

Cliff View Notes

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Vol 5 No. 8

News & Notes For Owners, Employees, Friends & Guests

October 2015

Happy News

Lee County Woolly Worm Festival

October 23rd, 24th, 25th, Main Street, Beattyville. Three big days of ongoing live entertainment at two different stages with headliner Kyle Douglas on Friday night.

Other entertainers are: Appalachian Troubadours, Taylor Dye and T.J. Howard on Friday night.

Saturday includes Philip Durbin, Custom Made Bluegrass, Moron Brothers, Clinton Frye and the Eddie Barber Band.

Sunday church services at main stage followed by gospel music with the Hilltop Pickers and New Balance. Pet show on Friday. Car Show Sunday, Parade on Saturday.

Lots of good food, flea market, crafts, games, and the most important - *Woolly Worm Races* all day every day.

For more information call Linda at 606-464-2888.

October Birthdays

The 11th was Executive Director **Amy Sellin's**, World Debut!

The 13th, lo those many years ago, was definitely a "*Thrillville moment*" for **Ian Teal**.

Michelle Vanderpool, one of our terrific housekeeping angels came into the world on the 16th.

Phyllis Tolson is certainly more treat than trick even though she was born on Halloween.

October's Symphony

The leaves are a fallin' and the Gorge is a callin'! We think that if you are lucky enough to be here, you are lucky enough to enjoy one of nature's most spectacular and colorful displays. As many of us born and bred Kentuckians say, "*There ain't nothing in the world purtier than The Red when it gets all gussied up in October!*"

We are fortunate to live here where we can experience four different seasons. The crisp, glittering cold of winter.

The airy pastels of a fresh green spring.

The fullness and deep green of summer.

The glorious display of fall.

For many of us, however, autumn is the season we most appreciate. Cool, comfortable evenings and a more gentle, softer glow from the sun.

Autumn is the canvas for nature's most brilliant brush strokes. The yellows and golds of the buckeye and cottonwoods. The silver, purple and red of the sweet gum. Countless shades of red, running from barely orange sassafras leaves, through the brownish rust of oaks and sycamores, to the brilliant scarlet of sugar maples and dogwoods.

This colorful display is not only for trees, many other plants get in on the act. Some grasses turn beautiful shades of yellow and gold. Poison ivy leaves develop reds so vibrant, they sometimes appear metallic. What causes this marvelous transformation? How are the colors of the different plants and trees determined? Scientists, botanists and biologists have many answers and logical reasons as to why all the colorization takes places. They talk of loss of chlorophyll - the green stuff in plants. There's mention of the yellow agents, carotene and xanthophyll. They bring up the cooler nights and bright sunshine of autumn days as causes for chemical changes which result in color changes. There's usually mention of the red pigments, anthocyanins, formed when natural sugar, glucose, is trapped in a dying leaf.

Oh yes, no scientific discussion of the leaves of autumn would be complete without mention of *abscission*. This is what gives the term "fall" meaning. *Abscission* is the process which causes trees to lose their leaves. Or at least, so say those scientists.

I have a completely different version. In my version, the coloring and eventual dropping of the leaves is a carefully orchestrated performance. Much like the fireworks finale at one of the many area festivals.

It's the Creator's way, and so obviously so, of topping off His magnificent performance the preceding season - summer.

That was a tough act to follow but to me, autumn is the cymbal at the end of summer's crescendo.

J. Ison

Cliff View Notes

Is the official newsletter of
Cliffview Resort,
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.



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HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

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Paul Hamann 513.378.8716 Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Ian Teal 513.284.2332 Sandy Teal 859.409.0024

Cliff Notes Jenny or Jerry Ison 865.674.6740

The Gorge Café in Cliffview Resort 606.668.3349

Email stories, ideas, suggestions, news to: jenny@jerryison.com



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Things To Do In The Red River Gorge Area



- **Breakfast, Lunch & Dinners** Available Mon– Sat
Daily specials. **Whisman's Hitching Post** 606-668-3580.
- **Pizza, Salads, Subs, Spaghetti, Lasagna.** *Delivery to Cliffview available.* **HillTop Pizza**
606.464.9990 2034 Hwy 11N Beattyville. Approx 20 minutes south.
- **Daniel Boone Coffee Shoppe & Deli.** Gourmet coffees and groceries 606-663-2549
KY Rt. 11 near Slade Exit 33 15 minute drive.
- **Thrillville Aerial Adventure Park** 1/2 Mile south of Exit 33 on KY Rt 11, Slade, KY
For more info click onto Thrillville.org or call 844.CLIMBHI (844.354.6244) 15 minute drive
- **Natural Bridge State Park, Lodge & Sky Lift:** www.parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** www.fs.fed.us/r8/boone/
- **Cave Run Lake** boat rentals, swimming beach: (606) 784-9666. 1 hour to Cave Run Lake.
- **Wild Things of Kentucky Reptile Zoo & Gem Mining** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Gift Shops: Daniel Boone Trading Post** 606-663-2549; **Ye Ole Country Peddler** 606-663-2683.
All on KY Rt 11, 15 minute drive.
- **Kayaking and Canoeing:** www.redriveradventure.net 606-663-1012
- **Rock climbing, rappelling, camping:** 606-369-051 **Ash Cave Rappelling** 10 minutes.
- In-house **Massage & Manicure** available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide:** <http://kytourism.com/> www.tourseky.com
- **Via Ferrata Rock Climbing Park:** Great for beginners, must be 10 yrs old. 606-668-6441
torrentfalls.com 5 Minutes.
- **Hiking Trail Guide** and Descriptions. Great for beginners. www.redrivergorge.org.
- **Drive In Theater Stanton, KY.** Open April-September. 606-663-9988, 30 minute drive.
- **Peddler's Mall** Open Year Round. Stanton and Winchester. Gifts, Arts & Crafts, Antiques, Flea
Market. Stanton is a 25 minute drive; Winchester is an hour's drive.
- **Beech Fork Golf Club** in Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course** in Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course.** Off Rt. 52 in Beattyville, KY 606.356.4199 30 minutes

Drive times are from Cliffview Resort to the listed attraction/event.



If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** which will sleep 64 and the 7000 square foot **Activity Center** for groups up to 250, and the **Retreat** will sleep up to 50 with double appliance kitchen and technically compatible media room. We will be opening another **12 bedroom lodge, Lakeside**, this June, increasing the number of accommodations.

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Ingredients

- 2 cups of pumpkin pulp purée from a sugar pumpkin or from canned pumpkin purée (I suppose you could use puréed cooked butternut squash but then, it wouldn't be a pumpkin pie would it?)
- 1- 1/2 cup heavy cream or 1 12 oz. can of evaporated milk
- 1/2 cup packed dark brown sugar
- 1/3 cup white sugar
- 1/2 teaspoon salt
- 2 eggs plus the yolk of a third egg
- 2 teaspoons of cinnamon
- 1 teaspoon ground ginger
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves
- 1/4 teaspoon ground cardamon
- 1/2 teaspoon of lemon zest
- 1 good crust

To make pumpkin purée from scratch, cut a medium-small sugar pumpkin in half. Scrape out the insides (reserving the pumpkins seeds to toast) and discard. Line a baking sheet with foil. Place the pumpkin halves cut side down on the lined baking sheet and bake at 350°F until a fork can easily pierce them, about an hour, hour and a half.

Remove from oven, let cool, scoop out the pulp. Alternatively, you can cut the pumpkin into sections and steam in a saucepan with a couple inches of water at the bottom, until soft (strain before using).

If you want the purée to be extra smooth, press the pulp through a food mill or chinois (fine mesh) strainer. Preheat oven to 425°F.

Beat the eggs in a large bowl. Mix in the sugars, salt, spices, and lemon zest. Mix in the pumpkin purée. Stir in the cream. Beat together until everything is well mixed. Pour the filling into an uncooked pie shell. Bake at a high temperature of 425°F for 15 minutes. Lower the temperature to 350°F. Bake for 45 to 55 minutes more, or until a knife inserted in the center comes out clean. About half-way through the baking, you may want to put foil around the edges or use a pie protector to keep the crust from getting too brown.

Cool the pumpkin pie on a wire rack for 2 hours. The pie will come out of the oven puffed up from the leavening of the eggs, but will deflate as it cools.

Serve with whipped cream.

What goes best with a big slice of pumpkin pie slathered with gobs of whipped cream? What else but...

Hot Mulled Apple Cider

Ingredients (Serves eight)

- 1/2 cup brown sugar
- 1 teaspoon whole allspice
- 1 teaspoon whole cloves
- 1/4 teaspoon salt
- 1 dash nutmeg
- 3 cinnamon sticks (3 inch)
- 2 quarts apple cider
- orange wedge
- 1 whole cloves



Combine brown sugar, allspice, 1 teaspoon cloves, salt, nutmeg, cinnamon and apple cider in large saucepan.

Bring to boiling.

Cover and simmer for 20 minutes.

Strain to remove spices.

Serve in mugs with clove-studded orange wedges.

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<https://squareup.com/market/thegorgecafe>

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The Ghosts of Cherokee Springs Cemetery

by Jerry Ison

The early spring of 1861 held the promise of a new life for 17 year old Elizabeth Cornett. Her parents had finally given in and agreed she could marry the love of her life, 18 year old William "Billy" Allen. The wedding was planned for the third week of October, just after the harvest. Then, in April, all was shattered. The Nation was at war with itself; several Southern states had seceded from the union and fighting had begun.



In Eastern Kentucky, sentiments were to be found for both sides. While most wanted to remain in the Union, there were many who saw the Southern Cause as a just cause. William was one of those who felt his duty lay with the Confederacy. He rode off to join Brazelton's 3rd Kentucky Calvary Battalion. Elizabeth's parents were staunch Unionist and reversed their stance, absolutely forbidding Elizabeth to even talk to that Rebel, William Allen, much less marry him.

As the war progressed, Union forces drove the Confederates out of the area and established a headquarters on the East Fork of the Kentucky River near Beattyville in the summer of 1863. However, there was still a good deal of sentiment for the South in the area; several families provided shelter and aid to the many Confederate spies and scouts who still roamed the hills and gorges near Beattyville and harassed the Union garrisons. One of these infiltrators was William who, on several occasions, secretly met with Elizabeth at the little church known as

Cherokee Springs Church. This church was located a few miles up the river from Beattyville near Athol and just over the hill from Craft's Hollow where Elizabeth's family lived.



It was October 31, 1863, Halloween Night, when on her way to meet with William, Elizabeth was stopped by a Union patrol traveling the road from Beattyville to Jackson.

Elizabeth was quite nervous and even though the Union soldiers had orders not to harass locals, the young lieutenant was suspicious of a pretty young girl alone on the road this late.

The patrol allowed her to continue, but the lieutenant decided to double back and see where she was really going so late at night. Elizabeth, believing the entire patrol had ridden away, rode directly to the church where William was waiting.

Before she could dismount from her horse, the Union officer appeared right behind her in the road. At the same time, William rode out of the trees bordering the little cemetery behind the church. He did not see the soldier, but could see Elizabeth. The lieutenant, spotting William, brought his rifle up to his shoulder and aimed. Elizabeth dug her heels into the horse's side and rode toward William screaming for him to turn and run.

The sound of the rifle echoed off the church and down the valley. Elizabeth now riding in the direct line of fire, was struck through the back. She slumped over the horse's neck as it galloped into the cemetery.

William charged toward Elizabeth and turned to fire at the lieutenant, but the hammer failed to fall. Just as Billy reached Elizabeth, the Union soldier put a ball from his sidearm through William's heart.

He fell against his loved one's lifeless body and they both fell to the earth in deathly embrace.

The lieutenant noticed William had pulled his watch from his pocket and must have been checking the time when the encounter suddenly happened. The fob was tangled in the pistol's trigger guard and had prevented William from firing.

The light from the full moon shone on the watch face and he could see that it was exactly midnight.

The old church is gone now and not much of the little cemetery remains. The road to the church is now little more than a weedy track. If one were daring enough to venture down that road on Halloween, just at midnight, you will hear the pounding of hoof beats racing from the road into the cemetery.

Then, barely audible, comes the anguished cry of a young girl's faint voice,

"Run Billy, run!"

The sound fades as it is carried away on the icy cold breeze blowing across the crumbling tombstones.



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Local Area Attractions & Museums

Natural Bridge State Resort Park

Located only a few miles from Cliffview on KY route 11, the park has almost 2,500 acres of beautiful forests and the Natural Bridge Sandstone Arch that gives the park its name. There are activities and sights to suit every taste. Hiking trails, picnic shelters, mini-golf, meeting facilities, swimming pool, fishing, camping, playground, a nature center, canoe and kayak rentals, folk dancing, the Natural Bridge Skylift and more. Camping from March to November. Some sites even have WiFi. 859-986-3192!



Rocktoberfest

Rockin' out **October 9th, 10th, and 11th** Based at Natural Bridge Campgrounds KY Rte 11 Slade exit 33 off Parkway south. Evening events typically start around 6pm. You're welcome to camp on the grounds Cash is best, credit cards are accepted, checks are scooped at. Proceeds are used to fund the MFRP. Registration at the event is **more expensive..** so do it now ;) For more info, visit our site, rrgcc.org or Rocktoberfest 2015 on Facebook.

Red River Historical Museum

4541 Main Street, Clay City. Open Sat and Sun Noon to 5 pm May through October.

Admission is free!

Wolfe County Historical Museum

Main Street in Campton. Museum features artifacts from pioneer homes and farming as well as early fire house items. Open Sun 2 to 4 pm April through November. Free Admission!

Beattyville - Lee County Tourism Commission

Located in the Caboose Visitor Center at 500 Highway 11 Open Mon through Fri 9:30 am - 5:30 pm. Come visit the birthplace of the Kentucky River. Call 606.464.5038 HeartoftheKentuckyRiver.com

Powell County Tourism Commission

Located in the Caboose Visitor Center 30 L&E Railroad Pl, Slade. Box 1028 Stanton, KY 606.663.1161 NaturalBridgeRedRiverGorge.com

2015 Fall Fair at Indian Fort Theatre

Kentucky Guild of Artists & Craftsmen
Berea, Kentucky – Exit 76 off I-75
October 10-11, 2015

Artists from Kentucky and all over the US will present beautiful works for the public to purchase for gifts, offices or just for you. There will be great food, music for your enjoyment, demonstrations, and children's activities. Hopefully, no rain! We hope you'll make plans today to come and enjoy the Fair!
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Berea, Kentucky 40403 859-986-3192

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