun is guaranteed in the Red River Gorge.

There are so many family friendly things to enjoy. Everything from lazing in a hammock enjoying the quiet comfort and beauty of the Gorge to 'flying' across a 300 foot deep gorge at 55 miles per hour!

The Red River Gorge Zipline located right in the Resort has five separate lines from low and slow to adrenaline pumpin' high and very fast.

There are hundreds of miles of trails and *Unseen Scenes* guided hikes to show you unique and rarely visited arches and vistas.

At Cliffview Resort, when you're not simply relaxing in one of the rustic themed cozy rooms or enjoying a family meal you prepared in the modern kitchen, there are 14 lakes full of fish for catch and release. And we will loan you the tackle needed to do that.

The *Overhang Restaurant* at the Resort entrance has a full menu so there is a dish or meal that fits everybody's appetite. They also serves adult beverages.

For kayaking, canoeing, biking, exploring, various foods like BBQ, homemade fudge, whatever, check the ads in this newsletter. There is something to excite and thrill every member of your family.

That is the *Gorge Guarantee!*

Cliff View Notes

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Cliffview Resort,
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge, The Retreat and lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot Reception Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Thrillville 844.CLIMBHI (844.254.6244) Thrillville.org

Ian Teal 513.284.2332 Sandy Teal 859.409.0024

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com

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Things To Do In The Red River Gorge Area



- **Breakfast All Day!** Carson's General Store & Café
1746 KY Rte 715 North 4 miles Across from Rogers Elementary Open 7 Days a week
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
Delivery to Cliffview available. 606.464.9990 2034 Hwy 11N Beattyville. Approx 20 minutes south.
- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies
606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Thrillsville Aerial Adventure Park:** 1/2 Mile south of Exit 33 on KY Rt 11, Slade, KY
For more info click onto Thrillsville.org or call 844.CLIMBHI (844.354.6244) 15 minute drive
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining
parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Ash Cave Rapelling:** Rapelling, Hiking, Climbing, Camping 606.369.0511 10 Minutes
- **Wild Things of Kentucky Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Ye Ole Country Peddler:** 606-663-2683. KY Rt 11, 15 minute drive.
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- **Massage & Manicure:** In-house available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide:** <http://kytourism.com/> tourseky.com
- **Hiking Trail Guide and Descriptions:** Great for beginners. redrivergorge.org.
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY 606.356.4199 30 minutes
- **Gorge Underground:** A Unique Waterborne Family Adventure
On The Water, Underground! Kayak and Pontoon Boat Tours
844-354-6244 Thrillsville.org 15 Minutes
Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliance kitchens and technically compatible theater style media rooms.

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Safe Hiking in Cliffview and State and Federal Forests of the Red River Gorge Geological Area

The hiking season is now in full swing. Hundreds, thousands of folks from all over the country regularly visit Cliffview Resort and the Red River Gorge Area to enjoy nature's bounty. There is no better way to experience all the area has to offer than to hike the hundreds of trails in federal, state and private lands than hiking. We want everyone to have the best hiking experience possible and leave the area with fond memories and beautiful pictures and videos. To make the experience fun, informative and safe we offer a few hints and some do's and don'ts.

- * **First and foremost, the Boy Scouts are right, Be Prepared!**
- * The Mountains are known for unpredictable weather. Check the weather forecast for the area.
- * Plan your hike--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable for at least another day and night longer than planned in case of emergency.
- * Notify others of where you will be, and when you plan to be home, in case someone needs to contact you. Let them know when you return.
- * If you are a beginner, contact local outfitters or camping and hiking locations for a general check list of needed equipment. It's a very good idea to have a comprehensive Red Cross approved First Aid kit and manual.
- * Take a cell phone with a fully charged battery.

Make certain there is service in the area you plan to explore

- * Download a GPS app so friends and family can track your progress and always know exactly where you are. In areas with no service, inexpensive walkie-talkies are a reasonable alternative .
- * Always bring waterproof matches or a couple of Bic lighters and a knife of some kind.
- * A loud whistle is another good idea. It can be used to attract attention if 'confused' and may convince an unwelcome animal to leave the area.
- * If hiking in an area bears are known to habituate, make some noise while hiking. Sing, clap your hands, talk, whatever. Bears don't like to be surprised and if they know you're approaching, they'll usually go the other way.
- * Remember, you're a guest, be courteous and appreciative.

If you carry it in, please carry it out!

- * Take only pictures; leave only footprints and leave those only on **designated trails and areas.** Remember, when you're enjoying any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood or any other reason.
- * Be respectful of your state and national forests; keep the trees and shrubs alive and growing.
- * If hiking with Fido, keep him on a leash no longer than 6 feet.



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Earl And The Cat

By Jerry Ison



When I was much younger, I had a hunting companion named Earl.

Earl had just drifted into my life and hung around with me for several years. He loved to hunt just about any kind of game.

Squirrels, grouse, fox, but he especially loved to chase cottontails.

Yes chase 'em - Earl was a mix beagle-basset hound. He wasn't the prettiest dog you ever saw, kinda squat legged and colored like the floor of a hickory woods in October. He had the most unpleasant voice you could imagine, especially when he chimed in with a police or fire truck siren. He could hear 'em long before I could and always started harmonizing well before they were audible to me.

One warm October morning, we started out in search of bushytails. When he wanted to be, Earl was very quiet, even when the leaves were dry and crunchy. This morning Earl just wasn't 'with it' and was making too much noise for us to get any where near those always cautious squirrels.

As the morning wore on, the sun got warmer and warmer.

After another hour or so, I decided that Earl's short little legs were tired so we decided to take a rest.

We found a depression filled with leaves along side a fallen oak log. After sharing a bologna sandwich, we lay back to study the tree tops.

For whatever reason, I don't remember hearing anything, I snapped alert and sat up abruptly. My eyes were just about level with the top of the log.

Not more than two feet away were a pair of the most vicious eyes I have ever had the misfortune of staring into. Caught in mid stride, with one paw still raised, was the biggest, most ferocious, evil lookin' animal this ole boy ever saw. Those glaring yellow eyes seemed to be staring deep into my very soul.



The message I got was, "Go ahead, human, make a move and I'll tear your face to shreds!"

The bobcat, daring me to breathe, was so motionless that he could have been a mounted trophy.

Nothing moved. Not daring to even exhale and moving nothing but my eyeballs, I glanced to see if Earl was ready to spring to my rescue.

He was still asleep! And snoring!

I chanced to blink my eyes and in that moment, the cat virtually disappeared! Only the slight movement of a nearby bush gave an indication of his passing.

I woke the "wonder dog" and commented on his uncanny abilities to detect wildlife. Earl yawned, licked a bologna crumb from his mouth and grudgingly stood up.

He walked a few steps and turned back to give me that master-you're-always-right look.

I swear it seemed as if I could tell from his expression what he was thinking.

It came across as, "Hey, you know I don't do cats!"



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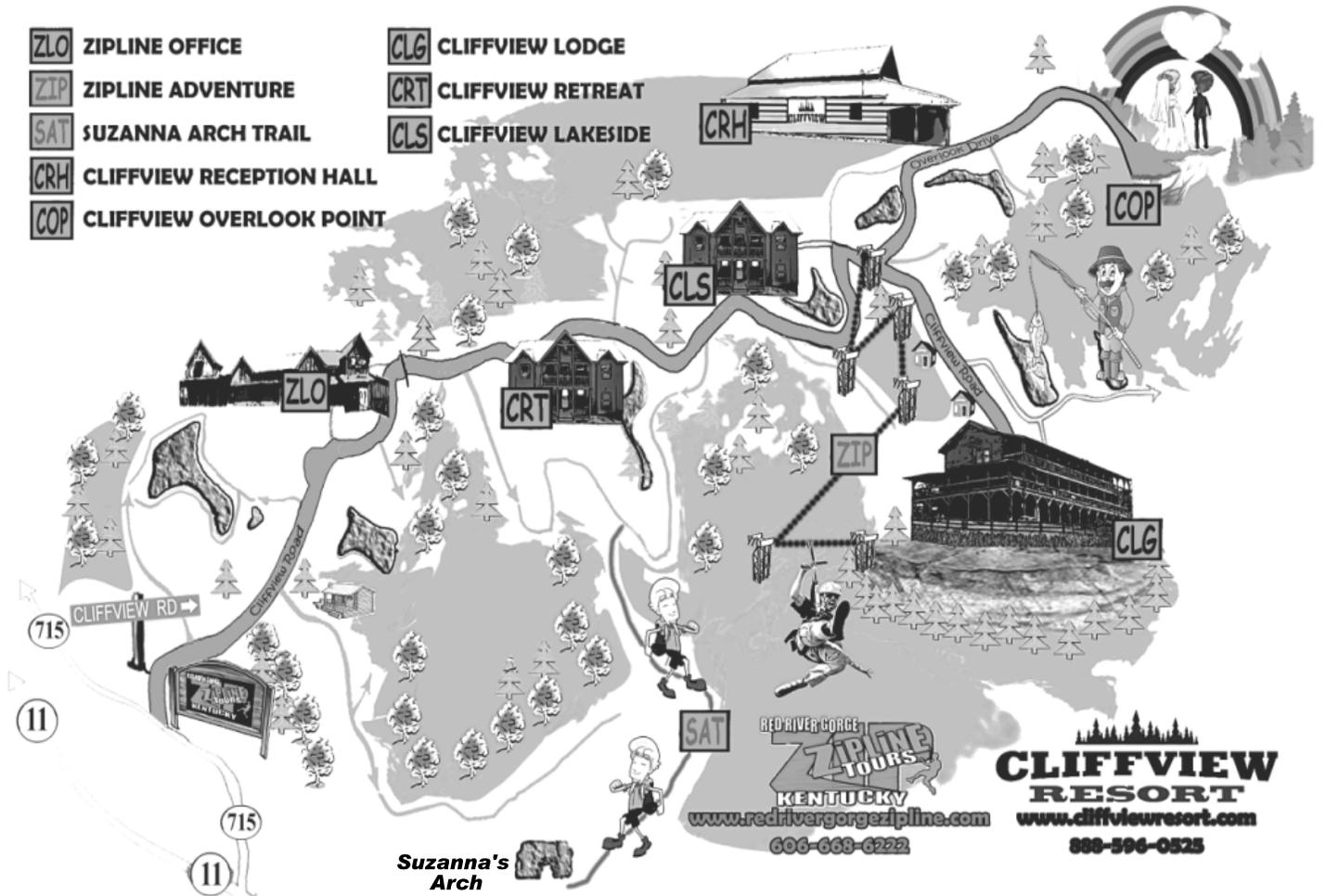
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- CLG** CLIFFVIEW LODGE
- CRT** CLIFFVIEW RETREAT
- CLS** CLIFFVIEW LAKESIDE



“Here She is, Miss ...”

The first Miss Kentucky to win the Miss America Pageant, Heather French Henry, Miss Kentucky 1969, won the Miss America Crown in 1970. However, several years earlier, in 1944, a Kentucky Miss, Venus Ramey, was crowned Miss America from Washington D.C. She was the first redhead to win that title. During World War II, for good luck, her portrait was painted on aircraft that flew 70 raids over Germany. None of those raids ever lost a man.



Venus Ramey

Another Kentucky beauty, Tara Conner, won the Miss USA Crown in 2006. Miss America 1971, Phyllis George, also had a big Kentucky connection. She won the Miss America title as Miss Texas and after marrying Governor John Y. Brown, served as Kentucky’s First Lady from 1979 to 1983.

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