

Cliff View Notes

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Vol 3 No. 8 News and Notes For Cliffview Owners, Friends and Visitors October 2013

View From The Cliff

by Amy Sellin, Marketing Director



Weddings, weddings, weddings.... The Gorge is full of them this season. At Cliffview Resort we have several scheduled every weekend this autumn.

The best part is that each is unique and beautiful. With several different breathtaking ceremony locations, reception sites of all sizes and lodging available for guests, it is no surprise locals and city folk are rushing to Cliffview Resort for their special day. For the more adventurous couples, you can even zip your way to your vows!

Thanks!

Zip Away!!

26th annual Woolly Worm Festival Beattyville, KY October 25, 26 & 27th

Submitted by Dedra Brandenburg, Lee County Tourism Board

Far from being a normal festival, the Woolly Worm Festival became a tradition rooted in Lee County's culture. The woolly worm is believed to forecast the weather for the coming winter season. A woolly worm's body has 13 segments-each corresponding to a week in winter. If a segment is light brown, that means the week will be mild. If a segment is black, that means a harsh, cold week. The worm acted as a weather predictor for many old time farmers who would harvest crop and cut firewood in preparation for the upcoming winter. Each October, the festival takes over Main Street in Beattyville with around 150 vendor booths lined along each side of the street. Enjoy different food vendors including kettle corn, homemade donut holes, ribeye sandwiches, and other delicious festival food. Also browse through wood crafts, jewelry, quilting, and basket weaving booths. There are many local non-profits set up along the street fundraising through raffles of great prizes from flat screen TV's to hand stitched quilts. Be sure to sign up for your chance to win.

A trip to the Woolly Worm Festival isn't complete without trying your hand at woolly worm racing. It is the 2 most exciting minutes in sports, after the Kentucky Derby of course. Races are every day and you could win a position in the championship race held on Sunday.

Each day is something different with the Woolly Worm Festival. Friday, October 25th there is a Pet Show and Lee County's Got Talent Competition. That evening is the festival Opening Ceremony at the Woolly Worm Stage. Saturday October 26th at 10:30am there will be a shortened tournament of medieval style sword fighting using real armor and wooden swords. Pick a favorite and cheer for them. The parade though town starts at 1 pm and there will be a great number of live entertainment on both stages! Sunday October 27th there is an excellent car show behind Beattyville Elementary School. Look through over 100 classic cars and pick your favorite. Prize drawings from the non-profit booths will be announced during closing ceremony at 5pm.

For more information visit www.heartofthekentuckyriver.com/woollywormfestival

Autumn 2013 at the Zipline

by Sarah North

The woods around the Zipline are beginning to shine with the beautiful colors of autumn here at the Resort. We are seeing a lot of bright yellows, burgundies and reds. We can't wait to see the show of color in full swing as we zip the course! The first three lines take you through the canopy of color, while the crisp, cool air pinches your cheeks. It can't be missed!

Looking back on the summer of 2013 here at Cliffview Resort and Red River Gorge Zipline, a smile spreads across my face. We sure had a good one! It was SO busy and we got to meet people from all walks of life. From rock-climbers that hail from Germany to celebrities from New York and Los Angeles (Hi! Liv Tyler, Steve Zahn and one other that can't be mentioned as of yet!), every day was one to remember!

Sadly, it is also *time* for a lot of our Zipline guides to go back to college life elsewhere. We hate to see new friends go, as it makes for a too-quiet office! We cannot wait for spring to arrive and bring our guides back with it.....along with awesome stories and she-nanigans.

Until next time,

ZIP AWAY!

Cliff View Notes

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HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information
(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."
www.parks.ky.gov/findparks/resortparks/nb
Kentucky State Nature Preserve Commission
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The Skylift (606) 663-2922
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Red River Gorge National Geological Area (606) 663-8100
www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml
Gladie Cultural-Environmental Learning Center (606) 663-8100
www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml
Red River Gorge Trail Crew (Volunteers) www.RRGTC.com
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Email stories, ideas, suggestions, news to: jerry@jerryison.com

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Nancy's News

By Nancy Hamann, Scenic Cabin Rentals



Fall is here and big happenings occurring around the region this beautiful month of October.

For rock climbers, hikers and outdoor adventure junkies we have the annual Rocktoberfest Weekend from Oct. 11-13th in the Natural Bridge rest stop area. Climbing events will be held in various areas throughout the Gorge area. Climbers from all over the world attend this event and major climbing vendors are here selling their items. Expect a deluge of 18-20 something year olds to inundate the area this weekend.

Court Days Festival in Mt. Sterling is the weekend of Oct. 18-21st. Over 130,000 people attend this festival each year. Vendors, arts and crafts, food and music, buy, sell and trade vendors available. Good time!

Woolly Worm Festival in Beattyville is weekend of Oct 25th-27th. Again, famous for Woolly Worm races and the winning Woolly Worm will be read to predict the winter weather. Who doesn't want to know this information? In my years of experience the Woolly Worm has been a better predictor of winter weather than any weather man or meteorologist. Be sure and read the Woolly forecast for planning your winter schedule! Lots of food, vendors, crafts, music, car show, etc. See the front page article for more information.

The Silvermine Festival was held over Labor Day in Campton and it was a huge success with big crowds again this year. There was a nice parade, pancake breakfast, fish fry, vendors at this event. Mark your calendars for next year!

The Red River Gorge Trail Crew (RRGTC) is always looking for a few good men or women to help keep up our beautiful forest trails. The trails bring in our visitors and tourists so if you have any time to spare please follow the RRGTC. They meet a few times a year to repair, improve the trails, clean up the park, etc. You do not have to attend all the meetings and volunteer days. You may only be able to go once a year, it doesn't matter. The volunteer days are coordinated by a forest ranger and currently it is Charlie Rowe. The next trail day is Sat. Oct. 12th, meet at 9:30 AM at the Slade Park and Ride, which is catty corner from the Shell Gas station there in Slade. However, if the federal government doesn't come back online by then the Trail Day is canceled. As of today the forest service is on furlough so no rangers! When our federal government gets their act together and comes up with a budget then the rangers will be put back to work. Watch the news and if federal government comes back online before Oct. 12th the Trail Day will go on. If not, no need to attend. To be put on a email list for this group call 606-663-0576 x 106.

For Anglers: During the month of October, the KY Dept of Fish and Wildlife release thousands of rainbow trout into the East Fork, Indian Creek and Swift Camp Creek. The Catch and Release season is Oct. 1 - March 31st. Only artificial lures and flies may be used during this time. You must have valid KY fishing license and Trout Stamp.

On a personal note, we just got back from 10 day trip to northern California. Yosemite National Park should be called Yosemite International Park as tourist from around the world were there. I can see why, the views are spectacular, breath taking and the area is gorgeous. The park is diverse with much to do if you are a hiking, outdoor enthusiast. This park should be on everyone's bucket list. Of course we had to go into the "wine drinking territory" of northern CA to experiment with a little vino. Wunderbar!!! The wine country is beautiful, with miles of vineyards, great wineries, etc.

For wine drinkers another bucket list trip. Coastal California in the north is spectacular and well worth the drive up or down (Or both!), Highway 1

Get out in October and enjoy the beauty of a Kentucky Autumn!

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Spanning The Generation Gap With A Short Rod

According to a recent national survey, the crappie is the most caught fish and the largemouth bass the most popular game fish in America. I disagree with that finding. I'm putting my money on the bluegill for both categories. Ask any kid who's ever sat at

the edge of a pond or lake pulling in those 'gills and he'll tell you his favorite fish to catch is a bluegill. Ask any senior citizen and more than likely he'll tell you the bluegill is the reason he's still fishin'.

Most of us probably developed the love of fishing the first time one of those scrappy little sunfish took the worm we were dangling. Bluegills are the most dependable of the fishes. He's always hungry, bites any time of day and offers a youngster the thrills needed to hold his or her attention.

If you want to introduce a youngster to the world of fishing, it's easy. An inexpensive Zebco, a dozen or so red worms, some very small hooks and a farm pond are all you need. I can almost guarantee the child will get a thrill that will never be forgotten when that first 'gill latches on.

I still get more enjoyment from a day of bluegill fishing than almost any other activity. Nothing can beat bringing home a mess of bluegills " 'bout the size of my hand". Small in size, but very big in taste, bluegills prepared fresh are as good as the best fare offered in the most expensive seafood restaurants. I think the best way to ready 'gills for the pan is to fillet them just as you would any other fish. An electric fillet knife works great on these little guys. Some people like to skin the fish to eliminate the sometimes "muddy" taste. Others also soak their fillets in milk overnight. Neither of these methods is usually necessary for pond-caught blue gills.

However you wish, rolled in a cornmeal and pepper mixture and fried in hot oil, bluegill is one of life's little pleasures you don't want to let pass by.



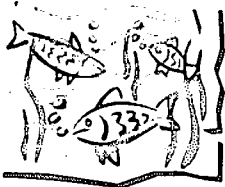
The bluegill is a sunfish, easily identified by the joined dorsal fins, separated only by a notch.

Bluegills belong to the same family as the various bass, including the large and smallmouth, the crappie and the many other varieties of sunfishes.

A bluegill may reach a length of 12 inches, but that is rare, most are usually "handsize".

Plentiful, willing to bite, a scrapper and good on the table, the bluegill is almost the perfect fish.

It is the perfect fish to get young'ns hooked on fishing and eager to leave that video game and enjoy time spent out there in our beautiful mountain paradise!



There are fourteen small lakes and ponds in Cliffview Resort available to our guests. Most are full of fish - and teeming with blue gills of all sizes! It's strictly catch and release but perfect for younger anglers.

There also are canoes for guest use at the Lodge Lake.

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Cookin' with Jenny

Pumpkin Dishes



Pumpkin Pecan Cheesecake Pots

Ingredients:

- 1 cup graham cracker or gingersnap cookie crumbs
- 1 T. butter, melted
- 8 oz. cream cheese
- 1/4 cup granulated sugar
- 1/2 cup brown sugar
- 1/4 cup whipping cream
- 1 teaspoon vanilla extract
- 14 ounces pumpkin puree
- 1/2 teaspoon cinnamon
- 1/4 teaspoon allspice
- 1/8 teaspoon cloves
- 1/8 teaspoon cardamom
- 1/8 teaspoon xanthan gum (a natural thickener)
- 1/2 cup chopped pecans
- 4 whole pecan halves
- sweetened whipped cream for garnish

Directions:

Preheat oven to 350°. Crush the graham crackers or gingersnaps into crumbs. Add melted butter, stir well to combined. Spread on baking sheet. Toast in the oven 3 – 5 minutes until crumbs start to brown.

Cool.

Process the cream cheese, sugars, cream and vanilla in a food processor until smooth. Add the pumpkin puree, cinnamon, allspice, cloves, cardamom, and xanthan gum. Process until smooth.

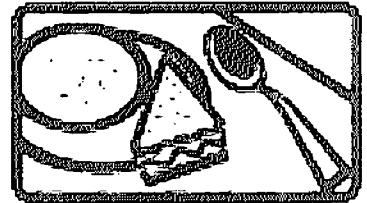
Spoon a half of the crumbs into four 1/2 cup-capacity dishes, layer on a few chopped pecans. Divide half of the cheesecake mixture evenly between the dishes and top with the remaining graham cracker or gingersnap crumbs and then more pecans. Divide the remaining cheesecake mixture between the dishes. Garnish with whipped cream and pecans. Refrigerate for 1 hour or until firm. Serves 4.

Pumpkin Chili Recipe

11 Servings Prep: 10 min. Cook: 70 min.

Ingredients

- 3 pounds ground beef, turkey or venison
- 1 medium onion, chopped
- 2 cans (16 ounces *each*) hot chili beans, undrained
- 2 bottles (12 ounces *each*) chili sauce
- 2 cans (10-3/4 ounces *each*) condensed tomato soup, undiluted
- 1 cup canned pumpkin
- 2 teaspoons pumpkin pie spice
- 1 teaspoon salt
- 1 teaspoon sugar
- 1 teaspoon pepper
- 1 teaspoon chili powder



Directions

In a large Dutch oven, cook beef and onion over medium heat until no longer pink; drain. Stir in the remaining ingredients. Add water if desired to reduce thickness. Bring to a boil. Reduce heat; cover and simmer for 1 hour.

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With Halloween coming up we just had to leave you with this spooky ghost story....

The Ghosts of Brannon's Gorge

Jenny and Jerrod's love was doomed from the start. Jerrod was a motorcycle riding ne'er do well and Jenny's father hated him and his family. Jenny's father forbid her to see Jerrod, promising "He'll be sorry if I ever catch him 'round you!"

Jenny and Jerrod however did see each other whenever possible, stealing away for short, secret moments.

As Halloween approached, Jerrod was getting more and more insistent that they run away somewhere so they could always be together. Jenny pleaded for him to be patient, their day will come soon enough.

This year, the big Halloween party was being held on Cooper's Ridge just above Brannon's Gorge. The bridge over the gorge was under construction so the road was closed. A perfect place for a party.

As the crowd began to gather, Jenny was apprehensive. What if her father and Jerrod both showed up! Her fears were well-founded when just about midnight, sure enough her father drove up in his old truck. Almost at the same time, she heard the sound of Jerrod's Harley coming down the hill.

Jerrod pulled up to Jenny, leaned down and kissed

her saying, "I had a hard time finding this place. I ain't never been up here."

"I warned you to stay away from my daughter!" her father screamed just as he fired a shotgun blast into the air.

"Now I'm gonna end this once and fer all!"

He charged toward Jerrod who gunned the bike and peeled out in the direction of the gorge. Jenny went running after him screaming for him to stop. Screaming that the bridge was out.

Jerrod couldn't hear her and just before the bike shot under the steel cable stretched across the road, he saw Jenny's reflection in his mirror. The cable cut through his neck like a razor and the bike went sailing out over the gorge for several yards, almost reaching the other side with the headless body still clutching the handlebars in a deathly grip.

Jerrod's head spun high into the air before arcing down into the raging stream below.

Jenny, now running at full speed, didn't see the cable until it was too late. She tried to scream, but her voice was cut off as the cable cut into her chest and throat. With merely a slight whimper, Jenny went sailing off into the darkness and plunged 500 feet down into the same stream that held her love.

The bodies nor the motorcycle were ever recovered. Now, every Halloween at almost exactly midnight, if you stand at the west end of the rebuilt Brannon's Gorge bridge you can here the faint rumble of a Harley come across towards you. But the sound suddenly stops just before it reaches the near side and from the far side the muffled scream of a young girl is as clear as the raging waters below.

"No Jerrod! No!"

Beattyville Wooly Worm Festival October 25, 26 & 27 Main Street Beattyville. Great food and fun. Crafts, live music, car show, parade. *Wooly Worm Races!* Interested in being a vendor? Call 606-464-2888.



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