

# Cliff View Notes

## Cliffview Resort

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Vol 4 No. 9

News & Notes For Cliffview Owners, Employees, Friends & Visitors

November 2014

### **The Red River Gorge Zipline Tours G3 10 K Challenge**



Our first G3 10K Challenge went off when forty-five ruggedly intrepid people raced through obstacles, completed a marksmanship challenge and Zipped to the finish at Cliffview resort. A portion of the proceeds from the entry fees for the race went to Wishes for Warriors. Wishes for Warriors is one of our favorite charities. It is a 100% non-profit 501(c)(3) organization specializing in bringing hope back into our disabled combat veterans' lives. At the finish line, racers were greeted with beer and BBQ from Cliffview BBQ and Brews. There with a DJ bringing the party atmosphere, everyone celebrated having completed a very challenging endeavor. Ale-8 provided beverages as well and we had a roaring fire to warm up since it was a brisk October morning. All of the racers had a great time and are looking forward to another event anticipated this spring.

### **The Cliffview Christmas Party**

*Christie Foster*

The Cliffview Christmas Party is getting bigger each year. We had about 120-150 people the first year and 160-180 last year. We are getting more and more support from the community each year. We have grown from one county two years ago to serving Lee and Wolfe county last year. It would be nice if we could gain enough support from the communities that Powell County could be included in the years to come. The number of volunteers is amazing, and have come from all businesses in Cliffview; The Zipline, Red River Gorge Cabin Rentals, Scenic Cabin Rentals, as well as various cabin owners, local church members, friends and family of all the above and as I said the list goes on. In this area; those that can, do for those that can not.

We would like for this event to bring something to the area for our children that they normally don't get to experience. Of course we will have a Santa and crafts for the kids, and other fun things to enjoy while sharing a meal with those around us. We are looking into carnival games: such as the balloon burst and the duck pick, different things like that. We would like for our party to grow and become a community wide event that brings fun and excitement not only to Cliffview but to the entire Gorge Area. We would like to invite all local businesses to come party with us for their year-end Christmas party!

The Christmas Party will be Saturday, December 20.

We will be holding several fundraisers in November and early December, all over the county to help with costs. Any donation, including flour, sugar, frozen fresh fruit, plastic wrap, butter, Crisco, nuts, etc is gladly accepted.

We are trying to have several exciting activities for the kids.

I am also asking for volunteers to help setup, organize, cleanup. We are also looking for performers, we have a DJ in between acts. It would be nice to have a puppet show, or a real story teller, something that would be not only a great time but an experience unlike all others.

We plan to begin serving food at 4 pm. Santa will make his appearance around 5 pm. This way everyone can get home early in the event of bad weather.

For more info, to make a donation or volunteer, call 606-668.3272 or email: [christie@redrivergorgecabinrentals.com](mailto:christie@redrivergorgecabinrentals.com).

### **November Birthdays**

While we are all celebrating one of America's most important dates, November 11, Veteran's Day, Reservation Specialist Amanda Mills also celebrates her birthday. Maybe she and fellow Reservation Specialist Kristen Wilson can share a cake since Kristen celebrates her own birthday three days later on the 14th. Our high-flyin' Zipline Guide Josh Gevedon "takes the cake" on the 21st. *Happy Birthday to them!*

# Cliff View Notes

Is the official newsletter of  
Cliffview Resort,  
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.



Cliffview Notes is published monthly for the entertainment of Cliffview Resort Guests, Owners, Visitors, Staff and Friends.

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## HELPFUL WEBSITES & PHONE NUMBERS

### State Facilities

#### **Natural Bridge State Resort Park General Information**

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs  
*"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."*

[www.parks.ky.gov/findparks/resortparks/nb](http://www.parks.ky.gov/findparks/resortparks/nb)

#### **Kentucky State Nature Preserve Commission**

[www.naturepreserves.ky.gov](http://www.naturepreserves.ky.gov)

#### **The Skylift** (606) 663-2922

[www.naturalbridgekyskylift-and-giftshop.com](http://www.naturalbridgekyskylift-and-giftshop.com)

#### **Red River Gorge National Geological Area** (606) 663-8100

[www.fs.fed.us/r8/boone/districts/cumberland/redriver\\_gorge.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml)

#### **Gladie Cultural-Environmental Learning Center** (606) 663-8100

[www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml)

#### **Red River Gorge Trail Crew (Volunteers)** [www.RRGTC.com](http://www.RRGTC.com)

#### **Leave No Trace – Outdoor Ethics** [www.lnt.org](http://www.lnt.org)

#### **Kentucky State Parks - Create your own Experience.**

[www.parks.ky.gov](http://www.parks.ky.gov) Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

### Private Facilities

#### **Cliffview Resort & Cliffview Retreat 606.668.6222**

[www.cliffviewresort.com](http://www.cliffviewresort.com) 455 Cliff View Road, Campton, KY 41031

**The Lodge is available for groups, weddings and retreats.**

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#### **Red River Gorge Zip Lines 855.ZIP.TOUR ( 855.947.8687)**

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#### **Cliffview BBQ & Brews Restaurant 606.668.2121**

**Scenic Cabin Rentals 606.668.6487** [www.sceniccabin.com](http://www.sceniccabin.com)

**Paul Hamann 513.378.8716**

**Nancy Hamann 513.919.7150**

**Red River Gorge Cabin Rentals 606.668.3272**

[www.redrivergorgecabinrentals.com](http://www.redrivergorgecabinrentals.com)

**Ian Teal 513.284.2332 Sandy Teal 859.409.0024**

**Cliff Notes Jenny or Jerry Ison 865.674.6740**

**Email stories, ideas, suggestions, news to: [jenny@jerryison.com](mailto:jenny@jerryison.com)**



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# The Real First Thanksgiving



Pilgrims Landing  
at Plymouth Rock

by Jerry Ison

Everyone knows the story of the Pilgrims and the first Thanksgiving. How they landed at Plymouth Rock after a grueling forty day voyage aboard the Mayflower

and then endured a long and bitter winter. What many don't know is that the Pilgrims did not originally intend to land at Plymouth Rock. They had planned to land south of the Hudson River, but they missed a bit. And, they were running out of essentials and beer. That's right - beer!

An entry from the actual Mayflower log states: *"For we could not now take time for further search our victuals being pretty much spent especially our beer."*

That first Thanksgiving celebrated by the Pilgrims wasn't the first such celebration in the New World. Settlers in Canada and in the colony of Virginia had already celebrated their Thanksgivings many years earlier. The Plymouth Colony celebration was also a reflection of the English harvest festivals. After the rough time the Pilgrims had endured the previous year, it seemed that truly Salvation had been generous. The Indians had taught them how to grow corn and their cribs were full. They had bountiful crops of other vegetables, plenty of game from nearby forests and fish from the streams. They had gathered berries which they made into sweet wines and, importantly, they were at peace with the local Indians for which they were justifiably thankful.

Governor William Bradford set aside a day for prayer and feasting. Chief Massasoit and eighty or ninety Indians were guests, invited to share the bounty out in the open air. There were games and contests, races, songs, sermons and many prayers of thanks. Captain Miles Standish paraded his "garrison" to impress all in attendance (or was it to impress Pricilla?). It is not clear exactly what day was chosen. Some sources cite December 13 others say it was in late October.

George Washington declared January 19 as the first official day for Thanksgiving and for many years there was no clear consensus as to when the day should be celebrated. For many years, Sara Josepha Hale (author of the song, "Mary Had A Little Lamb") tried to get an official day designated as Thanksgiving Day. Finally, in 1863, President Lincoln proclaimed the last Thursday of November be a "day of thanksgiving". President Roosevelt moved the day ahead a week in 1939, to give businessmen the benefit of a longer Christmas shopping season.. There were many who protested this change. In 1941, Congress legally established the fourth Thursday in November as Thanksgiving Day. Nowadays, we celebrate this uniquely American Holiday by gathering family, feasting on the traditional turkey and cranberries, and watch Cowboys battle Lions. Or Vikings test the mettle of Buccaneers.

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## Things To Do In The Red River Gorge Area



- **Lunch & Dinners** Available onsite at **Cliffview BBQ and Brews**. Daily specials. Catering special events - Holiday Parties, etc. 606-464-0608.
- Many opportunities for **pond, pay lake, river & lake fishing**. Some do not require fishing license.
- **Daniel Boone Coffee Shoppe & Deli**. Gourmet coffees and groceries 606-663-2549  
KY Rt 11 near Slade Exit 33 15 minute drive.
- **Natural Bridge State Park, Lodge & Sky Lift**: [www.parks.ky.gov/resortparks/nb/index.htm](http://www.parks.ky.gov/resortparks/nb/index.htm)
- **Red River Gorge Hiking, Rock Climbing**: [www.fs.fed.us/r8/boone/](http://www.fs.fed.us/r8/boone/)
- **Cave Run Lake** boat rentals, swimming beach: (606) 784-9666. 1 hour to Cave Run Lake.
- **Wild Things of Kentucky Reptile Zoo & Gem Mining** KY Rt. 11 Slade 859-577-0277 15 minutes.
- Gift Shops: **Daniel Boone Trading Post** 606-663-2549; **Boone Forest Gift Shop** 606-663-4834; **Ye Ole Country Peddler** 606-663-2683. All on KY Rt 11, 15 minute drive.
- **Kayaking and Canoeing**: [www.redriveradventure.net](http://www.redriveradventure.net) 606-663-1012
- Rock climbing, rappelling, kayak rentals, camping: **Ash Cave Rappelling** 606-369-051 10 minutes.
- In-house **Massage & Manicure** available with orders of 2 or more massages. 859-595-6388
- **Kentucky Tourism & Vacation Guide**: <http://kytourism.com/> [www.tourseky.com](http://www.tourseky.com)
- **Via Ferrata Rock Climbing Park**: Great for beginners, must be 10 yrs old. 606-668-6441  
[torrentfalls.com](http://torrentfalls.com) 5 Minutes.
- **Hiking Trail Guide** and Descriptions. Great for beginners. [www.redrivergorge.org](http://www.redrivergorge.org).
- **Drive In Theater Stanton, KY**. Open April-September. 606-663-9988, 30 minute drive.
- **Peddler's Mall** Open Year Round. Stanton and Winchester. Gifts, Arts & Crafts, Antiques, Flea Market. Stanton is a 25 minute drive; Winchester is an hour's drive.
- **Beech Fork Golf Club** in Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course** in Booneville 606-593-4653 40 minutes.
- **Beattyville Public Golf Course**. Off Rt. 52 in Beattyville, KY about 30 minute drive.

*Drive times are from Cliffview Resort to the listed attraction/event.*



If a **Holiday Party** is on your to-do list, go ahead and check it off.

We have the perfect solution to party planning from catering to lodging to activities.

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7000 square foot **Activity Center** for groups up to 250.

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# Cookin' with Jenny

## Small Fowl with Rice

This Thanksgiving, you may want to try this quicker alternative to baking one big bird requiring many hours of prep and cooking time. These game birds add a tiny bit of "frontier flavor" to the big meal. Depending on the number of guests, you'll have to increase the number of birds depending on which game bird you are using. Below is an approximate way to figure at least a 4 oz. serving of bird per person. The quantities listed here are for four people. Simple multiples of these will let you arrive at the numbers needed.

These game birds are for those of you who have sportsmen in your family or circle of friends. For you folks of the supermarket foods only persuasion, we recommend Cornish hens, chickens or ducks.

### Ingredients:

16 Doves, or 8 Quail or 4 Partridge or 4 Grouse or 2 pheasants as per above.

1-1/2 cup wild & long grain rice Note: white rice works too, but doesn't have the zing!

1-1/2 cup water

1 Stick (Real as from a cow!) butter

1/4 tsp. Rosemary

1/4 tsp. Cumin

1/4 tsp. Paprika

Salt and Pepper

Make baste of 50/50 honey & Southern Comfort.

### Directions:

Preheat oven to 350, clean your birds and in separate bowl mix half of the butter (chop it up like a veggie), rice, water, rosemary, cumin, paprika, salt and pepper. Stuff that mixture into birds and tie the legs. If you're only using the Doves' breasts, two cupped around the stuffing and tied with twine will work. Cover with salt and pepper and rest of butter. Top with foil and bake for twenty minutes, then begin basting regularly.

Bake, continuing to baste until finished. When juices run clear and the legs are loose when wig-gled, birds are done.

Last 10 minutes remove foil to brown your birds. Remove from oven and allow to rest for at least ten minutes before serving. Save the drippings for making pan gravy as per below

### Pan Gravy

### Ingredients:

3 tablespoons Pan Drippings

1/4 cup Flour

1 1/2 cup Milk

Black pepper

Note: Once again, these portions are for four or five servings so quantities need to be adjusted for the number of guests.

### Directions

Loosen browned bits and drain drippings from pan. Pour three tablespoons into a skillet. Add flour and stir until brown and smooth, stir in milk and cook over low heat until thickened. Season with black pepper to taste.

Great over the meat and mashed potatoes served along with other traditional side dishes, peas, corn, green beans, sweet potatoes, casseroles, etc.



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## **Cliffview Retreat**

Now open, the newest member of the Cliffview family! Cliffview Retreat is an 11 bedroom luxury log home that will accommodate up to 50 people. Our luxury lodge will feature: 11 bedrooms each with flat screen televisions (10 bedrooms have king beds, 1 bedroom has 2 queen beds in bunk bed format), each room has a futon that converts to bed plus 2 pull out sofas in den areas that convert to beds, 11 bathrooms, 2 hot tubs. For enjoying the view, there are two expansive decks with gliders, reclining chairs and tables for sitting and eating.

The giant stainless steel kitchen has two of every appliance; refrigerators (1 up and 1 downstairs), stoves, microwaves and dishwashers. Expansive granite kitchen counters. The dining room and eating area seats 26!

For indoor fun there is the game room with pool table and foosball table, multiple seating areas with flat screen televisions; for business or church presentations, there is the theatre room with seating for 13 or more.

The Retreat has central heat and air and a full size washer and dryer along with easy access and parking.

The Cliffview Retreat is the perfect setting for corporate retreats, church groups, family reunions and of course, weddings because that is what we designed and why there was so much attention to details and the meticulous incorporation of amenities that best serve those needs. Call and make your reservation today! **888-869-1284 606-668-6222.**

## **Kentucky Reptile Zoo The Entire Family Will Be Fascinated!**

There are few reptile collections that can compare to the diversity of animals on display at the Kentucky Reptile Zoo. Animals on exhibit range from an 18 foot reticulated python, our largest resident, to many types of venomous snakes such as cobras, vipers and rattlesnakes, to Twix the alligator. One of the favorite areas for kids is our Turtle Tracks Area, where both tortoises and aquatic turtles can be seen.

Many people enjoy visiting Kentucky Reptile Zoo because both adults and kids are all fascinated by snakes!

The zoo offers live venom extractions on most days by Jim Harrison, the zoo's director, and public reptile programs.

Guests are given informal tours by knowledgeable guides who can answer any reptile-related questions.

**Live venom extraction 1 pm:** The venom extraction demonstration provides visitors with a unique opportunity to witness snakes being "milked" and learn about the medical advances provided by the use of venom. Please note that schedules do vary at KRZ and sometimes circumstances are such that the director is unable to give an extraction show. Please call in advance to verify that times, days, or species have not changed. **606-663-9160**

**Reptile Programs 3 pm & 5 pm:** The reptile programs range from gator to snake talks, but all present the public with the chance to see these live animals up close. During the snake show, visitors will learn about non venomous and venomous snakes, what to do in case of snakebite, how to coexist with creatures not everyone loves, and why we owe so much to these sleek and scaly reptiles. The alligator show explains the difference between an alligator and crocodile, how having scales doesn't always mean you are a reptile, and the amazing way these creatures were saved from extinction.

**Directions:** From Lexington Go East on I-64, just past Winchester, to the Mountain Parkway exit (can only go one way) Continue on the Mt. Parkway for approximately 30 miles until you reach Slade, KY exit 33. (The signs for Natural Bridge State Resort Park will also bring you to the right exit) Off the exit ramp, take a right turn at the stop sign then an immediate right into the rest area drive. Take an immediate left onto L&E Railroad and past the red caboos. Take the first right turn over the bridge and then go left into the parking lot to KRZ!

The zoo is open in November on the weekends as weather allows; please call to inquire about November hours. The zoo is also open at any time by appointment for groups of 10 or more people. Admission is \$7.00 adult \$5.00 for child (3-15) Free for children under three. Discounts are given for AAA members, seniors, and groups with over ten visitors. For more info call **606-663-9160** or visit **www.kyreptilezoo.org**

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