

# Cliff View Notes

## Cliffview Resort

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Vol 3 No. 5 News and Notes For Cliffview Owners, Friends and Visitors July 2013

### ***View From The Cliff***

by Amy Sellin, Marketing Director

### ***See, We Told You So!***

Summer is heating up and so are the lines at Red River Gorge Zipline! With our delicious restaurant, Mountain Grillhouse Café, and our wonderful lodge Managers, Jim and Wendy, making all our guests feel welcome to stay the night; Cliffview is your one stop shop for adventure, food and lodging at the Gorge.

During a wedding this past month, we had our first *zipping groom* and it was perfect! Check out the Cliffview Resort Facebook page for photos. The extremely talented Stephanie Carson was the photographer so you know they are fantastic! Our Stay and Play package is still available, so make your reservations today!

Finally, it has come to my attention that I omitted Alex Linne from our list of new guides last month. He is an excellent addition to our team!

*Zip away!*

### ***Wendy and Jim Blasdell***

The Rolling Stones were right; you can't always get what you want, but if you try sometimes you get what you need. Well, this time we got exactly what we wanted in the persons of our Lodge Managers, Jim and Wendy Blasdell. To put it more colloquially, we're happier than a pig in warm mud!

In the short time they have been with Cliffview, they have easily fit right into the "family" and are making guests feel like they are old friends, not just strangers passing through. They come by this ability naturally, maybe even genetically. For most of their lives, Jim and Wendy have always seen to the needs and happiness of others.

They also have had much experience in the hospitality industry. Working as a trade broker, Wendy handled all the hotels, motels and cabin rentals in Pigeon Forge and Gatlinburg, TN. that belonged to their trade system. Jim worked in sales and promotion for the same company.

With 4 birth children, 2 adopted children and a granddaughter they raised, plus 197 *foster teens* over the years, they have learned many skills. Not only in raising and supporting those kids, but how to interact with a wide variety of people from all walks of life. Since all those children are now adults and gone, Wendy and Jim were looking for something to fill their time and hoped to work in a rewarding 'service to the public' area again. That was our good fortune and timing. They are such a good fit, it seems perfectly planned. Hmm...

Just a paragraph from a very long letter from Cliffview guests, Dr Roy and Sue Lauter:

"I sent an evaluation to you on my iPhone about our days at Cliffview."

"If you didn't receive it, please let me know because there are so many positive events we had while staying with you."

"I want everyone to know about Cliffview, however, most of all, about the friendliness and welcoming host and hostess which serve their visitors."

"This had to be one of the most outstanding times we've experienced anywhere. "

"Thank you doesn't begin to express our appreciation."

Love,

Sue Lauter



### **IMPORTANT NOTICE**

#### **Fire Restrictions Rules**

When fire restrictions are in effect, you will see "Fires Banned" signs along the road. During this time, remember that campfires are allowed only in designated campgrounds and developed fire pits.

## Cliff View Notes

Is the official newsletter of  
Cliffview Resort,  
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the *Natural Bridge Hiker*, the newsletter of the Natural Bridge State Park



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## HELPFUL WEBSITES & PHONE NUMBERS

### State Facilities

#### Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs "Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

[www.parks.ky.gov/findparks/resortparks/nb](http://www.parks.ky.gov/findparks/resortparks/nb)

#### Kentucky State Nature Preserve Commission

[www.naturepreserves.ky.gov](http://www.naturepreserves.ky.gov)

#### The Skylift (606) 663-2922

[www.naturalbridgekyskylift-and-giftshop.com](http://www.naturalbridgekyskylift-and-giftshop.com)

#### Red River Gorge National Geological Area (606) 663-8100

[www.fs.fed.us/r8/boone/districts/cumberland/redriver\\_gorge.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml)

#### Glade Cultural-Environmental Learning Center (606) 663-8100

[www.fs.fed.us/r8/boone/districts/cumberland/glade.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/glade.shtml)

#### Red River Gorge Trail Crew (Volunteers) [www.RRGTC.com](http://www.RRGTC.com)

#### Leave No Trace – Outdoor Ethics [www.lnt.org](http://www.lnt.org)

#### Kentucky State Parks - Create your own Experience.

[www.parks.ky.gov](http://www.parks.ky.gov) Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

### Private Facilities

#### Cliffview Resort Wendy & Jim Blasdell 606.668.6222 or 668-6534

[www.cliffviewresort.com](http://www.cliffviewresort.com) 455 Cliff View Road, Campton, KY 41031

The Lodge is available for groups, weddings and retreats.

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[www.redrivergorgezipline.com](http://www.redrivergorgezipline.com)

#### Scenic Cabin Rentals 606.668.6487 [www.sceniccabin.com](http://www.sceniccabin.com)

Paul Hamann 513.378.8716

Nancy Hamann 513.919.7150

#### Red River Gorge Cabin Rentals 606.668.3272

[www.redrivergorgecabinrentals.com](http://www.redrivergorgecabinrentals.com)

Ian Teal 513.284.2332

#### Mountain Grillhouse Cafe 606.668.7134

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: [jerry@jerryison.com](mailto:jerry@jerryison.com)



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# Nancy's News

By Nancy Hamann, Scenic Cabin Rentals

*"A trail system for Jeeps, ATV's and Horses would be very beneficial to our area. The forest service is against this idea, but those trails would bring substantial revenue and create jobs."*

## Cliffview News

Just a quick update on the upkeep and repairs here at Cliffview Resort:

1. All the dams have been cleared of trees and brush. This has to be done to prevent roots from growing into dam and weakening it.
2. Gravel roads have all been repaired. About 200 tons of gravel have been put on roads and graded.
3. A de-chlorination tank has been installed at the sewer treatment plant per a new regulation from the state. So chlorine is required to go into tank to clean water then before discharge it goes through the de-chlorinator to take the chlorine out. This is one state program that makes sense since the State doesn't want chlorine hitting the pristine blue streams in this area.

## Town News:

Meat Canning Class - Thursday, July 18th: 5:30-7:30 PM at the Lee County Extension Service. Free, but must register. Call 606-464-2759. I didn't even know you could can meats!

Music in the Park continues in Campton each Thursday starting at 6:30 pm.

Drive In Theater in Stanton is open Thurs, Fri and Sat evenings all summer long. They show new first run movies.

Several counties are working collaboratively to get a trail system designated for jeeps, ATV's, horses. The forest service is against the plan so a battle is taking place at the state level. The county judges and magistrates are all in favor of the plan, but legal issues need to be decided. Many local people have put in numerous hours to make this happen; maps have been drawn and are ready to go to print but the project is now on hold. The counties are looking to bring in additional tourism dollars and bring the jeep riders back into this region.

## Personal News:

On a personal note, Paul and I just got back from a nice trip to the Shenandoah National Park area of Virginia. Just a quick four day trip to see some civil war sites, drive the beautiful Skyline Scenic Byway and take a hike in gorgeous Shenandoah National Park. That area is almost as pretty as right here in our own backyard! Of course, we hit a winery, one of the main reasons we went. Quite surprisingly, Virginia wines are exceptional. Thomas Jefferson, was a viticulturist, so he brought in all kinds of grape vines in order to have a prestigious vineyard. So Virginia has quite a long history in wine making and wine perfecting, thanks to our founding Fathers!

\*\*\*\*\*

*For Cabins to Rent for 1 to 15 Persons, or to become one of us and buy or build your own little place in Paradise, Contact Nancy: 606.668.6487 [www.ScenicCabin.com](http://www.ScenicCabin.com)*

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## Really Hooked On Fishing

by Jerry Ison



If you are really hooked on fishing, it's just a matter of time until you actually get hooked. If you're like me and prefer to fish with a buddy or buddies, it'll happen sooner or later. If you're a fly fisherman,

it'll be sooner rather than later.

Since the inevitable is most probably going to occur while you are away from "civilization" you need to be prepared. Having a tackle box or fanny pouch stocked with a few non-fishing items can save the day when the unexpected happens.

A Swiss Army knife may be the one most versatile device you can carry. It's small, handy and inexpensive. Tweezers, small pliers or hemostats are almost as helpful. A pair of nail clippers, especially the bigger, stronger toenail clippers is great for many chores such as cutting a leader, or even a hook. A tube of triple antibacterial ointment and a several large Band-Aids make a minimal first aid kit.

Another small and very useful addition is the Bena-dryl Itch Relief Stick which provides almost instantaneous relief from insect bites, rashes, minor cuts and scrapes. A plastic bottle with a few ounces of alcohol would be a worthwhile addition, also.

Of course as they say, prevention is the best form of protection, so a few common sense ideas may prevent hooking all together. Wearing wrap-around polarized sunglasses while fishing is always a good idea. Not only do they let you see objects below the surface of the water, they protect your eyes from UV rays and hooks coming their way!

**"If you are a fly fisherman, you'll probably get hooked sooner, rather than later!"**

A hat will protect your head from hooks and a light-weight fishing vest and waders both offer protection for most of the rest of your body.

Now that your head, eyes, torso legs and hips are shielded, only your arms, neck, face and ears are vulnerable and sure enough a wayward hook will eventually find one or more of those targets. When that happens and you are hooked through the skin, it is usually fairly easy, if a bit painful to remove the hook.

If it is barbless, you can just pull it out. If barbed, push the point through until the barb clears the skin. Crush the barb with pliers or clip the point off, then back the hook out. Be sure to sterilize the wound with alcohol, hydrogen peroxide or antibacterial ointment as soon as possible. It is especially important to clean and disinfect the wound if the hook has been in the water or hooked into a fish's mouth.

If you get hooked in an eye, don't even try to remove the hook. Cut the leader or line off, put a covering, preferably a sterile bandage over the eye and find a doctor quickly. It sounds like a dreadful occurrence, but in most cases, if treated properly, a hook in the eye doesn't always mean significant long-term damage.

So, the next time you hook-up let's hope it's with a big ole bass or trout and not one of your fishin buddies or Heaven forbid, your own ear!

*There are fourteen small lakes in Cliffview. Most are full of fish! It's strictly catch and release but perfect for younger anglers.*



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## Cookin' with Jenny

### The Bacon Weenie Burger



Summertime means combining two of America's most popular activities - Family Time and Grillin'. Sometimes these family grilling occasions include ten, twenty, even more people, and fixing something everyone can agree on may be trying at best. Here's a quick, simple and an easy fix to the question, "Who wants hot dogs and who wants burgers?"

#### Ingredients:

- Hot Dogs
- Ground Beef (75% - 25% works best)
- Bacon
- Quantities will vary according to the number of hungry souls present.

#### Accessory Items:

- Buns
- Grated Cheese - American, Monterey Jack, Cheddar or whatever is a personal preference.
- Chili
- Cole Slaw
- Baked Beans
- Potato and/or Macaroni Salad
- Chips

#### Preparation:

Mold just enough ground beef around the weenies to cover. Wrap a slice of bacon around the beef and fasten at each end with a toothpick. Grill until bacon is crispy and the beef is thoroughly cooked. Serve with any or all of the "accessories".

One of the many joys of summer is the abundance of fresh fruits available.

A tropical fruit salad is the perfect summer dish, so flavorful as well as nutritious and refreshing. Below is one of our favorites.

#### Tropical Fruit Salad with Coconut

This recipe for tropical fruit salad, made with fresh papaya, mango, pineapple, bananas and grated coconut is enough for lots of folks - almost 14 cups. That makes it great to take to a picnic, potluck or a backyard grilling party. If this isn't enough, it's very easy to double or triple the amounts for even larger groups such as a family reunion or a church function. Preparation is so simple that the only skills needed are peeling and slicing.

#### Ingredients:

- 1 papaya, peeled and diced into 3/4-inch cubes (5 cups).
- 2 mangoes, peeled and diced into 3/4-inch cubes (2 - 1/2 cups).
- 1 fresh pineapple, peeled and diced into 3/4 inch cubes (4 cups), reserving the juice.
- 2 large bananas, peeled and diced into 3/4 inch cubes (2 cups).
- 1/4 cup fresh grated coconut, for garnish.

#### Preparation:

Combine the papaya, mangoes, and pineapple in a large bowl and add the juice from the pineapple. Cover and refrigerate until chilled.

Just before serving, add the bananas and garnish with fresh coconut. *Could it be any easier?*

While you're enjoying your time in the Gorge, you may wish to ad a huge adrenalin rush to that great new experience so...

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# Bluegrass Bits



## Summer Nights

on Main Street in Beattyville



### CRUS.IN'

July 26th  
August 30th  
September 27th

FREE REGISTRATION at the Woolly Worm Park.  
Each car showcased by Hot Shot Entertainment.  
Dash Plaques for first 50 registered cars!  
Register every month for a special dash plaque & prize!  
T-Shirts available for purchase at each event!  
Donations appreciated.

Call Teresa at (606)464-3631 for more information  
Hosted by: Downtown Beattyville Alliance

Summer Nights on Main Street is every last Friday night of the month. Classic cars cruising town, music, food, fun.

Natural Bridge Artisan Festival - August 23-25th at the state park. Accepting vendors for only \$10.



### Scenic Cabins Courtesy Coffee Counter

Stop in the Scenic Cabins rental office next to the Daniel Boone Trading Post for a cup of instant-brew gourmet coffee. The office is at 777 Natural Bridge Road, Slade, KY  
Ph 606.668.6487 (KY Route 11 just off the Parkway at Slade exit)

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### Where To Get What You Want

"Where can we get breakfast around here?"

That is one of the most asked questions from our Lodge guests. The Lodge has an elegant country kitchen and many folks bring their own 'fixins', but many do not. There is always a fresh, hot, pot of coffee awaiting even the earliest risers. Every morning there is a complimentary breakfast of juice, sausage biscuits, cereal, sweet rolls, granola bars and fruit. If it's bacon and eggs, sausage and eggs or biscuits and gravy you're hungry for, Whisman's Hitchin' Post is the place. They offer tenderloin, sausage and bacon biscuits and biscuits and gravy with any meat side. And of course toast, coffee, milk, and juice.

Exit the resort and make a right onto KY 715. Just a five or six minute drive from Cliffview, Whisman's is across the road from the elementary school. It's also a general store stocked with groceries and a few camping and outdoor use items. There is a smoke-free dining room and also a game room with a pool table.

A new restaurant just opened on KY Route 11 about 3/4 mile past the Natural Bridge State Park. It's the Froggy Bottom Diner. This is a full menu restaurant and they serve made to order breakfasts Wednesday through Sunday from seven until eleven A.M. The restaurant is open from seven A.M. until eight P.M. Tuesday, Wednesday and Thursday; until ten P.M. Friday & Saturday and from seven A.M. until four P.M. on Sundays.