

Cliff View Notes



Vol 3 No. # News and Notes For Cliffview Owners, Friends and Visitors May 2013

View From The Cliff

by Amy Sellin, Marketing Director

Stay and Play

Spring is finally here and The Red River Gorge is getting more lush, more beautiful every day. The Red River Gorge Zipline and Cliffview Lodge are excited to announce our new Summer Stay and Play Special! Bring a friend or loved one and check out the lovely Cliffview Lodge and enjoy the thrilling Red River Gorge Zipline, with a video to show your friends, starting at just \$259! That's 2 zipline passes including a GoPro camera rental and one night at the Lodge. Each of the 16 rooms at the Lodge features 2 queen beds, a flat screen TV, and private bath. Most have sliding glass doors to the wrap around porch, featuring swings and rocking chairs, that provide breath taking views of the Cowan Fork Gorge. Rooms are subject to availability and reservations must be made within 45 days of your stay. All zipliners must weigh between 70 and 250 pounds. Tax is not included in the listed price. Call 606-668-6222 for details.

Fire On The Resort

Recently, there was a forest fire in the valley by Walkers Point below Cliffview. The fire was started by unauthorized people on ATV's All of us associated with Cliffview are extremely grateful to the forest service for their promptness and high level of concern for the forest and home owners property. They had about 15 firefighters in the valley within 30 minutes and about 6 hours later the fire was out.

Red River Zipline manager Ian Teal, on the scene during the entire ordeal, took an even more personal view of those who responded, " Like so many first responders, I get the feeling they have thankless job. They are a pretty tough, dedicated bunch."

He went on to say that fighting a fire in almost inaccessible terrain had other problems.

"One of their trucks got stuck. I called Sandy (Ian's wife) to bring the Avalanche down since we were all stranded . She had her first authentic off road experience alone as she rescued us so they could go get a dozer," Ian said.



More Great News!

The Grillhouse menu just keeps expanding and getting better and better. Now they have several wraps: the **Chicken Tenders Wrap, Bacon Chicken Ranch Wrap, BLT Wrap** and of course, the **BBQ Wrap**.

If that weren't enough, they now offer **Sweet Potato Fries**.

As they say in those infomercials, "But wait; there's more!" Beginning on **Friday, May 24**, the long anticipated **Friday Night Fish and Chicken Buffet** starts at **5:00 PM**. In addition to the **Fish and Chicken**, there will be both **Mashed and Baked Potatoes**, a **Variety of Veggies**, a **Salad Bar** and **Apple Dessert**.

So, for good food, good company and good times, "Y'all come on

Fire Restrictions Rules

When fire restrictions are in effect, you will see "Fires Banned" signs along the road. During this time, remember that campfires are allowed only in designated campgrounds and developed fire pits.



Zippy's Coffee & Juice Bar

Wow! If all those goings on weren't enough, there is one more thing to add. Along with the Mountain Grillhouse Cafe, those folks have opened **Zippy's Coffee and Juice Bar!** The full service coffee bar was a dream of Andrea and Chris, and now it's just a' perkin' along!

Cliff View Notes

Is the official newsletter of
Cliffview Resort,
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the *Natural Bridge Hiker*, the newsletter of the Natural Bridge State Park



Cliff Notes is published monthly in Rogers, Kentucky for the entertainment of Cliffview Resort Owners, Visitors and Friends. All contents are copyrighted by Jay Eye Communications Box 271 Talbott, TN 37877 Cliff Notes is distributed free of charge but only one copy per person please.

HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs "Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort 606.668.6222 www.cliffviewresort.com

455 Cliff View Road, Campton, KY 41031

The Lodge is available for groups, weddings and retreats.

Also available is the 8,000 sq foot Assembly Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716

Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Ian Teal 513.284.2332

Mountain Grillhouse Cafe 606.668.7134

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com



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Red River Adventure



Red River Adventure is the only canoe and kayak outfitter located directly in the Gorge. Park your car at our riverside take-out and we take you and your boats upriver to either a 4-mile or 8-mile drop-off point. You spend the day swimming, picnicking and paddling back downriver to your parked car. Canoes are \$50 and kayaks are \$35 for the day. There are no other charges. Call 606-663-1012 or email us at rra@redriveradventure.net for reservations as water levels will determine our operating schedule.

We now operate a second rental operation at Mill Creek Lake in Natural Bridge State Park. We will be open beginning Memorial Day til Labor Day, Friday Through Sunday from 10:00 am to 5:00 pm.

Customer Notes:

Our shuttle departs every hour from 9:00 am to 4:00 pm. To make a reservation, just tell us the day, time and type/number of boats you want. There is no deposit or obligation. However, if you made a reservation several days or weeks in advance, please call us again a day or two before your trip to confirm that you are still on track to arrive.

Our canoes generally accommodate 2 adults and 1-2 smaller children. Our kayaks are designed for one person. Dogs are welcome, but please keep them on a leash while around other people. Not all dogs like the water! We do not provide Personal Floatation Devices (PFDs) for pets, and are not responsible for their safety. Know your pet before putting them at risk.

We provide all PFDs (except for animals) and paddles. Consider bringing your children's personal PFD's if they have them as smaller kids are hard for us to fit. Customers must be able to swim and are required to wear PFDs. Kids must be at least 5 years old to go on our trips (age standards will change depending on water levels) We reserve the right to refuse our services to anyone we consider a safety risk. Plan to arrive 15-20 minutes before your scheduled shuttle time.

If you need to change your reservation information, please call us as soon as possible. On busy days, we can only hold your boats for 30 minutes past your reservation time, unless you call to reschedule.

Bring a change of clothes and towels. Wear some type of shoe as the river bottom is rocky. Consider sunscreen and hats. Small coolers are welcome. We do have a concession on the river that has drinks, snacks and ice cream. Be advised that open containers of alcohol are not permitted in the National Forest.

Don't try to use a GPS to find us! We are isolated and have a 911 address, not an actual address.

Use our website's "Map" page or "Google Maps" to find us, or call for directions.

Need a place to camp? Our riverside campground is just \$5 per day per person (kids 5 and under are free).

Ask us about our group discounts!

See ya in the Gorge! Ken & Judy 606-663-1012

Nancy's News

By Nancy Hamann, Scenic Cabin Rentals

May 16th: "Give Me Jesus Tour" with Rhett Walker Band, Finding Favor & Carlos Whittaker. 7:00 PM in Jackson.

May 11: Lee County Rec Center Golf Scramble Registration 9:30, Tee time 10:00. \$20 per golfer, prizes awarded. Call 606-464-2600 for more details.

Every Fri, Sat, Sun: Mt. View Drive In is open. www.mtviewdrivein.com. 606-663-9988

Madeline's Greenhouse is open. Located on Hwy 52 West in Beattyville. Has vegetable and flower plants, garden seed, fertilizer, bedding plants, etc. 606-464-0993

Last Friday of every month from April-September. Summer Nights on Main St in Beattyville- Car show.

Several counties have agreed and our working on a **Multi-use Recreational Trail System**. Meaning they will coordinate to create trails for horses, mountain bikes, ATV's that cross county lines and go into towns. This way the towns hope to be able to capitalize on tourists coming into the region to "ride". Lee, Wolfe, Powell have all agreed to participate. Maps will be developed showing the access points to the trails. The counties have also agree to re-open and repair some old county roads that can be used for Jeep Jamboree's. They plan to promote these events as well.

Contact Nancy: 606.668.6487
www.ScenicCabin.com

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FREE ZIP LINE - CANOPY TOUR PASSES!!

When you get all or as many of the puzzles solved you can,
email the solutions to: Amy@RedRiverGorgeZipline.com

We will award passes to two winners chosen at random from all entries received.

All entries must be time marked before midnight DST, May 31, 2013

Tours during week days only - **NO WEEKEND TOURS** with these passes

Winners must make reservations in advance of participating Passes have **NO CASH** Value



Cookin' with Jenny

MONGOLIAN STIR FRY



ED Note: If you haven't "Yurted Yet!" this recipe may get you ready to try the newest rental experience. Call Ian @ 513.284.2332 and you too can Yurt!

P.S. You don't have to rough it, though. This is a luxury Yurt with hot tub, LED TV, AC, etc.

Ingredients:

2 teaspoons vegetable oil
 1/2 teaspoon ginger, minced
 1 tablespoon garlic, chopped
 1/4 cup soy sauce
 1/4 cup Teriyaki sauce
 1/2 cup water
 3/4 cup dark brown sugar
 vegetable oil, for frying (about 1 cup)
 1 lb flank steak

For truly original Mongolian stir fry, you need to use marmot (A cousin to the groundhog) meat

1/4 cup cornstarch
 2 large green onions, sliced on the diagonal into one-inch lengths

Preparation:

Make the sauce by heating 2 tsp of vegetable oil in a medium saucepan over med/low heat.

Don't get the oil too hot. Add ginger and garlic to the pan and quickly add the soy sauce and water before the garlic scorches

Dissolve the brown sugar in the sauce, then raise the heat to about medium and boil the sauce for 2-3 minutes or until the sauce thickens. Remove it from the heat.

Slice the flank steak against the grain into 1/4" thick bite-size slices (Tilt the blade of your knife at about a forty five degree angle to the top of the steak so that you get wider cuts). Dip the steak pieces into the cornstarch to apply a very thin dusting to both sides of each piece of beef.

Let the beef sit for about 10 minutes so that the cornstarch sticks.

As the beef sits, heat up one cup of oil in a wok (you may also use a skillet for this step as long as the beef will be mostly covered with oil).

Heat the oil over medium heat until it's nice and hot, but not smoking. Add the beef to the oil and sauté for just two minutes, or until the beef just begins to darken on the edges. You don't need a thorough cooking here since the beef is going to go back on the heat later. Stir the meat around a little so that it cooks evenly. After a couple minutes, use a large slotted spoon to take the meat out and onto paper towels, then pour the oil out of the wok or skillet.

Put the pan back over the heat, dump the meat back into it and simmer for one minute.

Add the sauce, cook for one minute while stirring, then add all the green onions. Cook for one more minute, then remove the beef and onions with tongs or a slotted spoon to a serving dish. A side of rice or noodles, some koumiss (fermented mares milk) and you have a truly Tartarific meal!

While you're enjoying your Yurting adventure you may wish to ad a huge adrenalin rush to that great new experience so...

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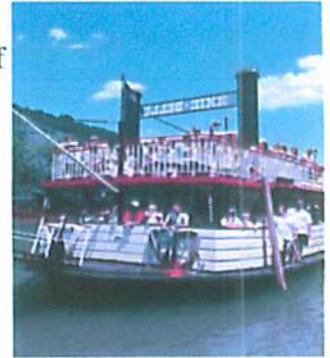
Bluegrass Bits



Dixie Belle riverboat excursion season begins.

Enjoy a relaxing cruise through the scenic Kentucky River palisades, along a stretch of river with high limestone cliffs and untouched natural beauty. See the oldest exposed rock in Kentucky and High Bridge, an engineering marvel built in 1877.

- Admission: \$10 ages 13 & above / \$5 ages 6-12 / free for children 5 & unde
- Daily, April 27 through November 3 Times: 2:00 p.m., 4:00 p.m.
- Ride schedule is subject to weather and river conditions.
- The *Dixie Belle* is accessible to persons with physical disabilities.



Call 859.734.1545 / 800.734.5611 x1545 or email info@shakervillageky.org for more information.

Shaker Village of Pleasant Hill is located in the heart of the Bluegrass Region near Harrodsburg, Kentucky, less than 30 miles from Lexington.

DIRECTIONS:

Address Shaker Village of Pleasant Hill 3501 Lexington Road Harrodsburg, Kentucky 40330

GPS Coordinates: 37 degrees 48.977N 084 degrees 44.419W

From Cliffview: Exit Resort onto KY 715 left. Approx 1/2 mile to KY 11 Right (North) to Mountain Parkway West to I-64 West to I-75 South. Take exit #110 and follow US 60 West to New Circle Road (KY 4). Follow New Circle Road south to exit #2 (Harrodsburg Road, US 68 West). Take exit ramp to right, then turn left onto US 68 West and continue about 25 miles to Shaker Village, on right (about 40 minutes).

From Lexington: Follow Harrodsburg Road, US 68 West approximately 25 miles. The entrance to Shaker Village is on the right.

From Cincinnati: - Follow I-75 South to Lexington. Take exit #115, Newtown Pike. Turn right onto Newtown Pike. Follow Newtown Pike 1 1/2 miles to New Circle Road, KY 4. Take exit #2, Harrodsburg Road. Turn right onto Harrodsburg Road, US 68 West and follow approximately 25 miles. The Shaker Village entrance is on the right.

From Ashland/Huntington (And points East) - Follow I-64 West to I-75 South at Lexington. Take exit #110 and follow US 60 West to New Circle Road (KY 4). Follow New Circle Road south to exit #2 (Harrodsburg



Scenic Cabins Courtesy Coffee Counter

Stop in the Scenic Cabins rental office next to the Daniel Boone Trading Post for a cup of instant-brew gourmet coffee.

The office is at 777 Natural Bridge Road, Slade, KY Phone: 606.668.6487 (KY Route 11 just off the Parkway at Slade #33 exit)

Grocery & Restaurant
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