

Cliff View Notes

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Vol 7 No. 8 Winner of TripAdvisor's Certificate of Excellence Award for 2013, 2014, 2015, and 2016! October 2017

View From The Cliff by Joyce Belcher Resort Executive Director

An Autumn Drive Thru The Gorge

Looking for an awesome day trip to enjoy the Kentucky foliage? There is no better time to come see the Red River Gorge than in the Fall. Take a journey through the natural wonders of this beautiful area. The Gorge byway route is approximately 45 miles long with travel time of approximately one hour. Allow extra time to stop and enjoy some of the points of interest along the way. Attractions on the byway include the Gladie Visitor Center, Nada Tunnel, and views of stone arches and unique rock formations are abundant. Portions of the byway also follow the Red River, a designated wild and scenic river. If you are a hiker, then step onto a trail into the Gorge to enjoy the overlooks and waterfalls up close. Large vehicles over 12 feet tall or 12 feet wide cannot access this byway via the Nada Tunnel. You need to enter and exit the Gorge from the KY 715 end. This is the perfect way to spend an autumn day!

Here is a map and more info to help enjoy your trip. redrivergorgeguide.com/uploads/2/0/9/0/20904424/rrg_trail_maps.pdf

Electrifying News!

We have three Tesla Charging Stations, one of which is universal. Now you can recharge your Tesla, Prius, Leaf, Volt, or any electric or hybrid car while enjoying unforgettable time in the Gorge zipping, hiking or just napping. And, we offer this service to anyone, you do not have to be a guest at Cliffview.

Oh yeah, I almost forgot - you can charge absolutely free! Uh huh. Free!

October Birthdays

October 16 is when one of our special people in housekeeping, **Michelle Vanderpool**, celebrates her birthday.

Michelle, a native of Lee County, has worked at Cliffview in housekeeping for 2 yrs and she loves working here. Well, we love the fact that she works here and enjoys what she does 'cause we certainly appreciate her.

Featured Cliffview Personality

Rachel Shouse has been with Cliffview Resort and Red River Gorge Zipline for over a year. She is a Reservations Specialist for Cliffview lodging as well as for the Red River Gorge Zipline.

Rachel graduated from Lee County High School and lives locally to the area. Folks love Rachel and her genuine southern accent. Rachel spends her free time fishing and enjoying living in her small rural town of Beattyville.

First Time Halloween Event At Red River Gorge Zipline

The Red River Gorge Zipline will have a very special adventure event this October during the week of Halloween.

While flying high above the gorges on the Red River Gorge Zipline, Zippers have caught glimpses of something odd and some strange goings on here at Cliffview.

We will be recruiting our Zippers to help us solve this mystery. The event will be family friendly so bring your family and friends to see what's going on at the Gorge. The fun will begin Friday October 20th through Sunday, October 29th. Call the zipline office at (606) 668-6222 and make your reservation.

We desperately need your help to try to find and photograph, maybe even capture, this strange creature that has been sighted at the Gorge! Watch Channels 27 & 56 and our web site: CliffviewResort.com for more to come on this very special Halloween Happening.

Do you dare to Zip the line?



Cliff View Notes

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Cliffview Resort,
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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge, The Retreat and lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot Reception Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Thrillville 844.CLIMBHI (844.254.6244) Thrillville.org

Ian Teal 513.284.2332 Sandy Teal 859.409.0024

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com

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Things To Do In The Red River Gorge Area



- **Breakfast All Day!** Carson's General Store & Café
1746 KY Rte 715 North 4 miles Across from Rogers Elementary Open 7 Days a week
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
Delivery to Cliffview available. 606.464.9990 2034 Hwy 11N Beattyville. Approx 20 minutes south.
- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies
606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Thrillville Aerial Adventure Park:** 1/2 Mile south of Exit 33 on KY Rt 11, Slade, KY
For more info click onto Thrillville.org or call 844.CLIMBHI (844.354.6244) 15 minute drive
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining
parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Ash Cave Rapelling:** Rapelling, Hiking, Climbing, Camping 606.369.0511 10 Minutes
- **Wild Things of Kentucky Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Ye Ole Country Peddler:** 606-663-2683. KY Rt 11, 15 minute drive.
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- **Massage & Manicure:** In-house available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide:** <http://kytourism.com/> tourseky.com
- **Hiking Trail Guide and Descriptions:** Great for beginners. redrivergorge.org.
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY 606.356.4199 30 minutes
- **Gorge Underground:** A Unique Waterborne Family Adventure
On The Water, Underground! Kayak and Pontoon Boat Tours
844-354-6244 Thrillville.org 15 Minutes
Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliance kitchens and technically compatible theater style media rooms.

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Safe Hiking in Cliffview and State and Federal Forests of the Red River Gorge Geological Area

The hiking season is now in full swing. Hundreds, thousands of folks from all over the country regularly visit Cliffview Resort and the Red River Gorge Area to enjoy nature's bounty. There is no better way to experience all the area has to offer than to hike the hundreds of trails in federal, state and private lands than hiking. We want everyone to have the best hiking experience possible and leave the area with fond memories and beautiful pictures and videos. To make the experience fun, informative and safe we offer a few hints and some do's and don'ts.

- * **First and foremost, the Boy Scouts are right, Be Prepared!**
- * The Mountains are known for unpredictable weather. Check the weather forecast for the area.
- * Plan your hike--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable for at least another day and night longer than planned in case of emergency.
- * Notify others of where you will be, and when you plan to be home, in case someone needs to contact you. Let them know when you return.
- * If you are a beginner, contact local outfitters or camping and hiking locations for a general check list of needed equipment. It's a very good idea to have a comprehensive Red Cross approved First Aid kit and manual.
- * Take a cell phone with a fully charged battery.

Make certain there is service in the area you plan to explore

- * Download a GPS app so friends and family can track your progress and always know exactly where you are. In areas with no service, inexpensive walkie-talkies are a reasonable alternative .
- * Always bring waterproof matches or a couple of Bic lighters and a knife of some kind.
- * A loud whistle is another good idea. It can be used to attract attention if 'confused' and may convince an unwelcome animal to leave the area.
- * If hiking in an area bears are known to habituate, make some noise while hiking. Sing, clap your hands, talk, whatever. Bears don't like to be surprised and if they know you're approaching, they'll usually go the other way.
- * Remember, you're a guest, be courteous and appreciative.

If you carry it in, please carry it out!

- * Take only pictures; leave only footprints and leave those only on **designated trails and areas.** Remember, when you're enjoying any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood or any other reason.
- * Be respectful of your state and national forests; keep the trees and shrubs alive and growing.
- * If hiking with Fido, keep him on a leash no longer than 6 feet.



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The Appalachian

Drop Bear by Buck Thorn

Drop bears are carnivorous, tree-dwelling beasts found in remote areas of Eastern Kentucky. Their preferred habitat is in thick branches of hardwoods such as oak and hickory trees. They are related to raccoons, though larger and equipped with sharp teeth and razor-like claws. Drop bears are referred to by local woodsmen as the raccoon's evil twin or the devil coon.

Drop bears are, for the most part, nocturnal but have been spotted feeding at dusk when the pickings are slim. They hide in the thick tree needles until potential prey walks under their perch. With stealthy quiet, they drop out of the trees onto the unwary animal's back. Usually the impact is enough to snap the victim's spine but the deadly claws make death a certainty. They then quickly devour the prey with a speed that almost defies belief. Full grown drop bears have been known to completely devour a 100 pound deer in less than fifteen minutes! They usually will leave the remains, if the meat cools before they consume it all.

It is a fact that drop bears will not eat cold flesh.

Ed Note: Buck admits most, if not all, of his info about the drop bear came from anonymous internet posts and may not be what you would call 100% factual. But you never can tell!

They have absolutely no fear and will quite readily attack creatures much larger than themselves, including humans.

Because they have no fear, drop bears are difficult to deter. And given their uncanny ability to remain undetected until too late, it is hard to defend against their quick attacks.

Unfortunately, drop bear victims are only aware of the bear's presence after it has dropped down on top of them. Then, it's too late to escape or fight back. There are however, proven deterrents, but only two.

One is fluoride toothpaste. Spread behind the ears and on the nape of the neck, this will prevent a drop bear attack.

Their sensitive sense of smell can detect toothpaste for up to a mile or more. The only other known repellent is a plaster made of Goodys' headache powder and Vaseline.

This is rubbed into the hair and along the collar.

When camping in an area where drop bears are suspected it is wise to know where they may be hiding.

One way to find drop bears is to lie on your back under a suspected tree and spit upwards.

Drop bears hate this and if one is sleeping in that tree, he will instantly awaken and spit back.

If, after you spit upwards from this position and get spittle back in your face, in all probability, there is a drop bear above you. You should immediately roll over and apply large quantities of either toothpaste or Goody's.

Also, you should quickly exit the area.

And remember, the best way to avoid a drop bear confrontation is to never, ever nap directly beneath a suspected drop bear tree.



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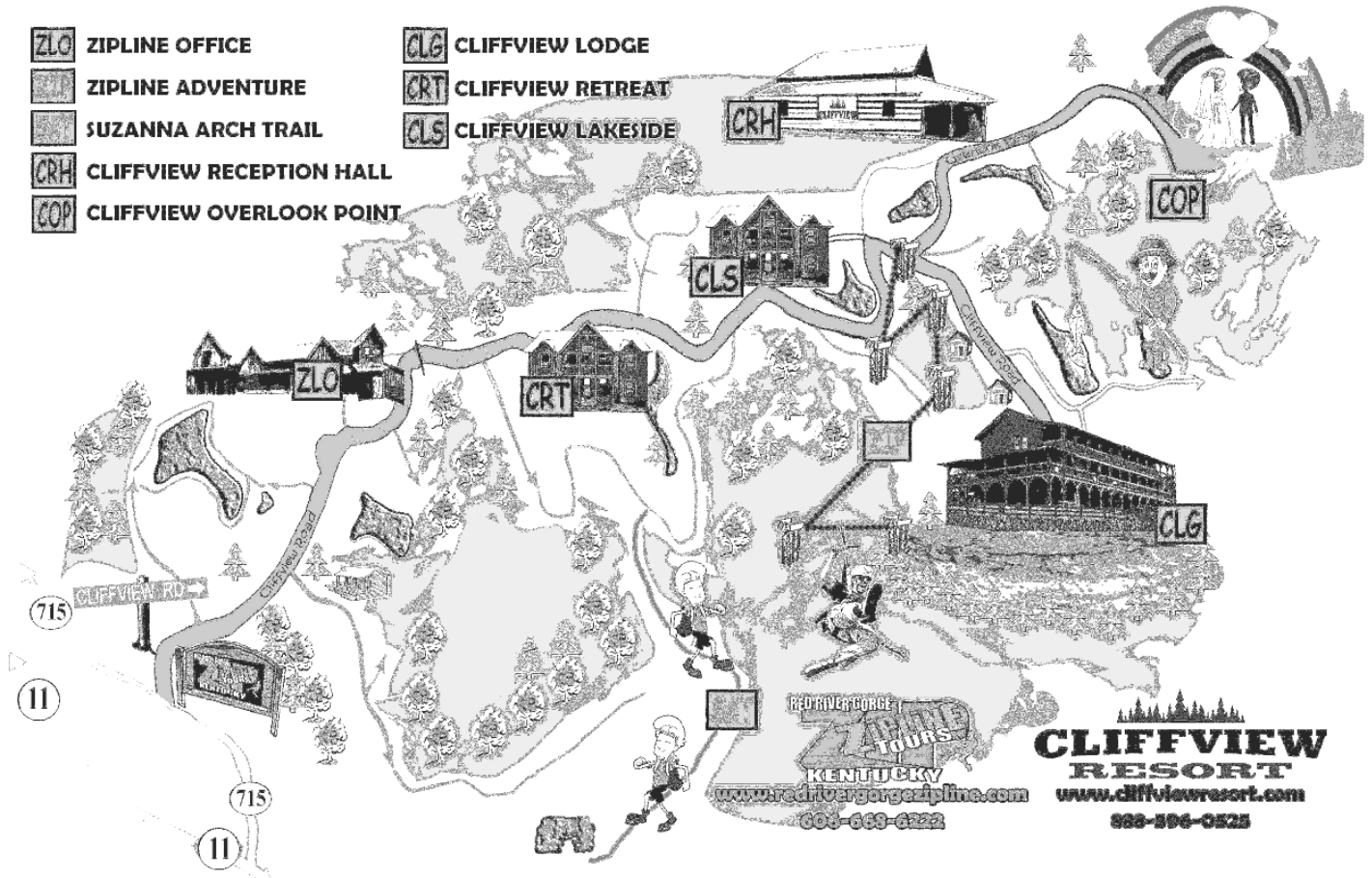
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What's Going On? The Woolly Worm Festival!



The annual Woolly Worm Festival in Beattyville, Kentucky happens from October 20th through the 22nd, 2017. This year is another milestone for this iconic Eastern Kentucky family good times event. This year will celebrate and mark *30 years of tradition*. The festival gathers over 110,000 visitors annually. To find out more about

this great festival follow this link: heartofthekentuckyriver.com/woollywormfestival.html Ya'll come!
 Bring those "thoroughbred" woolly worms for the Woolly Worm Derby!

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