

# Cliff View Notes

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Vol 2 No. 7 News and Notes For Cliffview Owners, Friends and Visitors

2012

### 25th Annual Wooly Worm Festival

Beattyville, KY - The 25th Annual Wooly Worm Festival will be Friday 19 Oct. to Sunday 21 Oct. Sometimes, the best reason for doing something is simply because it's fun. And that is all the reason for attending this festival - it's fun! There is plenty going on; something for everyone in the family. There is a vast open-air market, crafts, drawings for prizes, live music, an annual car show and, of course, The festival's famous signature event, the Beattyville/Lee County Wooly Worm Races.

What, you may ask is a wooly worm race? Well, it's just what its name implies a race between the fastest and best pedigreed wooly worms alive. They race up a string and the cheering is as intense or maybe even more than at the turn for home at the Derby!

Even if you're not a worm breeder, and don't have a wooly worm, you can still enter. Yes sir, you can buy one right there at the 'track'.

There is a full slate of talent and entertainment lined up for the festival beginning with a pet show at 10 am and talent show at noon on Friday the 19th. Later in the day opening ceremonies herald the official kick-off. Live music is on tap for the rest of Friday and another full bill is scheduled for Saturday and Sunday

The car show will be Sunday, 21st, 9 am at Beattyville Elementary. Entry fee is \$15. Top 10 trophies will be awarded for cars and top 3 for motorcycles and also a best of show award. There is enough to do to keep everybody having fun for the entire three day event. We guarantee you'll have a ball and maybe even feel like a kid again!

#### "The Greatest Generation"

16 million returned from WWII. Lee County WWII Veterans will be honored in a Ceremony, 6pm Friday, Oct 19.

#### Wooly Worm Lore

The reason for the Wooly Worm Festival is to have fun and also to praise the wooly worm for its ability to predict the weather we can expect winter. This is an old and long practiced method of forecasting the weather here in the mountains and no matter what them meteorologists say, you can count on it!

The width of the colored bands tell you all you need to know about the coming winter.

There are 13 bands on the worm, corresponding to the 13 weeks of winter. If there are more black bands, winter will be harsh. More brown bands and we can expect a mild winter.

### New Faces At The Red River Gorge Zipline

Rogers KY - Things are really, well, *zipping* along here in the beautiful Red River Gorge.

Three new Zipline guides have been hired this past week and an additional two more people were hired to work in the Red River Gorge Zipline office.

Our new Zipline guides are Beth Anne Bolte, Kyle Waldrup, and Leor Gold. Leor worked in the office for about a month before transitioning to the guide position.

The three new guides completed their training and certification and have already received praise from several of the folks who were participants in some of the very first Zipline Tours they conducted!

We are going to be adding to our guide team to help us on weekends during the month of October. We also have a great team of the unsung heroes (actually *heroines!*) who work so diligently to assure the smooth operation of the office, booking tours and arranging the schedules and doing all the things it takes to run a complex endeavor such as Zipline Tours. We have the best team anyone could hope for. They are great women from *rat cheer* in the Bluegrass State. If you get a chance, stop in the office and say *Hey!* to Nancy Griffin, Lauren Taggart, Kathryn Smith, Brittany Frymyer, and Christie Foster.

# Cliff View Notes

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Cliffview Resort,  
Rogers, Kentucky

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## HELPFUL WEBSITES & PHONE NUMBERS

### State Facilities

**Natural Bridge State Resort Park General Information**  
(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs  
*"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."*  
[www.parks.ky.gov/findparks/resortparks/nb](http://www.parks.ky.gov/findparks/resortparks/nb)  
**Kentucky State Nature Preserve Commission**  
[www.naturepreserves.ky.gov](http://www.naturepreserves.ky.gov)  
**The Skylift** (606) 663-2922  
[www.naturalbridgekyskylift-and-giftshop.com](http://www.naturalbridgekyskylift-and-giftshop.com)  
**Red River Gorge National Geological Area** (606) 663-8100  
[www.fs.fed.us/r8/boone/districts/cumberland/redriver\\_gorge.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml)  
**Gladie Cultural-Environmental Learning Center** (606) 663-8100  
[www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml](http://www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml)  
**Red River Gorge Trail Crew (Volunteers)** [www.RRGTC.com](http://www.RRGTC.com)  
**Leave No Trace – Outdoor Ethics** [www.lnt.org](http://www.lnt.org)  
**Kentucky State Parks - Create your own Experience.**  
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### Private Facilities

**Cliffview Resort** 606.668.6487 [www.cliffviewresort.com](http://www.cliffviewresort.com)  
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**Ian Teal** 513.284.2332  
**Mark's Mountain BBQ** 606.668.7918  
**Cliff Notes Jenny or Jerry Ison** 865.674.6740  
Email stories, ideas, suggestions, news to: [jenny@jerryison.com](mailto:jenny@jerryison.com)



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# October Symphony Nature's Crescendo

We are fortunate to live here where we can experience four different seasons. The crisp, glittering cold of winter. The airy pastels of a fresh green spring. The fullness and deep green of summer. The glorious display of fall.

For many of us, however, autumn is the season we most appreciate. Cool, comfortable evenings and a more gentle, softer glow from the sun. Autumn is the canvas for nature's most brilliant brush strokes. The yellows and golds of the cottonwoods and buckeyes. The silver, purple and red of the sweet gum.

Countless shades of red, running from barely orange sassafras leaves, through the brownish rust of oaks and sycamores, to the brilliant scarlet of sugar maples and dogwoods.

This colorful display is not just for trees, many other plants get in on the act. Some grasses turn beautiful shades of yellow and gold. Poison ivy leaves develop reds so vibrant, they sometimes appear metallic.

What causes this marvelous transformation?

How are the colors of the different plants and trees determined? Scientists, botanist and biologists have many answers and logical reasons as to why all the colorization takes places. They talk of loss of chlorophyll - the green stuff in plants. There's mention of the yellow agents, carotene and xanthophyll. They bring up the cooler nights and bright sunshine of autumn days as causes for chemical changes which result in color changes. There's usually mention of the red pigments, anthocyanins, formed when natural sugar, glucose, is trapped in a dying leaf.

Oh yes, no scientific discussion of the leaves of autumn would be complete without mention of abscission. This is what gives the term "fall" meaning. Abscission is the process which causes trees to lose their leaves. Or at least, so say those scientists.

I have a completely different version. In my version, the coloring and eventual dropping of the leaves is a carefully orchestrated performance.

Much like the fireworks finale on the Fourth, it's nature's way, and so obviously so, of topping off her truly magnificent performance the preceding summer. That was a tough act to follow, but to me, autumn is the cymbal at the end of summer's crescendo.



## Cookin' with Jenny

This time we're baking a classic

Well, Autumn has arrived and winter is on the way. Brrrrr!!! Apples are the thing right now, so here's an apple favorite.

And, it's *easy as pie!*

### AMISH DUTCH APPLE PIE

#### FILLING:

4 cups sliced peeled apple	3 Tbs. flour
1 cup half & half or light cream	3/4 cup white sugar
1/2 tsp. cinnamon (I use more)	1 large egg, beaten
1/4 cup packed brown sugar	1 tsp. vanilla

#### TOPPING:

1/3 cup flour	1/3 cup sugar	1/4 cup cold butter
3/4 tsp. cinnamon	1/4 tsp. nutmeg	Dash of salt

Pastry for single-crust pie

For filling, place apple slices in an unbaked pie shell. Combine sugar, brown sugar, flour and cinnamon. Stir in egg, half & half or cream and vanilla. Pour over apples. Cover loosely with foil. Bake at 350 degrees for 60 mins.

For topping, combine flour, sugar, cinnamon, nutmeg and salt. Cut in butter until mixture resembles coarse crumbs.

Sprinkle evenly over pie to edges. Bake, uncovered, 25 minutes more. Cool completely.

Serve plain or with whipped cream or vanilla ice cream.

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# Bluegrass Bits



## Natural Bridge State Resort Park's Fall Hours of Operation

All hiking trails are open from dawn to dusk throughout the year. Sandstone Arches Restaurant in the Hemlock Lodge is open. Breakfast: 7 - 10am, Lunch: 11 - 3pm, Dinner: 4 - 8pm. Campgrounds and Skylift are open through October.

## Hemlock Lodge's Gift Shop News

The Hemlock Lodge's gift shop is open and the Nature Store (located near Hoedown Island) is open for part of the season. Both gift shops offer a wide selection of Kentucky handcrafts and souvenirs. The lodge gift shop has a selection of Kentucky made sorghum, honey, cobbler, and sauces that will be the perfect country style accent for your fall recipes. The gift shops also have long sleeve Natural Bridge shirts perfect for those crisp autumn days. Stop by and see us!

For a complete list & information, visit our website at: [www.parks.ky.gov/findparks/resortpark](http://www.parks.ky.gov/findparks/resortpark)

## Cliff View Resort Lodge and Assembly Hall

The Lodge is available for weddings, groups and retreats. The 8,000 square foot Assembly Hall can accommodate large groups for Workshops, Seminars, Business Meetings, Fund Raisers, Family Reunions. Square Dancing, anyone?

## Bible Challenge *Take this little quiz and test your knowledge*



How well do you know the Good Book?

- Who sent his sons to Egypt to buy grain?
- Who was the father of James and John?
- What did Aaron have that budded?
- At Pentecost, where did the 120 people meet?
- How many of Joseph's brothers initially went to Egypt to buy food?
- Which disciple is believed to have lived longest?
- Who pleaded with God to spare Sodom?
- Who was the tanner that Peter stayed with in Joppa after he raised Tabitha?
- What does Jesus ask us to do for the naked?
- In the story of the sheep and the goats, where does Jesus say the goats will be?
- How many churches did the Spirit address in the book of Revelation?
- Which New Testament book was written by a tax collector?

- |                      |                |            |                               |                      |                  |
|----------------------|----------------|------------|-------------------------------|----------------------|------------------|
| 1. Jacob             | Genesis 42:1-2 | 5. Ten     | Genesis 42:3                  | 9. Clothe them       | Matthew 25:25-46 |
| 2. Zebedee           | Luke 5:10      | 6. John    | John 21:22-24, Revelation 1:4 | 10. On His left side | Matthew 25:31-33 |
| 3. A rod             | Numbers 17:8   | 7. Abraham | Genesis 18:23-33              | 11. Seven            | Revelations 1:4  |
| 4. In the upper room | Acts 1:13-15   | 8. Simon   | Acts 9:43                     | 12. Matthew          | Matthew 9:9      |



**WE WANT YOUR INPUT!**

Send your newsletter stories, comments, suggestions, critiques, whatever to [jerry@jerryison.com](mailto:jerry@jerryison.com). We want this to be your newsletter and to that end we solicit, ideas, stories, suggestions, recipes, pictures, important dates such as birthdays, anniversaries, anything that might be of interest. Also if you have important news or announcements such as family is coming, family already came, the grandson caught his first fish, little Debbie started pre-school or you grew a five pound zucchini we want to hear about it. Recipes and helpful hints as well as money-saving ideas are greatly appreciated.

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