

Cliff View Notes

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Vol 5 No. 9

News & Notes For Owners, Employees, Friends & Guests

November 2015

The FIG – 12 Hour Race

One of **The Unbridled Adventure Races**, The FIG is the longest running Adventure Race in KY and was started in 2003. Named after Don Fig, who was the originator and leader of the Red River Gorge Search and Rescue Team. Don is also the author of several books about the Gorge, Gorge rescue and life in the area.

"Fig is a legend thanks in no small part to nearly 1700 successful search and rescue missions in his 43 years of service" [with the Forest Service].

The FIG is a classic. Expect the same out of the course, with some great highlights of the spectacular Red River Gorge! The deadline to register for the FIG has passed.

For more details and schedule:
www.361adventures.com
or call: 513.375.2718

November Birthdays

Maybe we should call

November

"Guides Birthday Month"

Zane Paff - Guide 4th

Bayer Watson - Guide 13th

Justin Mathis - Guide 21st

Josh Gevedon - Guide 21st

Andrew Shelton - Guide 24th

And

Office Supervisor, Amanda Mills
celebrates on the 11th

Christmas at Cliffview

*Once again it's almost time for our
Family Fun Filled Frolic!*

This year we'll hold our fourth annual Christmas at Cliffview and it's bound to be the best yet! As with each year, we plan to have lots of good food, good friends and good times! Please bring your friends, family, co-workers, anyone you know that will enjoy a great time, out to party with us on Saturday, December 12, 2015 at the Activity Center in Cliffview Resort. Festivities will begin at 2 pm and food will be served around 4 pm. You and your children are invited to attend this happy event. We try to make this event as special for the children of Lee and Wolfe Counties as possible; what better way to have a great time than to celebrate with friends and neighbors!

Bring your appetite as we are gonna have a super scrumptious meal. Glazed ham, sweet potatoes, green beans, garden fresh corn, cranberry relish, and rolls for sure. Of course there will be lots of wonderful treats such as cookies, cakes, pies, breads and other decadent desserts to enjoy. We will have a craft section set up to make ornaments to take home. There will be face painting, a photo booth (bring your camera) and lots more fun things for kids to do. And Santa will be there! We have some great plans to make this year's party a time to remember by all.

Fantastic Experience! First Time Ziplining!

Online review by Debra Kubica



Becky

Photo by Zipline guide Eric Cox

Rating: 5 (5/5 stars)

"She loved every minute of our Red River Gorge Ziplining Tour!"

"Aaron, Chase and Eric were the perfect crew for our group of five - professional, friendly, patient and fun! We thoroughly enjoyed our afternoon -- in spite of a bit of apprehension as we climbed that first set of stairs. Our adult daughter Becky (Age 26 - Down Syndrome) was quickly whooping with excitement as Aaron let her take her time before making that first leap. Another accomplishment for our wonderful daughter -- with a little help from our tour guides! Many thanks for the personal attention of Aaron, Chase and Eric. We will (and already have) recommend your zip line tours and our favorite crew to friends from our Chicago suburban area heading to Kentucky this coming weekend to visit their son in college. Hope to see Kentucky -and- zip line tours again soon!"

-- Debra Kubica

Cliff View Notes

Is the official newsletter of
Cliffview Resort,
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.



Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge is available for groups, weddings and retreats.

Also available is the 8,000 sq foot Assembly Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Ian Teal 513.284.2332 Sandy Teal 859.409.0024

Cliff Notes Jenny or Jerry Ison 865.674.6740

The Gorge Café in Cliffview Resort 606.668.3349

Email stories, ideas, suggestions, news to: jenny@jerryison.com



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Things To Do In The Red River Gorge Area



- **Breakfast, Lunch & Dinners** Available Mon– Sat
Daily specials. **Whisman's Hitching Post** 606-668-3580.
- **Pizza, Salads, Subs, Spaghetti, Lasagna.** *Delivery to Cliffview available.* **HillTop Pizza**
606.464.9990 2034 Hwy 11N Beattyville. Approx 20 minutes south.
- **Daniel Boone Coffee Shoppe & Deli.** Gourmet coffees and groceries 606-663-2549
KY Rt. 11 near Slade Exit 33 15 minute drive.
- **Thrillville Aerial Adventure Park** 1/2 Mile south of Exit 33 on KY Rt 11, Slade, KY
For more info click onto Thrillville.org or call 844.CLIMBHI (844.354.6244) 15 minute drive
- **Natural Bridge State Park, Lodge & Sky Lift:** www.parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** www.fs.fed.us/r8/boone/
- **Cave Run Lake** boat rentals, swimming beach: (606) 784-9666. 1 hour to Cave Run Lake.
- **Wild Things of Kentucky Reptile Zoo & Gem Mining** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Gift Shops: Daniel Boone Trading Post** 606-663-2549; **Ye Ole Country Peddler** 606-663-2683.
All on KY Rt 11, 15 minute drive.
- **Kayaking and Canoeing:** www.redriveradventure.net 606-663-1012
- **Rock climbing, rappelling, camping:** 606-369-051 **Ash Cave Rappelling** 10 minutes.
- In-house **Massage & Manicure** available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide:** <http://kytourism.com/> www.tourseky.com
- **Via Ferrata Rock Climbing Park:** Great for beginners, must be 10 yrs old. 606-668-6441
torrentfalls.com 5 Minutes.
- **Hiking Trail Guide** and Descriptions. Great for beginners. www.redrivergorge.org.
- **Drive In Theater Stanton, KY.** Open April-September. 606-663-9988, 30 minute drive.
- **Peddler's Mall** Open Year Round. Stanton and Winchester. Gifts, Arts & Crafts, Antiques, Flea
Market. Stanton is a 25 minute drive; Winchester is an hour's drive.
- **Beech Fork Golf Club** in Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course** in Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course.** Off Rt. 52 in Beattyville, KY 606.356.4199 30 minutes

Drive times are from Cliffview Resort to the listed attraction/event.



If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** which will sleep 64 and the 7000 square foot **Activity Center** for groups up to 250, and the **Retreat** will sleep up to 50 with double appliance kitchen and technically compatible media room. We will be opening another **12 bedroom lodge, Lakeside**, this June, increasing the number of accommodations.

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Closed Sunday



Cookin' with Jenny

Thanksgiving

Dinner

Side Dishes

We realize that baking the turkey or ham is the most important Thanksgiving Dinner task. We also realize that most cooks know how and too many cooking articles this time of year belabor the methods. So, we are going to offer some recipes for tasty side dishes that not only will complete this special dinner experience including a casserole that could stand alone as an entrée.

Perfect Mashed Potatoes

Ingredients:

- 3 Pounds Yukon Gold Potatoes
- 4 Ounces Cream Cheese
- 1/3 Cup Butter
- 1/3 Cup Half and Half
- 2 Teaspoons salt divided equally
- 3/4 to 1 Teaspoon course ground Black Pepper

Preparation:

Peel potatoes and cut into one inch pieces. (you can leave the peels on if desired, but wash and scrub thoroughly)
 Pour enough cold water into a medium size Dutch oven to cover, over medium high heat Add one teaspoon salt and bring to boil. Reduce heat and cook until fork-tender.
 Drain then continue to cook until potatoes appear dry. Move them to one side. Add butter and the rest of the ingredients to the opposite side and cook until butter melts and mixture boils.
 Remove from heat, beat until at desired smoothness and serve immediately.
 Great smothered with our next recipe - Giblet & Egg Gravy!

Giblet & Egg Gravy

Ingredients:

Finely chopped neck and giblets from that turkey in the oven. You could substitute 1/4 cup each chicken livers and gizzards.

- 1 Large Hard Boiled Egg peeled (of course!) and sliced
- 3 Cups Chicken Broth
- 3 Tablespoons All-purpose Flour
- 3 Tablespoons Butter
- 3 Tablespoons Dry Sherry
- 3/4 Teaspoon Salt
- 1/2 Teaspoon Black Pepper

Preparation:

Over medium heat, melt butter in a small sauce pan. Add flour and cook while constantly stirring for two minutes. Stir in the broth, followed by the rest of ingredients. Reduce heat and simmer until meat is cooked and the gravy thickened.
 Stir in the sherry and egg slices just before serving.

Sweet Potato Casserole with Pecans & Marshmallows

Ingredients:

- 4 1/2 lbs sweet potatoes
- 1 -1/4 cups crushed cornflakes
- 1 cup sugar
- 1/4 cup chopped pecans
- 1/2 cup softened butter
- 1 Tblsp. butter, melted
- 1/4 cup milk
- 1 Tblsp brown sugar
- 2 large eggs
- 1 -1/2 cups mini marshmallows
- 1 teaspoon vanilla extract
- 1/4 teaspoon salt

Preparation:

Bake sweet potatoes at 400 degrees for about 1 hour or until tender. Let cool; peel and mash sweet potatoes. Beat mashed sweet potatoes, sugar, and next 5 ingredients at medium speed with an electric mixer until smooth. Spoon potato mixture into a greased 11x7 baking dish. Combine cornflakes and next 3 ingredients. Sprinkle diagonally over casserole in rows 2 inches apart. Bake at 350 degrees for 30 minutes. Remove from oven; let stand 10 minutes. Sprinkle alternate rows with marshmallows; bake 10 additional minutes. Let stand 10 minutes before serving.



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<https://squareup.com/market/thegorgecafe>

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Turkey Trot?

by Jerry Ison

Anyone who has ever chased after the long beards knows what suspicious and wary animals these birds are. And I'm here to tell you about the most clever and elusive tom this old boy has ever gone after.

I heard the story a few years ago when I first moved into the mountains and rolling hill country of East Tennessee.

There was the story going 'round about a remarkable old tom that had been spotted rarely but with enough frequency to be taken seriously. Sure there are as many stories about huge, old and wise birds eluding hunters as there are turkey hunters. Especially among *unsuccessful* turkey hunters.

"He was at least 35 pounds!"

"He had a two foot beard!"

"That tom's tail spread was eight feet if it was an inch!"

And so on and so on. Heck, some might say that even I had contributed to the growing legend surround the Tomster, as he was known. Okay, maybe, just maybe, I had so named him.

One truly remarkable thing about the Tomster was his supposed travels. In a couple of years, hunters had spotted this guy from the banks of the Mississippi to the Virginia border. From Ohio to Alabama. An area of thousands of square miles. If true, the Tomster had racked up a bunch of frequent flier miles!

Anyways, to make a long yarn er, story, short, he actually lived in wooded area in Cocke County. In the Camp Creek area to be exact. And I knew where! Okay, I knew *about* where.

The first year I went after him in the fall season. I parked my Jeep and walked into the woods bordering an abandoned farmstead and was immediately rewarded with tracks, feathers and some scratched earth. I sat down against an oak trunk and got out my Quaker Boy. After only a couple scrapes, a very loud and close "Cluck!" sounded behind me. How did I get past him without sending the tom fleeing?

I slowly moved around the tree and scraped again. Another couple of scrapes and a "Gobble, gobble!" Then another "Cluck!" Even closer. But, strangely, behind me. Again!

This went on for several long minutes, maybe an hour. I'd scrape, he'd "Cluck!"

I decided that if he wasn't coming any closer, I'd go to him. Moving with my best sneaking-through-the woods-silently technique, I moved several hundred yards back the way I had come. Every time I would get a response, it would come from behind me. What the heck was going on?

After three hours of this, I gave up and headed back to the Jeep. You know, I have always felt a bit peculiar when it comes to calling a tom. After all, I'm supposed to be this big ol' macho guy and here I am out in the woods acting like a female bird!

As I backtracked my steps, I noticed the tracks of a big tom were right on top of mine! But facing the opposite way. He was taking the opposite direction my footprints lead!

This went on for several years and I got so familiar with his gobble and cluck that it was like running into an old acquaintance in the woods. That is, it went on like that until the 2004 fall season. That was when the Tennessee Wildlife Management Agency first permitted turkey hunting with dogs.

I had spent the entire summer training Earl in this new hunting method. First, I made it very clear to him that even though I was a great hunter and couldn't be outsmarted by an animal with a brain the size of a hickory nut, the Tomster had eluded me through *devious and very unsportsman-like trickery!*

I explained in detail the Tomster's trick of backtracking in my footsteps. That caused Earl's ears to appear to move. Not much more than a slight twitch, but rare movement anyway.

We watched every Animal Channel show about turkeys. I took him to visit a turkey farm just north of Newport. We ate turkey dinners every Thursday at Smitty's Café. When we went fishing we always took along sandwiches made with piles of Hormel Honey Roasted turkey and never missed a ball game without some of those Swanson turkey jiffy meals along with the chips and beer. (Earl prefers Corona. With a lime!)

Why I even bought three different versions of "Turkey in the Straw" and played those songs constantly. Believe you me, by the time the fall season rolled around we were ready!

We hit the woods early and I began scraping the Quaker Boy. Not very long and "Cluck! Cluck! Gobble, gobble, cluck!"

Wow! He's up and anxious today!

The sounds, as usual, came from behind us.

Earl trotted off into the brush and I moved off to an old hollow beech tree to wait. Not fifteen minutes later here comes Earl out of the brush walking backwards! I thought, "What the...?"

Earl looked like he was doing a four-legged imitation of Michael Jackson moon-walking out of the brush. That weird dog continued walking backwards all the way out to where I was hiding and on past me. As he again disappeared into the scrub, lo and behold, the Tomster popped out of the woods!

He was walking right on top of Earl's tracks, just like he had backtracked on me!

Earl had brought the Tomster right to me!!

Next time; the results of that fateful encounter.



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Local Area Attractions & Museums

Natural Bridge State Resort Park

Located only a few miles from Cliffview on KY route 11, the park has almost 2,500 acres of beautiful forests and the Natural Bridge Sandstone Arch that gives the park its name. There are activities and sights to suit every taste. Hiking trails, picnic shelters, mini-golf, meeting facilities, swimming pool, fishing, camping, playground, a nature center, canoe and kayak rentals, folk dancing, the Natural Bridge Skylift and more. Camping from March to November. Some sites even have WiFi. 859-986-3192!



Wolfe County Historical Museum

Main Street in Campton. Museum features artifacts from pioneer homes and farming as well as early fire house items. Open Sun 2 to 4 pm April through November. Free Admission!

Powell County Tourism Commission

Located in the Caboose Visitor Center 30 L&E Railroad Pl, Slade. Box 1028 Stanton, KY 606.663.1161 NaturalBridgeRe-dRiverGorge.com

Red River Historical Museum

4541 Main Street, Clay City. Open Sat and Sun Noon to 5 pm May through October.

Admission is free!

Owsley County Tourism

PO Box 280, Booneville 41314 606.593.5700

Beattyville - Lee County Tourism Commission

Located in the Caboose Visitor Center at 500 Highway 11 Open Mon through Fri 9:30 am - 5:30 pm. Come visit the birthplace of the Kentucky River. Call 606.464.5038 HeartoftheKentuckyRiver.com

Pendergrass-Murray Recreational Preserve

The Red River Gorge Climbing Coalition owns this 750 acres open to the public for world class rock climbers. More than 2,000 established climbs. Visit the Coalition web site: www.rrgcc.org

Thrillsville Aerial Adventure Park

For thrill seekers, adventurers, outdoor enthusiasts! Located just off Bert T. Combs Parkway 1/2 mile south of exit 33 Slade. Call 844 ClimbHi (354.6244) Online at: Thrillsville.org

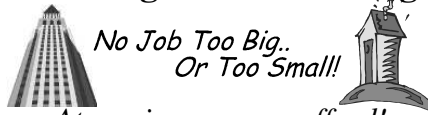


The FIG - 12 Hour Race

For more details and schedule: www.361adventures.com or call: 513.375.2718 Race begins Saturday November 7

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