

# Cliff View Notes

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Vol 7 No. 2 Winner of TripAdvisor's Certificate of Excellence Award for 2013, 2014, 2015, and 2016! April 2017

### Spring Is The Time To Explore The Gorge

Planning a spring trip with your friends or family? Looking for the perfect place to bring your employees for a great outdoor team building retreat? You need to check us out at Cliffview Resort and Red River Gorge Zipline.

Why drive long distances to other states when there are such treasures to be discovered in your own native state of Kentucky?

The next several months are the perfect time to enjoy a sunny spring afternoon relaxing on our beautiful porch at our scenic lodge listening to the sounds of the Warbler chirping or perhaps you will experience the thrill of zipliners coming in on the last leg of their tour.

Maybe you just want to take a hike on our hiking trail and get that perfect photo of a large gobbling wild turkey emerging for the season along with other abundant wildlife in our area.

Soon the redbuds and dogwoods will make the perfect colorful backdrop for the hundreds of climbers that will come to the Gorge to fulfill their dreams.

If outdoor adventure is on your checklist for this season, then put away your iPad, and bring your family, friends and employees to Cliffview Resort and Red River Gorge Zipline. Hope to see you soon!

Joyce Belcher, Executive Director,  
Cliffview Resort

### Happy News



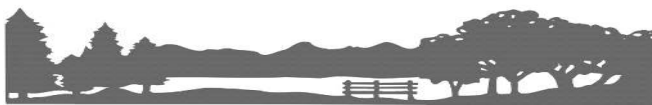
Things are really hoppin' 'round here! We are fast becoming one of the East's most popular vacation destinations.

It seems that Eastern Kentucky vacations and weddings are not just summer events any more.

We have almost capacity occupation even in February. Why? Well, if you really want the answer, you'll just have to stay with us one night. We're betting you'll want to spend another and book a slot for an encore visit. That is why we are growing so rapidly. First time guests quickly become repeat guests. They enjoy the terrific and unique beauty of the area, the very friendly and welcoming local folks as well as the wonderful accommodations and service afforded them by the quiet, country comfort of our facilities. The extra special courteous and dedicated staff of Cliffview Resort and our Red River Gorge Zipline makes each guest feel like a welcome friend.

We're certain you're gonna fall in love with Cliffview Resort and the awe inspiring and beautiful Red River Gorge Area.

Ya'll come see us!



#### April Milestones

##### Birthdays:

Reservation Specialist, **Rachel Shouse** - 24th

Executive Director, **Joyce Belcher** - 27th

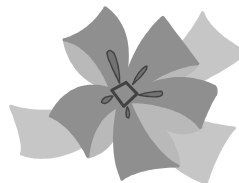
Lead Zipline Guide, **Tyler Clifton** - 28th

##### Anniversaries:

Office Supervisor, **Amanda Miles** and husband **John**, will be celebrating her 8th wedding anniversary April 10th.

March and April also mark the fifth year anniversary of two of our key employees, **Amy Meyer**, Marketing Director, on March 19th and **Nancy Griffin**, Office Manager, on April 16th.

My, my, how time flies when you have great people around!



# Cliff View Notes

Is the official newsletter of  
Cliffview Resort,  
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.



Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends.

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**Jay Eye Communications**

Box 271 Talbott, TN 37877

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## HELPFUL WEBSITES & PHONE NUMBERS

### State Facilities

#### **Natural Bridge State Resort Park General Information**

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs  
*"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."*

[www.parks.ky.gov/findparks/resortparks/nb](http://www.parks.ky.gov/findparks/resortparks/nb)

#### **Kentucky State Nature Preserve Commission**

[www.naturepreserves.ky.gov](http://www.naturepreserves.ky.gov)

**The Skylift** (606) 663-2922

[www.naturalbridgekyskylift-and-giftshop.com](http://www.naturalbridgekyskylift-and-giftshop.com)

**Red River Gorge National Geological Area** (606) 663-8100

[www.fs.fed.us/r8/boone/districts/cumberland/redriver\\_gorge.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml)

**Gladie Cultural-Environmental Learning Center** (606) 663-8100

[www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml)

**Red River Gorge Trail Crew (Volunteers)** [www.RRGTC.com](http://www.RRGTC.com)

**Leave No Trace – Outdoor Ethics** [www.lnt.org](http://www.lnt.org)

**Kentucky State Parks - Create your own Experience.**

[www.parks.ky.gov](http://www.parks.ky.gov) Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

### Private Facilities

**Cliffview Resort & Cliffview Retreat** 606.668.6222

[www.cliffviewresort.com](http://www.cliffviewresort.com) 455 Cliff View Road, Campton, KY 41031

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**Red River Gorge Zip Lines** 855.ZIP.TOUR ( 855.947.8687)

606.668.6222 [www.redrivergorgezipline.com](http://www.redrivergorgezipline.com)

**Scenic Cabin Rentals** 606.668.6487 [www.sceniccabin.com](http://www.sceniccabin.com)

**Paul Hamann** 513.378.8716 **Nancy Hamann** 513.919.7150

**Red River Gorge Cabin Rentals** 606.668.3272

[www.redrivergorgecabinrentals.com](http://www.redrivergorgecabinrentals.com)

**Thrillville** 844.CLIMBHI (844.254.6244) [Thrillville.org](http://Thrillville.org)

**Ian Teal** 513.284.2332 **Sandy Teal** 859.409.0024

**Cliff Notes Jenny or Jerry Ison** 865.674.6740

*Email stories, ideas, suggestions, news to: [jerry@jerryison.com](mailto:jerry@jerryison.com)*



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## Things To Do In The Red River Gorge Area



- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna. *Delivery to Cliffview available.* 606.464.9990 2034 Hwy 11N Beattyville. Approx 20 minutes south.
- **Daniel Boone Coffee Shoppe & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies 606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Thrillsville Aerial Adventure Park:** 1/2 Mile south of Exit 33 on KY Rt 11, Slade, KY For more info click onto Thrillsville.org or call 844.CLIMBHI (844.354.6244) 15 minute drive
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Ash Cave Rapelling:** Rapelling, Hiking, Climbing, Camping 606.369.0511 10 Minutes
- **Wild Things of Kentucky Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Ye Ole Country Peddler:** 606-663-2683. KY Rt 11, 15 minute drive.
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 5 Minutes.
- **Massage & Manicure:** In-house available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide:** <http://kytourism.com/> [tourseky.com](http://tourseky.com)
- **Hiking Trail Guide and Descriptions:** Great for beginners. redrivergorge.org.
- **Peddler's Mall:** Open Year Round. Stanton and Winchester. Gifts, Arts & Crafts, Antiques, Flea Market. Stanton is a 25 minute drive; Winchester is an hour's drive.
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY 606.356.4199 30 minutes
- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!* Kayak and Pontoon Boat Tours 844-354-6244 Thrillsville.org 15 Minutes  
*Drive times are from Cliffview Resort to the listed attraction/event.*

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliance kitchens and technically compatible theater style media rooms.

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# Cookin' with Jenny

*Timely and Useful  
After Easter Recipes*

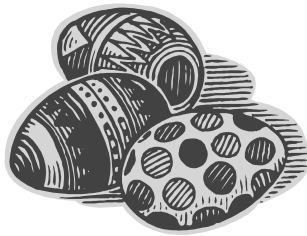
Too Many Left Over Easter Eggs? Well, we have eggzactly the recipes you need! (So sorry about that silly pun, I just couldn't help myself)

## Egg Salad

This may be one of the easiest dishes this side of making tea.

### Ingredients:

- 8 eggs
- 1/2 cup mayonnaise
- 1 teaspoon prepared mustard
- 1/4 teaspoon paprika
- 1/4 Teaspoon dill
- Splash of pickle juice



### Preparation:

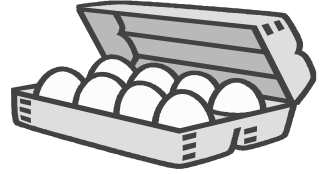
If the kids ate all those colored eggs and you are starting from scratch, place eggs in a saucepan and cover with cold water. Bring water to a boil and immediately remove from heat. Cover and let eggs stand in hot water for 15 minutes. Remove from hot water, and plunge the eggs into icy water to cool. After peeling (It's easier under a stream of cold water), coarsely chop entire egg, white and yolk.. Place the chopped eggs in a bowl, and stir in the mayonnaise, mustard, pickle juice, and dill. Season with salt, pepper and paprika. Stir and serve on your favorite bread or crackers. Dense bread such as sour-dough, rye and pumpernickel don't get soggy and allow you to really pile on the salad.

## Deviled Eggs

Almost as easy as egg salad, these are great side dishes and are perfect 'traveling' food custom made for picnicking.

### Ingredients:

- 6 large eggs
- 2 tablespoons mayonnaise
- 1 1/2 tablespoons sweet pickle relish
- 1 teaspoon prepared mustard
- 1/8 teaspoon salt
- 1/4 Tsp Dill
- Lil' Splash of dill pickle juice
- Dash hot sauce
- Dash of pepper
- Garnish: paprika & slice of stuffed olive



### Preparation:

Place eggs in a single layer in a saucepan; add water to depth of 3 inches. Bring to a boil; cover, remove from heat, and let stand 15 minutes. Drain immediately and fill the saucepan with cold water and ice. Tap each egg firmly on the counter until cracks form all over the shell. Peel under cold running water. Slice eggs in half lengthwise, and carefully remove yolks. Mash yolks with mayonnaise. Add relish, mustard, salt, pepper, splash of pickle juice, dash of hot sauce; stir well. Spoon yolk mixture into egg whites. Garnish, if desired.

While you're enjoying your time in the Gorge, you may wish to ad a huge adrenalin rush to that great new experience so...

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## Finally April

Jenny Ison



Glory Hallelujah! It's finally *APRIL!* Spring is here for sure. There's no denying it, I love *SPRING!* All the newness. All the freshness.

The colors of spring are delicate and subtle. Pale yellows and faint pinks. So many soft shades of blue and the fresh, clean verdure of new grass.

As far as I'm concerned, April is the beginning of my New Year. Time to plan for more exploring in the Red River Gorge. There's no prettier place on God's Earth than the Gorge in April.

An acquaintance of mine thinks May is the perfect month, (see our next issue) but I am certain there is no month to compare with April. I think it even has the prettiest name of all the months.

The birds love April so much they sing about it all day and into the night. Just step outside and listen.

The wildflowers definitely love it and hurry to flash their pastel colors before the leaves on the buckeyes and hickories begin to block the new sun.

Just take a stroll anywhere in the Gorge. Even stepping outside your cabin or room here at Cliffview will fill your senses with April's bounty of pleasing sights and sounds.

April is the month all of us have been waiting for since last November.

Oh, sure, March is the month when Spring officially starts, but March is so unpredictable. And it's also true that May is when things really get rolling. Birds with young, cherry blossoms and regular 70's for temperatures, but April is still special.

April is when you know Spring is here and it's not going to disappoint you with a freezing night or two.

April may get its name from the Latin verb *aperire*, meaning to open.

Maybe April is from the Roman derivation of Aphrodite, *Aprilis*. Aphrodite was the Greek goddess of love and beauty. I feel either or both origins is/are appropriate. As in 'opening the beauty' of Spring! Like I said, April opens the year for me, it is beautiful and, of all the months, I love it the most.

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### Local Outdoors Events In April



#### Natural Bridge Survival Weekend Apr 7 - 9, 2017

Natural Bridge State Resort Park, 2135 Natural Bridge Rd, Slade, KY 40376, USA (606) 663-2214

This 3 day, two night course will cover the basics of wilderness survival. Topics covered will include emergency shelter building, wild edibles, fire building, navigation, and more!

#### Tremendous Trees

Sat., April 8th - 11 a.m. to 4 p.m.

Celebrate Arbor Day while enjoying tree themed games and activities! Help us plant trees to improve the Gladie Creek watershed. (606) 663-8100

Participants will receive a seedling to plant at home!

#### Herpetology Olympics

Sat., April 22nd - 11 a.m. to 4 p.m. (606) 663-8100

Test your physical abilities against the adaptations of Red River Gorge reptiles and amphibians! This event is free and complements Herpetology Weekend at Natural Bridge State Resort Park.

#### Wonders of Wildflowers

Sat., April 29th - 11 a.m. to 4 p.m. (606) 663-8100

Celebrate wildflower season by helping decorate a quilt with iron-on wildflower artwork. Visitors are also encouraged to bring their own light colored clothing to decorate!

This event is free and complements Wildflower Weekend held at Natural Bridge State Resort Park.

\*Fee for events at Natural Bridge SRP unless specified 'free'.

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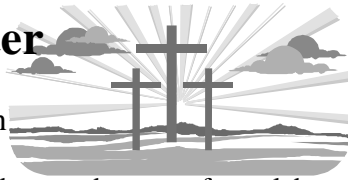
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# Celebrating Easter

Jerry Ison



April is filled with special days and causes for celebration. Religious as well as secular occasions abound. There's Arbor Day, Earth Day, Confederate Memorial Day, Pan American Day, and Patriot's Day. Oh yes, and April Fool's Day. Week long events include Week of the Young Child, Canada - U.S. Goodwill Week, Keep America Beautiful Week, even National Publicity Week.

This year, the most important Holy day in the Christian year, Easter, is celebrated in April. Easter culminates the celebration and observance of Easter or Holy Week. In the days preceding Easter, many Christian communities dedicate various days to observance and religious services. Palm Sunday begins Holy Week.

Palm Sunday is celebrated the Sunday preceding Easter to celebrate Jesus' triumphant return to Jerusalem. This day probably developed from the Christian Passover, or Pascha celebrating Jesus' crucifixion and His Resurrection.

Originally, Pascha was observed on Sunday with a preparatory two day fast on the preceding Friday and Saturday. This two-day fast was extended to six days which are associated with Jesus' last days before the Resurrection.

Monday and Tuesday of Holy Week are not major feast days. Monday of Holy Week is generally thought to be the day Jesus drove the moneychangers from the Temple. Jesus spent the rest of the Monday before the Passion preaching and healing. Tuesday is said to be the day the Pharisees tried to trap Jesus into making a blasphemous statement. On that same day He discoursed with the Disciples on the Mount of Olives.

Wednesday is widely known as "Spy Wednesday", when Judas Iscariot agreed to show the place where Jesus could be captured.

Thursday of Holy Week, known as Maundy Thursday, is when it is believed the Last Supper, the Agony in the Garden and Jesus' arrest took place. The Maundy Thursday gift giving arose from the biblical account of Jesus washing the Disciples' feet at the Last Supper.

Tenebrae, a Roman Catholic and Anglican Church service held on Maundy Thursday, is the extinguishing of the altar candles. This symbolizes the temporary victory of the forces of darkness. The altars are stripped and washed on this day. The altars are left bare until Holy Saturday. Because of this practice, Maundy Thursday is also known as Shere, Sheer or Chare Thursday from the Old English for clean.

The rite of Holy Eucharist or Communion is commemorated on Holy Thursday so the liturgy of the day is devoted to that sacrament. The Lord's Supper is widely celebrated on this day by Protestant denominations.

No one has yet decided where the name "Good Friday" came from. Some feel that "good" is a corruption of "God's" or "God's Friday". Others believe that "good" is correct and refers to the good derived from the gift of salvation from sin that was bestowed on men by Christ's sacrifice.

Other names for this day are the Festival of the Crucifixion and the Day of Salvation. It was called Long Friday by the Anglo-Saxons. In Greece it's Holy or Great Friday. Holy Friday is the name used in France, Spain and Italy.



Why is Easter celebrated on different days, even different months some years?

Well, it's complicated. Way back in 325 AD at the First Council of Nicaea the rules were set:

1. Easter falls on the first Sunday following the first ecclesiastical or Paschal full moon that occurs on or after the day of the vernal equinox.
2. The vernal equinox is fixed as March 21.
3. The Paschal moon this year is on April 10.
4. Resulting in that Easter can never occur before March 22 or later than April 25. This year it is April 16.



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