

Cliff View Notes

Cliffview Resort

Owners and Operators of Cliffview Lodge,
Cliffview Retreat And Cliffview Lakeside

www.CliffviewResort.com

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*Your Vacation Respite in the
Heart of the Bluegrass State*

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Vol 6 No. 7 Cliffview Resort - Winner of TripAdvisor's Certificate of Excellence Three Years In A Row September 2016

Cliffview Resort and Red River Gorge Zipline Receive 2016 TripAdvisor Certificate of Excellence

The Red River Gorge area's top-rated hotel and #1 attraction have both been awarded the TripAdvisor Certificate of Excellence again this year. This marks the third consecutive year for Cliffview Resort and the fourth for Red River Gorge Zipline.

Now in its sixth year, the Certificate of Excellence celebrates hospitality businesses that have earned great traveler reviews on TripAdvisor over the past year.

"This award shows our dedication to the guest experience," says Amy Sellin, Executive Director of Cliffview Resort and Red River Gorge Zipline. "From the moment guests arrive, they are greeted with a smile and treated to the best Eastern Kentucky has to offer. We are truly grateful for the opportunity to introduce new people to this breathtakingly beautiful place and keep them coming back."

Visitors to the Cliffview Resort consistently comment on the lovely accommodations and friendly staff. Red River Gorge Zipline offers unparalleled views often described as "amazing" and "awesome."

The Certificate of Excellence accounts for the quality, quantity and recency of reviews submitted by travelers on TripAdvisor over a 12-month period. To qualify, a business must maintain an overall TripAdvisor bubble rating of at least four out of five, have a minimum number of reviews and must have been listed on TripAdvisor for at least 12 months.

With stunning natural views of the Red River Gorge, the Cliffview Resort offers luxury accommodations for groups of 2 to 200. The onsite banquet hall can host weddings, corporate retreats or family gatherings. For those with an adventurous spirit, the nearby Red River Gorge Zipline offers professionally-guided tours high above the Gorge.

The Beattyville - Lee County 2016 Woolly Worm Festival

Plan a visit to Beattyville/Lee County October 21st through 23rd to participate in the 2016 Woolly Worm Festival. For more information contact the Woolly Worm Festival Committee at (606) 464-2888.

Follow our social media for festival updates.

Woolly Worm Festival Pageants will be held in the Sedley Steward Auditorium at Beattyville High School.

Princess Pageant : Friday October 7th at 7 pm

Queen Pageant: Saturday October 8th at 7 pm

Woolly Worm Festival Car Show - Sunday October 22nd 9 am-3 pm

Located behind the Beattyville Elementary School

Hoe Down At Natural Bridge

There are many family events and festivals folks can enjoy year-round in the Bluegrass State, but during the Summer they happen almost daily!

Here's an on-going summer event only a ten minute drive from Cliffview Resort north on KY 11 towards the Parkway.

Natural Bridge State Resort Park - Slade KY Rte 11

The famous Natural Bridge Hoedowns have been a popular tradition at Natural Bridge for over 45 years! Natural Bridge State Resort Park and square dance caller, Jane Bolin, invite you on Saturdays from now through October to Hoedown Island for some easy to learn Appalachian square dancing, line dancing, two-stepping, polkas, waltzes and other couples and individual dances. The warm-up dance starts at 6:30 pm and the regular dance program begins at 7:30 pm. Admission is \$3.00/person (ages 12 & under are free). As an outdoor event, there is the possibility of cancellation if inclement weather is forecast or occurs.

Happy Birthday and Congratulations

Jim Bookstaff, Cliffview Resort owner took his first breath a few years ago on September 26.

Jenny and Jerry Ison celebrate their anniversary on September 17th. This year is their sixth.

Cliff View Notes

Is the official newsletter of
Cliffview Resort,
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.



Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge is available for groups, weddings and retreats.

Also available is the 8,000 sq foot Assembly Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

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www.redrivergorgecabinrentals.com

Thrillville 844.CLIMBHI (844.254.6244) Thrillville.org

Ian Teal 513.284.2332 Sandy Teal 859.409.0024

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jenny@jerryison.com



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Things To Do In The Red River Gorge Area



News From The Desk of Dedra Brandenburg, Director,
Beattyville/Lee County Tourism and Economic Development

We are having a record breaking Tourist Season!

People are discovering the beauty and activities to be found here in the **Heart of the Kentucky River**.
Once visited, it calls them back – and they return again and again!

There is a new horseback riding adventure in Lee County located off Hwy 52 West near the Beartrack area
called **Whisper Valley Trails**.

They have received excellent responses from visitors so far and are located only a minute away from the **Rock Climber's Property**. Here is a link to their website and Facebook page. <http://www.whispervalleytrails.com>,
<https://www.facebook.com/whispervalleytrails/?fref=ts>.

We have an excellent shop in downtown Beattyville called the **Art Factory** that creates gourmet chocolates,
pastries, coffee, smoothies. They sell locally crafted items such as soaps, painted gourds, and candles. They
also have a display of local artwork and photographs for sale.

Another venue on site is **Dark Horse Tattoos**, by artist Jerod Griffith. He does great work so anyone who
wants a tattoo to commemorate their visit to the Red River Gorge will be proud of their new ink.

The links to their pages are: <https://www.facebook.com/TheArtFactoryBeattyville/?fref=ts> , <https://www.yelp.com/biz/the-art-factory-beattyville>.

If that wasn't enough exciting good news, there are also two new shopping areas in Beattyville. Follow the
link to the blog post about the new shops: <http://www.heartofthekentuckyriver.com/blog> . If you haven't already,
please subscribe to the blog and receive updates via email on happenings in Lee County.

The three tourism commissions (Lee, Wolfe, Powell) shared the printing cost of the newest edition of the **Red River Gorge Guide** which is a great multipage catalogue and is available at locations throughout the area.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding**
is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from
catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Activity
Center** seats up to 250 and has a fully equipped commercial grade kitchen.

Our newest accommodations, the **Retreat** and **Lakeside** will sleep up to 50 and both have double
appliance kitchens and technically compatible media rooms with theater seating.

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Cooking' with Jenny

FOOTBALL FINGER FOOD



Are you ready for some ...

Red River Spicy Chicken Dip

Ingredients:

2 (10 ounce) Cans chunk chicken, drained This is the easy way, but you can use home cooked chicken instead.

2 (8 ounce) Packages Cream Cheese, softened
1 cup Ranch dressing (or Bleu Cheese which I prefer)

3/4 cup Hot Sauce, such as *Buck Thorn's Deep N Dixie Firewater* or *Texas Pete Hot Sauce*

1 1/2 Cups Shredded Cheddar Cheese

Preparation:

Heat chicken and hot sauce in a skillet over medium heat, until heated through. Stir in cream cheese and ranch dressing. Cook, stirring until well blended and warm. Mix in half of the shredded cheese, and transfer the mixture to a slow cooker. Sprinkle the remaining cheese over the top, cover, and cook on low setting until hot and bubbly.

Serve with:

1 bunch celery, cleaned and cut into 4 inch pieces.

1 (8 ounce) box chicken-flavored crackers.

1 big ole bag of tortilla chips.

Lots of ice cold drinks.

Buck Thorn's Fried Oysters with Horseradish Mayonnaise

Ingredients:

2 Dozen oysters

3 Eggs

4 oz. Beer

3 Tbs. Your Favorite Spicy Mustard

10 oz. McCormick's Fish Fri® Mix

1 Cup Corn Meal

3 Tbs. Zatarain's Crab Boil seasoning

Vegetable Oil for fryer

Preparation:

Mix eggs, beer and mustard. Add oysters refrigerate for at least 1 hour.

Mix fish fry, corn meal and crab boil seasoning.

Dredge oysters in mix.

Fry for 2 minutes at 350 in deep fryer. Serve with horseradish mayonnaise

Horseradish Mayonnaise

4 Tbs. Horseradish

2 Cups Mayonnaise

**Use real full flavor mayo like Hellman's

2 Tbs. of that spicy mustard

1 tsp. Basil

Mix well and serve immediately.

Make tooth picks available to spear oysters for dipping in mayonnaise.

For a large group, this recipe can be doubled, tripled.

While you're enjoying your time in the Gorge, you may wish to ad a huge adrenalin rush to that great new experience so...

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Kentucky Facts and Trivia



History

- ◆ Kentucky was a popular hunting ground for the Shawnee and Cherokee Indian nations prior to being settled by white settlers.
- ◆ In 1774 Harrodstown (now Harrodsburg) was established as the first permanent settlement in the Kentucky region. It was named after James Harrod who led a team of area surveyors.
- ◆ Kentucky is the state where both Abraham Lincoln, President of the Union, and Jefferson Davis, President of the Confederacy, were born. They were born less than one hundred miles and one year apart.
- ◆ Kentucky was the 15th state to join the Union and the first on the western frontier.
- ◆ In the War of 1812 more than half of all Americans killed in action were Kentuckians.
- ◆ Audubon began painting his bird illustrations in the early 1800's while living in Henderson.

Kentucky Firsts

- ◆ Thomas Edison introduced his incandescent light bulb to crowds at the Southern Exposition held in Louisville in 1883.
- ◆ Cheeseburgers were first served in 1934 at Kaolin's restaurant in Louisville.
- ◆ The first Colonel Sanders Kentucky Fried Chicken restaurant is located in Corbin.
- ◆ The first town in the United States to be named for the first president was Washington, Ky. It was named in 1780.
- ◆ The first American performance of a Beethoven symphony was in Lexington in 1817.

Trivia

- ◆ Christian County is wet while Bourbon County is dry. Barren County has the most fertile land in the state.
- ◆ The world's largest fireworks display, Thunder Over Louisville is the opening ceremony for the Kentucky Derby Festival.
- ◆ Mammoth Cave is the world's longest cave and was first promoted in 1816, making it the second oldest tourist attraction in the United States. Niagara Falls, New York is first.
- ◆ Begun in 1819 the first commercial oil well was on the Cumberland River in McCreary County.
- ◆ More than 100 native Kentuckians have been elected governors of other states.
- ◆ In 1888, "Honest Dick" Tate the state treasurer embezzled \$247,000 and fled the state.
- ◆ The song "Happy Birthday to You" was the creation of two Louisville sisters in 1893.
- ◆ Teacher Mary S. Wilson held the first observance of Mother's Day in Henderson in 1887. It was made a national holiday in 1916.
- ◆ The great Man o' War won all of his horse races except one which he lost to a horse named Upset.
- ◆ Pikeville annually leads the nation in per capita consumption of Pepsi-Cola.
- ◆ More than \$6 billion worth of gold is held in the underground vaults of Fort Knox. This is the largest amount of gold stored anywhere in the world.





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Safe Hiking in Cliffview and State and Federal Forests of the Red River Gorge Geological Area

*** First and foremost, the Boy Scouts are right,
Be Prepared!**

- * The Mountains are known for unpredictable weather. Check the weather forecast for the area.
- * Plan your hike--know about the area and how to get there. Get detailed maps.
- * Take enough food, clothing, and equipment to keep you comfortable for at least another day and night longer than planned in case of emergency.
- * Notify others of where you will be, and when you plan to be home, in case someone needs to contact you. When hiking, notify someone when, where, and your expected return time and which accommodation you have. Let them know when you return.
- * If you are a beginner, contact local outfitters or camping and hiking locations for a general check list of needed equipment. It's a very good idea to have a comprehensive Red Cross approved First Aid kit and manual.

- * Take a cell phone with a fully charged battery. Make certain there is service in the area you will be then turn it off until you need to place a call.
- * Download a GPS app so friends and family can track your progress and always know exactly where you are. In areas with no service, inexpensive walkie-talkies are a reasonable alternative .
- * Always bring waterproof matches or a couple of Bic lighters.
- * A loud whistle is another good idea. It can be used to attract attention and may convince an unwelcome animal to leave the area.
- * If hiking in an area bears are known to habituate, make some noise while hiking. Sing, clap your hands, talk, whatever. Bears don't like to be surprised and if they know you're approaching, they'll go the other way.
- * Remember, you're a guest, be courteous and appreciative.

If you carry it in, please carry it out!

- * Take only pictures; leave only footprints and leave those only on designated trails and areas. Remember, when you're enjoying any federal area, guidelines forbid the taking of even a pebble from national parks.
- * Never, ever cut a live tree for firewood or any other reason.
- * Be respectful of your state and national forests ; keep the trees and shrubs alive and growing.



- * If hiking with Fido, keep him on a leash no longer than 6 feet.

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