

Cliff View Notes



Vol. 2 No. 9

News and Notes For the Cliff View Owners, Friends and Visitors

November 2012

“Zip the Bluegrass” Offers a Trail of Adventure

Soar at speeds up to 50 miles per hour as you gaze out across the treetops in settings of great natural beauty like the Red River Gorge.

Yes, it’s ziplining, and it’s catching on in a big way throughout Kentucky.

The Bluegrass State now even has its own zipline trail, similar to the famous Kentucky Bourbon Trail®. The concept encourages travelers to embark on an adrenaline-fueled tour of the most exciting zipline adventures that Kentucky has to offer. Zip from mountain to mountain, over gorges and ravines, treetop to treetop and even under the city of Louisville.

Zip the Bluegrass currently features five distinctive locations across the state, including **Red River Gorge Zipline Tours** (Campton), Mammoth Cave Adventures (Cave City), Black Mountain Thunder Zipline (Evarts), The Big Zipper (Maysville), and MEGA Zips (Louisville).

Similar to the Bourbon Trail, Zip the Bluegrass is free to join, and registrants can sign up for their adventure at any of these five locations. Participants are eligible for 15 percent off general admission at the second, third, fourth and final locations, as well as an

embossed seal on their passport. Upon completion of all five locations, zippers will receive a 2012/2013 Certificate of Completion and Zip the Bluegrass T-Shirt.

“Ziplines and canopy tours are the newest and most exciting types of outdoor adventure,” said Elaine H. Wilson, executive director of the Office of Adventure Tourism. “Zip the Bluegrass not only highlights our most popular zipline destinations but also some of the most scenic and unforgettable locations Kentucky has to offer.”

The Kentucky Office of Adventure Tourism has set up an impressive Facebook page for photos and comments by zippers. Check it out at www.facebook.com/zipthebluegrass. Or better yet, get out on the lines and add your own experiences to this Facebook page for others to share.

To help you make that exciting Red River Gorge Zipline adventure memorable, Red River Gorge Zipline offers our photo package and the option of renting a Go Pro helmet-mounted video camera for images and action so good, it’s almost like being out there again and again!

Great Gift Idea for Christmas

Christmas and the holidays are coming up quickly and it is time to start thinking about what to get all of the special people in your life. Gizmos and gadgets can be fun, but this year why not step it up a notch and give them an adventure!

Red River Gorge Zipline Gift Certificates are available for purchase online or by phone. You can give your family memories that will last a lifetime!

They are valid for a full year so whether you would like to see the unique Red River Gorge cliff lines in the winter, the early blooms of spring, the luscious greenery of summer or the cornucopia of fall colors, this gift has it all.

Go to:

www.redriversgorgezipline.com
or call 1-855-ZIP-Tour

November 11 is Veteran's Day

Politicians, judges, lawyers, journalists, even the police don't guarantee your freedom. It is those in uniform who do. They bought your liberty at great cost to themselves. In sacrifice, loneliness and sometimes blood! Don't forget it's them who still keep you free!

Thank a Veteran

Cliff View Notes

Is the official newsletter of
Cliffview Resort,
Rogers, Kentucky

Publisher

Jenny Ison

Editor

Jerry Ison

Contributors

Jenny Ison

Ian Teal

Sandy Teal

Nancy Hamann

Paul Hamann

Buck Thorn

Tina Siegley



We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park especially Brian Gasdorf, Park Naturalist. And thanks to the staff of the *Natural Bridge Hiker*, the newsletter of the Natural Bridge State Park



Cliff Notes is published monthly in Rogers, Kentucky for the entertainment of Cliffview Resort Owners, Visitors and Friends. All contents are copyrighted by Jay Eye Communications
Box 271 Talbott, TN 37877
Cliff Notes is distributed free of charge but only one copy per person please.

HELPFUL WEBSITES & PHONE NUMBERS

State Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

The Skylift (606) 663-2922

www.naturalbridgekyskylift-and-giftshop.com

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov

Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Private Facilities

Cliffview Resort 606.668.6487 www.cliffviewresort.com

900 Cliff View Road, Box 52, Rogers, KY 41365

The Lodge is available for groups, weddings and retreats.

Also available is the 8,000 sq foot Assembly Hall

Red River Gorge Zip Lines 855.ZIP.TOUR (855.947.8687)

www.redrivergorgezipline.com

Scenic Cabin Rentals 606.668.6487 www.sceniccabin.com

Paul Hamann 513.378.8716

Nancy Hamann 513.919.7150

Red River Gorge Cabin Rentals 606.668.3272

www.redrivergorgecabinrentals.com

Ian Teal 513.284.2332

Mark's Mountain BBQ 606.668.7918

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jenny@jerryison.com



**Red River Gorge
Log Homes**
Let Us Build the
Log Home of Your Dreams!

We always have cabins & lots for sale.
We offer Project Management
from the ground up

513-284-2332

www.redrivergorgelohomes.com

C & S Carryout
"THE BEER TRAILER"
Wide Selection of
Domestic & Imported Beers
Snacks – Cigarettes
Camping Supplies
1163 N. KY 11, Torrents
606.668.7566

Hours: Mon - Thurs: 8 am - 10 pm
Fri & Sat: 8 am - Midnight
Closed Sunday

Talking Turkey by Jerry Ison

When the subject of the turkey comes up, one must wonder, "Which came first, the bird's name or the country?" Since no one really has a definitive answer as to how the bird came to be called a turkey, it is just possible it was, indeed, named for the country of Turkey.

Another possibility is that Chris Columbus named them tuka, which eventually evolved into "turkey". Why would Chris call these birds tukas? For the same reason he labeled inhabitants of the New World "Indians" - Senor Columbo thought he was in India. The wild turkeys resembled peacocks to the intrepid explorer so he used the Tamil word for peacock, "tuka". Tamil is one of the dialects spoken in India.

Yet another explanation may come from those very same "Indians" Chris encountered. The Native American name for the bird was "firkee". Sounds enough like turkey to be confused or mispronounced.

And the last possible origin may be the bird itself. When frightened or alarmed, turkeys make a noise that sounds like "turk, turk, turk."

The turkey was a staple in the diet of many Indian tribes all across North America and Mexico. Some tribes, especially the Aztecs and other Meso-Mexican tribes, revered the bird. The feathers and bones played a part in many rituals. Some of the northern tribes looked on the turkey as a friend of man and able to battle evil spirits.

However, other tribes didn't hold the turkey in such high regard. The turkey's natural wariness and propensity for flight at the slightest provocation was cause for several tribes to look down on the bird and treat it as a coward. The Cheyennes wouldn't eat the bird fearing its flesh would make them cowardly also. The Apaches viewed the turkey likewise and would neither eat the bird nor use its feathers on their arrows. North American Indians had domesticated the turkey more than 500 years before the Europeans arrived. The Spaniards took turkeys back to Europe in the 1500's and English colonists, like the Pilgrims, brought domesticated turkeys with them to America in the 1600's.

The next question about these large native American birds may be, "Why is it a custom to eat turkey on Thanksgiving and Christmas?" The obvious answer would seem to be that the Pilgrims celebrated the first Thanksgiving by roasting a turkey and we just carry on that tradition. The problem with that is, it is very unlikely the Pilgrims did in fact eat turkey that day.

They certainly may have seen wild turkeys running around Plymouth. They may even have brought a domestic turkey over with them on the Mayflower. By all accounts surviving from that first feast, they ate lots of different foods, including a variety of meats, however there is no mention of turkey. The menu consisted of duck, venison, goose, seafoods, eels, white and corn breads, leeks, watercress, various other green vegetables, wild plums, dried berries, wine and beer. No mention is made of turkey. (Ed note: this menu was provided by the New York Public Library Telephone Reference Desk)

Cookin' with Jenny - Carve That Bird

A few years ago, I was asked to carve a Thanksgiving turkey. Hey, no big deal. How difficult could that be?

Well, to say that it turned into a disaster would be like saying the Titanic was just another marine mishap.

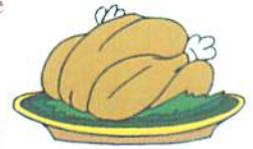
I ended up chasing the bird all around the platter and finally out onto the table. I decided to never go through that again. A friend who is a chef gave me some tips and I'll pass them along.

Here are my seven steps to properly and perfectly carve that bird!

1. Remove the turkey from the oven and let it cool about 10 to 12 minutes. This little tip makes the whole job much easier.

2. Use a very sharp knife with an unserrated blade. A serrated blade tends to cause the meat to shred along the cut, especially the breast meat.
3. Use a large two-tined fork to securely hold the bird while carving.
4. Remove the drumsticks, thighs and first two wing sections. Leave the last wing section connected to prevent tilting the turkey and sliding it off the platter. (Cuts down wear and tear on the tablecloth!)
5. Start with a deep cut parallel to the platter into the breast just above the wing bone.
6. Make thin slices vertically down to the first cut. Slices will be nice and even and will automatically pile along side the wing. You'll look like a pro, your guests will be impressed and they'll think you are an expert turkey cutter-upper person!
7. Ask everyone which piece they would like to start with, serve from the knife and then smile broadly. Lastly, serve yourself that perfect piece of breast that you cleverly arranged to be at the bottom of that beautiful stack of slices from the breast. A little cranberry sauce and ...

Happy Thanksgiving!



J & L Beer Store

Large Selection of
ICE COLD BEER

Domestic & Imported

Bud ~ Coors ~ Pabst

Snacks ~ Ice ~ Cigarettes

Camping Supplies

606-668-9055

1213 KY 1036 Zachertown, KY 41301

South of H & 715 Intersection

Scenic Cabin Rentals

Vacation Cottages

Rentals Available for 1 to 15

Scenic Lots And
Vacation Homes for Sale

Call today for Info & Reservations

606.668.6487

www.sceniccabin.com



Bluegrass Bits



Natural Bridge State Resort Park's Fall Hours of Operation

All hiking trails are open from dawn to dusk throughout the year. Sandstone Arches Restaurant in the Hemlock Lodge is open. Breakfast: 7 - 10am, Lunch: 11 - 3pm, Dinner: 4 - 8pm. Campgrounds and Skylift are open through October.

Hemlock Lodge's Gift Shop News

The Hemlock Lodge's gift shop is open and the Nature Store (located near Hoedown Island) is open for part of the season. Both gift shops offer a wide selection of Kentucky handcrafts and souvenirs. The lodge gift shop has a selection of Kentucky made sorghum, honey, cobbler, and sauces that will be the perfect country style accent for your fall recipes. The gift shops also have long sleeve Natural Bridge shirts perfect for those crisp autumn days. Stop by and see us!

For a complete list & information, visit our website at: www.parks.ky.gov/findparks/resortpark

Cliffview Resort Lodge and Assembly Hall

The Lodge is available for weddings, groups and retreats. The 8,000 square foot Assembly Hall can accommodate large groups for Workshops, Seminars, Business Meetings, Fund Raisers, Family Reunions. Square Dancing, anyone?

Reminder

Fire Season is Oct. 1- Dec. 15th- No Burning except after 6:00 pm and before 6:00 am or when ground is covered by snow.

Going's On

Kentucky Women in Agriculture Conference is Nov. 7th and 8th at the Hilton Garden Inn in Louisville.

Visit www.kywomeninag.com or call 877-266-8823.

Sat. Nov. 10th-Kirby Knob Boys at Meadowgreen Bluegrass Park in Clay City.

Woolly Worm Forecaster

If he's wet- it's raining. If he's white-it's snowing. If he's moving-it's windy. If he's stiff- it's freezing. (Doesn't get any better than this).

The Lodge at Cliffview

The Lodge is open with plenty of rooms available for Thanksgiving week. Anyone needing overflow sleeping accommodations please call 606-668-6487. Discounts available for Lee and Wolfe county residents.

Business Opportunity

Anyone interested in operating a coffee shop, internet cafe, small retail or deli business in Slade area on Rt. 11 contact Nancy Hamann- 606-668-6487. Space available for lease.

Mark's BBQ- Closed for season.

Hunting Season

It's deer season so don't go into the woods wearing your Bullwinkle outfit until after Easter!



**WE WANT
YOUR
INPUT!**

Send your newsletter stories, comments, suggestions, critiques, whatever to jerry@jerryison.com

We want this to be your newsletter and to that end we solicit, ideas, stories, suggestions, recipes, pictures, important dates such as birthdays, anniversaries, anything that might be of interest. Also if you have important news or announcements such as family is coming, family already came, the grandson caught his first fish, little Debbie started pre-school or you grew a five pound zucchini we want to hear about it.

Recipes and helpful hints as well as money-saving ideas are greatly appreciated.

Grocery & Restaurant
Open 7 Days a Week
Breakfast Till 11am

606.668.3580



WHISMAN'S HITCHIN' POST

KY Rt. 715 Rogers, KY
Across from Rogers Elementary
Turn Right onto KY Rt. 715
Only 3.5 Miles From Cliff View

Red River Adventure

Canoe & Kayak Rentals in the
Amazing Red River Gorge!

Day-trips & overnight canoe camping
Fast, professional service, our shuttle
leaves about every 30 minutes!
We will shuttle your personal boats.
We're located inside the Gorge
and on the banks of the Red River
Call **606-663-1012**
or visit www.redriveradventure.net
for info and reservations

Ye Ole Country Peddler

Souvenirs 

1255 Natural Bridge Rd. (KY Rt. 11)
606-663-2683 

We make our own
Cream & Butter FUDGE!
Freshly Made in
Our Own Fudge Factory