

Cliff View Notes

Cliffview Resort

www.CliffviewResort.com

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Your Vacation Respite in the Heart of the Bluegrass State

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Vol 5 No. 6

News & Notes For Cliffview Owners, Employees, Friends & Guests

August 2015

Happy News

We follow up on every guest's visit with an email thanking them for choosing us. We ask for their opinion and what they enjoyed and if they were less than satisfied with any aspect of their visit. Below is a recent (July) response.

Blake

Thank you so much for sending this email. I wanted to take some time to let you know that we will definitely be back. I want to say, we only stayed 1 night, but next visit will be much longer. We loved the rooms, the lodge atmosphere and best of the scenery.

I believe that we only got to experience 1% of what was available to us.

I do want to take some time to recognize your employee Alan. He made our stay fabulous. I am not sure what words to write about him, but he is an asset to your facility. His kindness and willingness to help on everything was spectacular. He definitely needs to be recognized for what he does for the lodge. If anything, he is the reason we would be coming back.

Thank you again!

Greg

August Birthdays

One of our favorite people, owner of Red River Cabin Rentals, Sandy Teal celebrates her birthday on the 20th.

Also, another favorite person, Suzann Bookstaff celebrates the 14th.

And last and maybe least, Cliff View Notes editor, Jerry Ison was born on the 22 or 23rd!

The Red River Gorge

Now that you are here, a little about the Red River Gorge.

The Gorge history dates back more than four hundred million years to when Africa slammed into North America creating the Appalachian Mountains.

Millions of years later sediment washed down from Pennsylvania and formed the sandstone that is the defining feature of the gorge cliffs. These cliffs are unique and are the reason the Gorge is one of the most highly regarded areas for climbing with 3,000+ clifflines in the Daniel Boone National Forest alone.

Just after the Glacier retreated about 12,000 years ago, people moved into the Gorge. Those people are known to archeologists as the Paleo Indians. At that time, the weather was cooler and the gorge was mostly covered with evergreens. Woolly mammoths, giant bison and mastodons were plentiful and hunted by these early people using only spears tipped with stone points. It is also believed they hunted by stampeding those large beasts over cliffs.

These and later groups of ancient people had the gorge to themselves for about ten thousand years. Around four hundred years ago, they began trading with Europeans and 100 years later the area became the state of Kentucky. Three hundred years after that we arrived, constructed the Resort and later the Zipline and the rest as they say is history!

So, get out there and experience the joy of the Gorge. Take a hike, climb a cliff, Zip through the beautiful forests, catch a fish (but be sure to release it unharmed), grill some burgers, whatever. Don't let this opportunity to appreciate one of Nature's finest examples of her best work pass by.

While you and your family are enjoying this handiwork, remember there will be others to follow and they too would love to experience the Gorge in it's natural and as pristine state as did you. The rule is simple, leave nothing behind except footprints (*And please, leave those only on designated trails*), take nothing but photographs and pleasant memories.

Fire (Prevention) Season Is Upon Us

Fire hazard is determined by the fuel moisture content in an area (the amount of moisture present in the surrounding trees and brush) and by local weather patterns, which include the temperature, the prevailing winds, and the relative humidity.

Check the bulletin boards at recreation areas and trailheads, and at forest service offices and visitor centers for specific information.

Fire Restrictions Rules
When fire restrictions are in effect, you will see "Fires Banned" signs along the road. During this time, remember that campfires are allowed only in designated campgrounds and developed fire pits.

Cliff View Notes

Is the official newsletter of
Cliffview Resort,
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.



Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends. All contents are copyrighted by Jay Eye Communications Box 271 Talbott, TN 37877 Cliffview Notes is distributed free of charge but, please, only one copy per person.

HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs "Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort & Cliffview Retreat 606.668.6222

www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge is available for groups, weddings and retreats.

Also available is the 8,000 sq foot Assembly Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

606.668.6222 www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716

Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Ian Teal 513.284.2332 Sandy Teal 859.409.0024

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jenny@jerryison.com



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Cookin' with Jenny

The World Famous Red Dawg & Sloppy Dawg

Red Dawgs

Split *all-beef* wieners lengthwise. Rub the insides with a mixture of ground sage, paprika and cumin. Throw 'em on a hot grill until the skin is starting to crackle and turn a deep, burnt brown. Toast some buns. (we recommend the same number buns as wieners.) Spread brown mustard on one side of a bun, then lay on a thinly sliced dill pickle. Those lengthwise sandwich slices are best. Mix some Heinz 57 or your favorite BBQ sauce with a few drops of *Buck Thorn's Deep in Dixie Fire Water* or any good hot sauce like Texas Pete, then coat the other side of the bun with this mixture, letting your taste or adventurous spirit determine the amount of sauce. If you wish, top with cold Cole slaw, but that's it. No other toppings allowed! *Never, ever put onions on this hot dog.* The taste of the onion and sauce will combine for a very bitter flavor. Serve with standard dog accessories; potato, bean or macaroni salad or some of each, potato chips and ice cold beverage . The Red Dog will wipe the memory of those sissy mustard, ketchup and relish garnishes completely out of your mind!

Sloppy Dawgs

Throw *all-beef* wieners on a hot grill until the skin is starting to crackle and turn a deep, burnt brown. Place in large sweet, yellow toasted buns. Spoon a heaping pile of your sloppy Joe onto the dog. (*Adding a bit of Heinz 57 sauce to your sloppy Joe mixture thins it a tiny bit. That way it stays on the Dawg better.*) Now layer on as much Cold Cole slaw as you can, but that's it. *No other toppings allowed!! *Never, ever put onion, ketchup, relish, cheese or even ice cream with chocolate sauce on this hot dog.* As with any good hot dog, serve with standard dog accessories; potato, bean or macaroni salad or some of each, potato chips and ice cold drinks *(Note: you may want to trickle on a thin little wiggle of brown mustard before the slaw. Just a tad now.)

Sloppy Joe for Sloppy Dawgs:

Ground Beef
 Tomato Sauce
 Hunt's Ketchup
 Worcestershire sauce
 Cumin
 Cayenne pepper
 Heinz 57 sauce
 Brown sugar or dash of black strap molasses
 This recipe is in generalities since everybody has their own variation. You could just use a prepared commercial sloppy joe base and add the meat. If you do that, we suggest you "power up" the mix with a bit of "jump out at ya flavors" like hot sauce, cumin and cayenne added while browning the beef.
Special Note: To try these delicious babies out, just stop in the Gorge Café right here on the Resort. These are featured menu items for August!!

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the Gorge Cafe
 in Cliffview Resort

For menu & more information:
<https://squareup.com/market/thegorgecafe>

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Nearby Summer Festivals

Nibroc Festival
August 5 - 8, 2015
Downtown - Corbin, KY
 Variety of Musical Genres
 25 Exhibitors
 Travel distance: About 66 miles.



Woodland Art Fair
August 15 - 16, 2015
Woodland Park - Lexington, KY
 Variety of Musical Genres
 200 Exhibitors - Juried - Prize Money: \$8,000
 Travel distance: About 60 miles.

Woodland Church Art Festival
August 15 & 16, 2015
Woodland Church - Lexington, KY
 90 Exhibitors
 Travel distance: About 60 miles.

Welcome to Thrillsville - For thrill seekers, adventurers and outdoor enthusiasts

My name is Kristen Houser and I joined the Thrillsville staff this season. The course, located on Natural Bridge Road, is a place of gratifying adventure, family fun and amazing, 360 degree views. You couldn't ask for a more ideal location that over looks treetops and the Red River!

The guides are essential to the experience of the course. They have a genuine passion for outdoor recreation in the Gorge and are so attentive to each participant. It is nice to have their encouragement when you want advice on which move to make next. I take so much delight in working at Thrillsville because it is my job to assist in bringing people to the course, and I authentically appreciate what Thrillsville represents to the Red River Gorge.

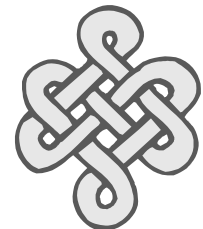
Thrillsville Summer Hours

Wed & Thurs & Sun 10 am - 6 pm (Last tour begins at 4:30)
 Fri & Sat 10 am to 8 pm (Last tour begins at 6:30)

Fleming County Covered Bridge Festival
August 22, 2015
Goddard Covered Bridge - Flemingsburg, KY
 Folk, Country, Blue Grass Music
 Number of Exhibitors: 50 Juried: yes
 Travel distance: About 48.4 miles.

Fryman's Boat Dock Craft Festival
Labor Day Weekend
Fryman's Boat Dock - Paris, KY
 Blue Grass Music
 ?? of Exhibitors
 Travel distance: About 50 miles.

Berea Celtic Festival
August 13 - 16, 2015
Berea Center for the Arts and folk center - Berea, KY
 3 Stages Folk Music
 ?? Exhibitors
 Travel distance: About 48 miles





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Slade, KY

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Thrillsville.org
 Kristen@thrillsville.org

Things To Do In The Red River Gorge Area



- **Breakfast, Lunch & Dinners** Available Mon– Sat
Daily specials. **Whisman's Hitching Post** 606-668-3580.
- **Pizza, Salads, Subs, Spaghetti, Lasagna.** *Delivery to Cliffview available.* **HillTop Pizza**
606.464.9990 2034 Hwy 11N Beattyville. Approx 20 minutes south.
- **Daniel Boone Coffee Shoppe & Deli.** Gourmet coffees and groceries 606-663-2549
KY Rt. 11 near Slade Exit 33 15 minute drive.
- **Thrillville Aerial Adventure Park** 1/2 Mile south of Exit 33 on KY Rt 11, Slade, KY
For more info click onto Thrillville.org or call 844.CLIMBHI (844.354.6244) 15 minute drive
- **Natural Bridge State Park, Lodge & Sky Lift:** www.parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** www.fs.fed.us/r8/boone/
- **Cave Run Lake** boat rentals, swimming beach: (606) 784-9666. 1 hour to Cave Run Lake.
- **Wild Things of Kentucky Reptile Zoo & Gem Mining** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Gift Shops: Daniel Boone Trading Post** 606-663-2549; **Ye Ole Country Peddler** 606-663-2683.
All on KY Rt 11, 15 minute drive.
- **Kayaking and Canoeing:** www.redriveradventure.net 606-663-1012
- **Rock climbing, rappelling, camping:** 606-369-051 **Ash Cave Rappelling** 10 minutes.
- In-house **Massage & Manicure** available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide:** <http://kytourism.com/> www.tourseky.com
- **Via Ferrata Rock Climbing Park:** Great for beginners, must be 10 yrs old. 606-668-6441
torrentfalls.com 5 Minutes.
- **Hiking Trail Guide** and Descriptions. Great for beginners. www.redrivergorge.org.
- **Drive In Theater Stanton, KY.** Open April-September. 606-663-9988, 30 minute drive.
- **Peddler's Mall** Open Year Round. Stanton and Winchester. Gifts, Arts & Crafts, Antiques, Flea
Market. Stanton is a 25 minute drive; Winchester is an hour's drive.
- **Beech Fork Golf Club** in Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course** in Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course.** Off Rt. 52 in Beattyville, KY 606.356.4199 30 minutes

Drive times are from Cliffview Resort to the listed attraction/event.



If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** which will sleep 64 and the 7000 square foot **Activity Center** for groups up to 250, and the **Retreat** will sleep up to 50 with double appliance kitchen and technically compatible media room. We will be opening another **12 bedroom lodge, Lakeside**, this June, increasing the number of accommodations.

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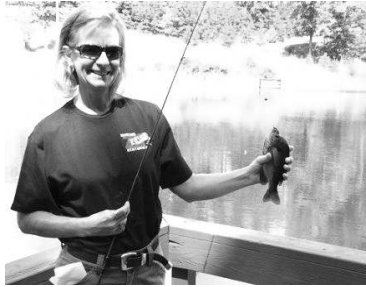
606.668.7566

Hours: Mon - Thurs: 8 am - 10 pm
Fri & Sat: 8 am - Midnight
Closed Sunday

Family Fishing Fun

Warm Weather Fishing
Is Fun Fishing at Cliffview

I've heard lots of "knowledgeable" fishermen repeat the old saw about fish not biting when it's too hot. Or the variation of fish don't bite when the sun is high, or the wind is from the east or you're wearing bright clothes. There are, it seems, endless reasons or excuses as to why the fish don't bite. Those are usually voiced by the angler with the empty stringer.



Now that those lazy, hazy days of August are here, if those were true it would make for a disappointing outing, however, I disagree with them. Oh sure, the fish aren't nearly as eager to chase after food when the water temperature is very high, anything above 80 - 85°, but there still are ways to entice a strike. Here in Cliffview we have 14 well stocked lakes that are literally brimming with bream! Bluegills mostly and a few catfish and lots of bucket mouthed bass. The bluegills are always good for a day's fun with the kids. These little guys (and a few not so small 'gills are in there!) are the perfect fish for the young ones. They are plentiful, eat almost anything and can put up a decent scrap. The blue gill is probably the reason so many of us developed a love of fishing and is what I call a gateway game fish. This is the perfect way to get kids to enjoy the great outdoors. Once they've hooked a scrappy blue gill, they're probably hooked too! What a great outdoor activity for kids. Ooops, I digress. Back to how to get those hot-day strikes in our lakes.

We'll just have to literally scratch the surface.

Yep, surface or topwater fishing is a great way to get the most fun out of warm weather fishing. One effective method is casting a simple cork or plastic spider using a 5 or 6 weight fly rod and a tapered leader.

Fly fishing is, however, an art not really suited for the five to ten year olds so let them use the same lures with an ultralite spinning reel or even a Zebco and monofilament line with a clear casting bobber.

Monofilament line is the obvious choice for surface fishing. This line is a bit 'stretchy' an important quality when using treble hooks. It also floats better allowing better topwater lure action.

Other very effective topwater lures are a black popper, a grasshopper, even some floating flies. In waters that see lots of fishing pressure, a lure such as the slider like a Sneaky Pete work better on those 'once burned, twice shy', bluegills.

Color of the lures is important to some extent. On overcast, lowlight days a popper in chartreuse is a good choice. White with red or black spots works well in most light and water conditions. Yellow and black are also recommended.

A method, that has worked for me for oh so many years is to let the lure just lay on the surface once it hits the water. Blue gill never miss anything landing on the water. That's how many get most of their meals. They are very curious. Let the lure sit for fifteen to twenty seconds then give it a little twitch.

If using the grasshopper and the twitch don't get a strike, retrieve it like a shallow running crankbait just below the surface.

I can't guarantee you'll limit out, but your chances will improve. Besides there's a lot more to fishing than just catching fish! I can't think of a better way to bond with children of all ages than to get 'em hooked - on fishing!

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